

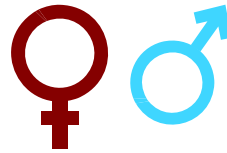


District Health Department #10  
Family Planning

# Trichomoniasis

## What is Trichomoniasis?

Trichomoniasis, often known as Trich, is a sexually transmitted disease (STD) caused by a parasite. The infection caused by Trich generally affects the urethra in men and vagina in women.



## What are the symptoms of Trichomoniasis?

Like many other STDs, Trich often occurs without showing any symptoms. Even if symptoms are not present, the disease is still able to be transmitted.

Symptoms in women include:

- Heavy yellow, green or gray discharge
- Discomfort during intercourse
- Painful urination
- Itching and irritation of the genital area

Symptoms in men include:

- Thin, whitish discharge from the penis
- Painful urination
- Difficulty urinating

## Is Trichomoniasis treatable?

Yes. A doctor can prescribe a drug to treat Trich. Both partners should be treated to completely eliminate the parasite and avoid re-infection.



## What if I don't get treated?

If left untreated, Trich can be easily spread to one's sexual partners. Untreated Trich has also been linked to increased risk of transmission of HIV and may cause women to deliver low birth weight babies.

## How can I prevent Trichomoniasis?

The only 100% sure way to prevent getting any STD, including Trich, is to abstain from having sexual intercourse. Properly using a condom during sexual intercourse can also help protect against this disease.



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For more information please visit the Center for Disease Control and Prevention website, <http://www.cdc.gov/std/trichomonas/default.htm>