

## Application for the WIC Program

Name: \_\_\_\_\_  
(Parent, Care Giver, or Pregnant Woman)

Date of Birth: \_\_\_\_\_

Pregnant \_\_\_ What is your due date? \_\_\_\_\_

Breastfeeding \_\_\_\_\_ Postpartum \_\_\_\_\_

What is your child's name(s)? Birth Date?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

What is your Address? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_

Family Size: \_\_\_ Income before Taxes \_\_\_\_\_

Do you receive Medicaid or Food Stamps?

Yes \_\_\_\_\_ No \_\_\_\_\_

Have you ever been on WIC before? \_\_\_\_\_

Where? \_\_\_\_\_ When? \_\_\_\_\_

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**USDA is an equal opportunity provider and employer.**

### **Crawford County Health Department**

202 Meadows Dr., Grayling, MI 49738

(989) 348-7800 WIC Extension: 8004

### **Kalkaska County Health Department**

625 Courthouse Dr., Kalkaska, MI 49646

WIC (231) 314-8625

(231) 258-8669 WIC Extension: 8005

### **Lake County Health Department**

5681 S. M-37, Baldwin, MI 49304

WIC (231) 745-4831

Or (231) 745-4663 WIC Extension: 8001

### **Manistee County Health Department**

385 Third St., Manistee, MI 49660

WIC (231) 723-3971

Or (231) 723-3595 WIC Extension: 8007

### **Mason County Health Department**

916 Diana St., Ludington, MI 49431

WIC (231) 316-8584

Or (231) 845-7381 WIC Extension: 8009

### **Mecosta County Health Department**

14485 Northland Dr., Big Rapids, MI 49307

WIC (231) 592-9440

Or (231) 592-0130 WIC Extension: 8000

### **Missaukee County Health Department**

6180 W. Sanborn Rd. Suite # 1, Lake City, MI 49651

(231) 839-7167 WIC Extension: 8006

Or WIC (231) 236-7584

### **Newaygo County Health Department**

1049 Newell St. PO Box 850, White Cloud, MI 49349

WIC (231) 689-7327

Or (231) 689-7300 WIC Extension: 8002

### **Grant -WIC Clinic**

105 S. Front St, PO Box 75, Grant, MI 49327

WIC (231) 834-7239

### **Oceana County Health Department**

3986 N. Oceana Dr., Hart, MI 49420

WIC (231) 873-5813

Or (231) 873-2193 WIC Extension: 8008

### **WIC Migrant Clinic Shelby**

119 S. State St., Shelby, MI 49455

WIC (231) 861-6349

### **Wexford County Health Department**

521 Cobbs St., Cadillac, MI 49601

WIC (231) 876-3804

Or (231) 775-9942 WIC Extension: 8003



**A Special Food Program  
for  
Women, Infants, and  
Children**



**District Health  
Department # 10  
WIC Program**

## WIC will help provide:

- ◆ Food for good health
- ◆ Professional nutrition help
- ◆ Breastfeeding education & support
- ◆ A good start for your baby
- ◆ Information & other services



**WIC services are free!**

To be eligible you must meet income guidelines and be a:

- ◆ Pregnant woman
- ◆ Breast feeding mother
- ◆ Mother of a baby less than 6 months of age
- ◆ Infant
- ◆ Child under the age of 5

## Current Income Guidelines: 2011

Interval Income multiplied cannot exceed annual income  
For Clarification please contact your local WIC office.

Family Size*	Income (not more than)**	
	Weekly	Yearly
1	\$ 388	\$ 20,147
2	524	27,214
3	660	34,281
4	796	41,348
5	932	48,415
6	1,067	55,482
7	1,203	62,549
8	1,339	69,616

For each additional person add:  
\$ 136 Weekly

\*Family size includes your unborn baby

\*\*Gross Income (before taxes)

*Effective 3/25/11*

*If you are receiving FIP, Food Stamps, or Medicaid you are automatically qualified for the WIC Program.*

**Breastfeeding Mothers receive the LARGEST amount of food benefits**



## Your WIC food benefits may include the following foods:

*Women (Pregnant, Breastfeeding, Postpartum) and Children (ages 1-5)*

Milk  
Eggs  
Cheese  
Juice

\*\* Tuna Fish  
Peanut Butter

Dry or Canned Beans or Peas  
Iron-fortified Cereals

Fresh Fruits and Vegetables  
Whole Grain Bread/Tortillas

\*\* Exclusively for Breastfeeding women who do not receive formula from WIC

**Infants (0-5 months old)**  
Iron-fortified infant formula

**Infants (6-12 months old)**  
Iron-fortified infant formula  
Iron-fortified infant cereal  
Infant Fruits/Vegetables

Infant Meats (only for breastfeeding infants 6-11 mos. who are not receiving formula)

WIC is a supplemental program and does not provide all the foods needed for a complete diet.