

## **District Health Department #10 Family Emergency Preparedness Checklist**

- Identify local hazards and warning systems.
- Post emergency telephone numbers by the phone (fire, police, ambulance).
- Teach children how and when to call 911 or local emergency number for help.
- Teach family members how to turn off water, gas, and electric service at the main switch.
- Teach family members the location and how to use fire extinguisher (ABC type).
- Install smoke detectors on each level of your home and make sure they are working.
- Check to see if you have adequate insurance coverage.
- Take a Red Cross first aid and CPR course.
- Find the safe spots in your home for each type of emergency.
- Determine the best escape routes from your home. Find two ways out of each room.
- Establish two meeting places outside your home.
- Choose an out-of-state friend or relative as a family contact person.
- Assemble disaster/emergency supplies kits for home and car.
- Complete a Family Emergency Communications Plan. Include copies in emergency kits.
- Know emergency plans of schools, daycare, workplaces, and other places your family spends time.
- Plan for special needs of infants, elderly, disabled, and pets/livestock.
- Practice and maintain plan every six months.