Our Mission
To promote and enhance the health of all individuals through education, prevention, intervention, and protection of the environment.

Our Values
- Accountability
- Communication
- Customer Service
- Integrity
- Positive Attitude
- Responsibility

We would like to coin a new phrase: Citizen Doctors

Citizen Doctors are people that positively affect the good health of the populations of our counties. They don’t go to medical school, they might or might not go to college, they don’t wear white coats, and they don’t work in hospitals. Yet Citizen Doctors save more lives than surgeons, are far more effective at saving lives than the latest wonder drug, and essentially do this work for less than minimum wage.

Citizen Doctors play a vital role in the community. They wrestle with tight budgets, they get ulcers from trying to match priorities to limited resources, and they have witnessed decreasing support from state and federal legislators. You know your Citizen Doctor. You probably live next to them or down the road from them. You went to school with them, you might go to church with them, and you may have done business with them.

Citizen Doctors go through a rigorous process to earn their stripes. They go door to door meeting their neighbors and community members. They spend hours and hours at meetings. A Citizen Doctor is a member of the Board of Health. By exercising the power of the purse, Citizen Doctors provide the major influence over local community health policy. Citizen Doctors keep sewage out of our drinking water, help restaurateurs serve safe food, provide for the immunization against preventable diseases, and make it possible for people to receive educational material for a healthy life.

These Board of Health members put partisan politics to the side and strive to do the best for the people they represent. Their job endless at times. We appreciate the work they do to protect our community and the commitment they provide in assuring a strong public health system for your community.

NOTE: The insert contains the 2013 Annual Report Data Supplement.
Dear Residents,

It is with great pleasure I share the accomplishments of your public health department for fiscal year 2013. Please be assured that the public health staff in your community are highly trained and committed to improving health outcomes. When public health is doing its best work you do not hear a lot about us. DHD#10 staff are busy inspecting restaurants, insuring safe water and sewage disposal, following up on communicable diseases, tracking and providing disease preventable immunizations, promoting healthy outcomes for at risk pregnant women, providing various health screenings, and promoting health through outreach and education.

DHD#10 participated in the Michigan Public Health Accreditation Program review in June of 2013, there were 190 required indicators, 91 were met with commendation, 6 indicators required corrective action. The corrective actions have been accepted and the department was accredited with commendation status.

The department has completed the three required documents for National Public Health Accreditation: Community Health Assessment, Health Improvement Plan and Strategic Plan. These documents included input from the community and staff, as appropriate, and approval by the Board of Health. The department anticipates completing the document submission to the Public Health Accreditation Board (PHAB) in 2014. This process will not measure compliance with program requirements but will be built around performance management, quality improvement and how well the department carries out the ten essential services of public health.

Dr. Robert Graham was welcomed to the DHD#10 Leadership Team in July. Dr. Graham replaced Dr. James Wilson, DO who served as the medical director for nine years. Dr. Graham also serves as the medical director for Central Michigan District Health Department and Mid-Michigan District Health Department. His transition to DHD#10 has been extremely smooth and his public health expertise appreciated by all. The Board of Health and staff greatly appreciated Dr. Wilson’s commitment to public health medicine, his wisdom and humor is missed.

DHD# continues to work with community partners to collaborate on moving forward with community health priorities for 2014. By all facets of our community working together we can strengthen our health outcomes, and assure our beautiful communities are protected for future generations by instilling strong public health values.

Sincerely,

Linda VanGills, MA
Health Officer
Dr. Robert Graham, DO, MPH
Medical Director
A strategic plan is viewed as a map which provides direction and focus to an organization. The DHD#10 plan represents a dynamic, ongoing work in progress for moving the agency into the future to meet our vision and carry out our mission. Responsibility for achieving the goals, objectives and strategies included in the plan will fall on each member of the DHD#10 team. This plan will contain the objectives and strategies necessary to demonstrate our commitment to quality, leadership, advocacy, and responsiveness towards improving the health of our residents and communities.

**Goal #1 Maintain Excellence as a Public Health Agency**

**Goal #2 Improve the Health Status of Residents**

**Goal #3 Engage Communities to Identify and Solve Health Problems**

As a follow-up to our Community Health Needs Assessment (CHNA) completed in 2012, DHD#10 developed a Community Health Improvement Plan (CHIP) for the health jurisdiction over this past year. Strategies and objectives contained within the five year plan identify population based approaches to addressing the focus areas identified in the CHNA. This population health approach, combined with our partner hospitals’ CHIP strategies, will lay the foundation for how we will collaborate to improve and maintain the health of the jurisdiction and its residents. The CHIP has developed goals, objectives and strategies around the four main focus areas identified through the CHNA as follows:

- Poverty
- Access to Preventative Care
- Promotion of Healthy Lifestyles and Behaviors
- Creation and Maintenance of Healthy Communities

DHD#10 is committed to this roadmap and the collaborative efforts and shared vision of a healthier community.
Moving towards National Public Health Accreditation

DHD#10 has systematically been moving forward with making application to the National Public Health Accreditation Board. This accreditation is above and beyond the Michigan Local Public Health Accreditation Program and is based on the ability to provide the 10 Essential Services of Public Health. The Board of Health has been engaged and supportive of this process since 2012 and reaffirmed their commitment to pursue PHAB accreditation in November 2013.

The overall benefits of PHAB accreditation include:

- Promotes high performance and continuous quality improvement
- Recognizes high performers that meet nationally accepted standards of quality and improvement
- Illustrates health department accountability to the public and policymakers
- Increases the visibility and public awareness of governmental public health, leading to greater public trust and increased health department credibility, and ultimately a stronger constituency for public health funding and infrastructure
- Clarifies the public’s expectations of health departments

DHD#10 has submitted its accreditation application to the Public Health Accreditation Board and it has been accepted. We anticipate our complete documentation submission and site visit to be completed by the end of 2014. **This is an exciting process and will assist the department in moving forward with its goal of “Maintain excellence as a Public Health agency.”**

The Healthcare Marketplace

District Health Department #10 assisted in the **effort to help residents enroll in the healthcare marketplace.** With funding from Michigan Consumers for Healthcare, DHD#10 has been designated as a Regional Lead Navigator agency. This grant allows the health department to be a regional resource in northern Michigan for educating the public on the Affordable Care Act. Through community events, residents are able to learn more about the ACA and how it impacts them.

DHD#10 has also been designated as a Certified Application Counselor agency, assisting residents of the **ten counties in their individual efforts to better understand the marketplace**, insurance coverage options and enroll in the marketplace.

Quality Improvement & Performance Improvement

**DHD#10 is always striving to improve the service it provides.**

Using a process of Quality Improvement (QI) is one way to do this. Each of the health department divisions will be using QI to identify an area that needs improvement, working through the QI process, and making improvements. A QI Committee has been formed to improve agency-wide processes.

QI involves staff, improves decision making, and identifies more efficient ways of getting work done. In turn, this benefits those receiving health department services.
A Healthier Community

DHD10 was awarded one of six grants in 2013 from the Michigan Department of Community Health (MDCH) focused on reducing obesity by implementing the Michigan Health and Wellness 4 x 4 plan. This project was implemented in collaboration with local community health coalitions including the Northwest Michigan Chronic Disease Prevention Coalition, Cadillac Community Health Coalition, Healthy Manistee County, and Newaygo County Health Care Improvement Council.

The LiveWell campaign kicked off 2013 with three health expos in the target counties of Manistee, Newaygo & Wexford with over 750 people attending. Throughout the year, events were hosted to encourage healthy eating and physical activity.

The project worked with worksites to develop health policy; it sponsored garden challenges to increase access to fresh produce reaching 475 new gardens or expanded gardens; and promoted walking challenges across the district. In an effort to raise awareness of the obesity epidemic across the 10 counties, the project held viewings of the HBO “Weight of the Nation” documentary at various community locations. There were over 100 different viewings with over 1,900 participants!

The LiveWell campaign received continuation funding from MDCH for 2014 allowing the project to expand to all 10 counties. The campaign will continue to increase awareness of the obesity epidemic and promote its website and Facebook page which promote local physical activity opportunities across the district and promotes healthy food choices.

JOIN OUR LIVE WELL MOVEMENT
www.LiveWell4health.org

Follow these Healthy Tips:

FOR YOURSELF:
• Drink more water
• Cut back on sugar in food and drinks
• Move more—30 minutes of brisk exercise 5x a week
• Eat 5 or more fresh fruits and vegetables daily, 100% whole grains, lean proteins, and low-fat dairy products

FOR YOUR FAMILY:
• Always pack a fruit and a vegetable in lunch boxes
• Be a healthy role model
• Plan physical activities with family and friends
• Use the 5-2-1-0 plan
  - 5 fruits and veggies a day
  - 2 hours or less of screen time a day
  - 1 hour of physical activity a day
  - 0 sugar-sweetened drinks a day

FOR YOUR EMPLOYEES:
• Start an employee wellness program
• Encourage walking groups and alternatives to sitting
• Make it easier for employees to choose healthy snacks
• Reward employees for healthy lifestyle choices

FOR YOUR COMMUNITY:
• Create and advocate for more walkable communities
• Support local farmer’s markets and community gardens
• Support the Michigan Health and Wellness 4x4 plan
Adolescent Health Centers

Seeing is Important, especially when in School

The Adolescent Health Center helped a student with very poor vision and no way to pay for glasses. The staff at the Adolescent Health Center helped her family to obtain medical insurance to obtain vision care, glasses, and general healthcare too!

A Renovation Project

The health department received a U.S. Department of Health and Human Services, Health Resources and Services Administration grant to renovate the Wexford Adolescent Wellness Center (WAWC). The WAWC is a school-based health center located inside Cadillac Jr. High School, which is attached to Cadillac High School. Cadillac Area Public Schools donated an additional 1,400 square feet of space towards the 2,600 square foot renovated clinic. The new space is beautiful and the renovation will enhance quality of service by providing a comfortable and confidential environment for the students. The quality of care will be improved with the expansion of space to improve the clinic flow. The improved space will allow for easy wheelchair accessibility to the entire clinic area improving service delivery.

Public Health Core Functions:
Assessment, Assurance, and Policy Development

- Monitor health status to identify problems
- Diagnose and investigate health problems and health hazards
- Inform, educate, and empower people about health issues
- Mobilize partnerships to identify and solve health problems
- Develop policies and plans that support individuals and state-wide health efforts
- Enforce laws and regulations that protect health and ensure safety
- Link people to needed health services and assure the provision of health care when otherwise unavailable
- Assure competent public and personal health care workforce
- Evaluate effectiveness, accessibility, and quality of personal and population-based health services
- Utilize research for new insights and innovative solutions to health problems
As the Result of the Change in Accounting . . .

A change to accounting standards, effective 2012, required DHD#10 to recognize Medicaid Cost Settlement dollars in the year they were earned. This resulted in a positive impact to the fund balance for FY 2012 and provided a cushion for 2013 when expenditures exceeded revenue by $118,901. The department continues to maintain a strong fund balance as recommended by auditors.

Environmental Services Trends

The Environmental Health Division receives over half of its operational budget from permits and fees. The collapse of the housing market over the past years has resulted in a dramatic decline in the number of permits for septic systems and water supplies. Only in the past year has the Division begun to see a slow return to home development and permit numbers.
Public Health Workforce Facts:

- **172** employees; **145** full time, **24** part time, and **3** contractual
- Percentage of employees with over **20** years of service is **26%**
- Number of staff with over **30** years of service is **13**

“*I have had 40 years watching DH#10 change and grow. My clients have always been number one in my work and I have enjoyed watching our staff treat and support our clients with kindness and respect.*”

Carol Sandelius
40 Years of Service

Partnering with National Health Service Corps to connect the community to services

District Health Department # 10 is pleased to announce our participation with the National Health Services Corps (NHSC). The NHSC is a network of more than **8,000 primary health care professionals** that provide medical, dental, and mental and behavioral health services in the communities, known as Health Professional Shortage Areas across the country that have limited access to health care. In exchange for their service, the NHSC provides clinicians with financial support in the form of loan repayment and scholarships. Corps members fulfill their service requirement by working at NHSC-approved service sites. To date, **the NHSC has over 10,000 member service sites**. The Wexford Adolescent Wellness Center is an approved NHSC site.

Years of Service

5 Years
Ted Dohnal, Food Program Coordinator
Cheryl Debano Griffin, Health Educator
Marc Grossnickle, Environmental Health Sanitarian
Diane Hanson, Public Health Nurse
Lyn Hughes, Public Health Technician
Liz Steckel, WIC clerk/Technician
Roberta Schutte, Maternal/Child Nurse
Jan Wiltse, Health Educator

10 Years
Cynthia Guerrero, Reception/Clerical Team
Rachel Rumsey, Public Health Nurse
Renee Solberg, Maternal/Child Nurse

15 Years
Ruth Doyle, Reception/Clerical Team
Debbie Hamler, WIC Lead
Bret Haner, Emergency Response Coordinator
Kay Jones, WIC Nurse
Kristen Sytek, Breastfeeding Peer Counselor

20 Years
Anne Bianchi, WIC Director
Helen Cantu, Public Health Nurse
Christine Lopez, Administrative Services Director
Kathy Seelye, MCIR Support/Hearing, Family Planning, and BCCCP Technician
Mary Jo Vanderslice, Maternal/Child Nurse

25 Years
Diana Stencel, Hearing and Vision Technician
Arlee Sutton, Public Health Nurse
Marcia Walter, Maternal/Child Coordinator

30 Years
Kathy Schoenberger, Maternal/Child Nurse

35 Years
Linda VanGills, Health Officer

40 Years
Carol Sandelius, Family Planning and BCCCP Support

**District Health Department # 10 is pleased to announce our participation with the National Health Services Corps (NHSC). The NHSC is a network of more than 8,000 primary health care professionals that provide medical, dental, and mental and behavioral health services in the communities, known as Health Professional Shortage Areas across the country that have limited access to health care. In exchange for their service, the NHSC provides clinicians with financial support in the form of loan repayment and scholarships. Corps members fulfill their service requirement by working at NHSC-approved service sites. To date, the NHSC has over 10,000 member service sites. The Wexford Adolescent Wellness Center is an approved NHSC site.**
In 2013, DHD #10 emergency preparedness staff continued to review, update, or create guidelines to better prepare DHD #10 for public health emergencies that may occur within our jurisdiction.

**Our Emergency Preparedness Activities Include:**

- Testing our 800 MHz radio capacity
- Participating in trainings for Health Alert Network, CDC Inventory Management and Tracking, Strategic National Stockpile SharePoint System, and National Incident Management System
- Participating in local emergency management exercises
- Updating several guidelines; Emergency Operations, Crisis and Emergency Risk Communication, and Strategic Stockpile
- Facilitating office Fire and Lockdown Drills
- Facilitating Emergency Response Team Notification Drills

Emergency Preparedness staff also continue to work with local partners in emergency management, law enforcement, health care, schools, and human service organizations to ensure our communities are safe.

**Be Ready to Stay Safe**

**Personal Emergency Preparedness Tips**

In order to ensure that staff is available to work during an emergency, the emergency preparedness staff of DHD #10 encourage everyone to have plans and supplies in place to care for their families for at least 72 hours, but preferably two weeks. As an example, many residents in Michigan could go without power for more than a week during winter weather. A few examples of preparedness activities:

- **Store Foods** - Keep food such as boxes of cereal and canned goods (make sure you have a manual can opener too!)
- **Purchase a “wind up” Flashlight** - So you don’t have to worry about accessing batteries.
- **Store Jugs of Water** - Just in case you need to flush toilets or boil water to drink.
Communicable Disease Facts:

- Chlamydia and Chronic Hepatitis C continue to be our two most common diseases. Chlamydia is increasing and Hepatitis C is leveling off.

- Campylobacter is now the most common bacterial cause of gastrointestinal illness, having similar symptoms as Salmonella.

- Pertussis continues to be a threat to young, unimmunized children and adult family members are often the source. Booster immunization of teenagers, pregnant women, and other adults is now recommended to help control it.

- STEC cases, while low in numbers, are often very severe infections. It can cause kidney damage and death, especially in children. An increase in these cases is a worrisome trend.

- Chickenpox has declined significantly since the introduction of a vaccine, but cases of chickenpox can still develop in unvaccinated children.

---

**Communicable Diseases 2013**

<table>
<thead>
<tr>
<th>Disease</th>
<th>Crawford</th>
<th>Kalkaska</th>
<th>Lake</th>
<th>Manistee</th>
<th>Mason</th>
<th>Mecosta</th>
<th>Missaukee</th>
<th>Newaygo</th>
<th>Oceana</th>
<th>Wexford</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chlamydia</td>
<td>31</td>
<td>40</td>
<td>17</td>
<td>19</td>
<td>56</td>
<td>146</td>
<td>27</td>
<td>131</td>
<td>83</td>
<td>63</td>
<td>613</td>
</tr>
<tr>
<td>Hepatitis C</td>
<td>13</td>
<td>13</td>
<td>6</td>
<td>34</td>
<td>7</td>
<td>20</td>
<td>7</td>
<td>11</td>
<td>10</td>
<td>24</td>
<td>145</td>
</tr>
<tr>
<td>Campylobacter</td>
<td>5</td>
<td>0</td>
<td>0</td>
<td>7</td>
<td>8</td>
<td>11</td>
<td>6</td>
<td>12</td>
<td>2</td>
<td>2</td>
<td>53</td>
</tr>
<tr>
<td>Chickenpox</td>
<td>7</td>
<td>3</td>
<td>0</td>
<td>2</td>
<td>0</td>
<td>6</td>
<td>0</td>
<td>0</td>
<td>8</td>
<td>11</td>
<td>37</td>
</tr>
<tr>
<td>Salmonellosis</td>
<td>2</td>
<td>1</td>
<td>1</td>
<td>4</td>
<td>3</td>
<td>1</td>
<td>4</td>
<td>7</td>
<td>1</td>
<td>5</td>
<td>29</td>
</tr>
<tr>
<td>Gonorrhea</td>
<td>1</td>
<td>6</td>
<td>1</td>
<td>1</td>
<td>3</td>
<td>6</td>
<td>0</td>
<td>3</td>
<td>3</td>
<td>2</td>
<td>26</td>
</tr>
<tr>
<td>Streptococcal</td>
<td>0</td>
<td>2</td>
<td>1</td>
<td>2</td>
<td>1</td>
<td>1</td>
<td>1</td>
<td>3</td>
<td>2</td>
<td>3</td>
<td>16</td>
</tr>
<tr>
<td>STEC</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>1</td>
<td>0</td>
<td>3</td>
<td>0</td>
<td>0</td>
<td>3</td>
<td>4</td>
<td>11</td>
</tr>
<tr>
<td>Giardia</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>0</td>
<td>1</td>
<td>0</td>
<td>0</td>
<td>4</td>
<td>0</td>
<td>4</td>
<td>9</td>
</tr>
<tr>
<td>Pertussis</td>
<td>0</td>
<td>2</td>
<td>0</td>
<td>2</td>
<td>0</td>
<td>0</td>
<td>3</td>
<td>0</td>
<td>0</td>
<td>7</td>
<td>7</td>
</tr>
</tbody>
</table>
Environmental Health

Monitoring a Music Festival... to keep you safe

In 2013, Oceana County was once again the site of the Electric Forest Music Festival. The annual 4-day rock, indie and alternative music festival hosts over 35,000 people in late June. Basically, a temporary city is created since the site of the festival has no permanent facilities. Therefore everything has to be brought in for the event. The role of District Health Department #10 in this effort is considerable. The Department:

- Samples and monitors the water supply prior to the event and daily during the event.
- Determines the number & location of all bathroom and shower facilities to ensure their maintenance during the event.
- Monitors trash and garbage disposal to avoid a public health nuisance.
- Inspects all food operations during the event.
- Responds to all illness outbreak concerns.
- Regulates the camping facilities to avoid congestion problems that would interfere with emergency vehicles.
- Monitors the clean-up of the facilities after the event.

Buying a Home

Purchasing a new home can be scary. No one wants to purchase a home that requires major investment to fix the problems.

Some of the problems you can see, but what about those things you can’t. For example, the water supply and the septic system which are both buried in the ground. Out of sight, out of mind? Replacing a well and septic system can result in many thousands of dollars. Therefore, many potential home buyers make use of a voluntary program from District Health Department #10. For a fee, the Department will do an evaluation (referred to as a mortgage evaluation) of the septic system and water supply and provide a full summary of what is available and its condition. This allows the potential buyer of the home to make an informed decision as to its purchase.
Preventing Diabetes...

The National Diabetes Prevention Program is a year-long, lifestyle change program for those at-risk for developing Diabetes. It focuses on the prevention of Diabetes through modest weight loss and increased physical activity. In a recent course held in Mason County, three Ladies have been making changes and really value the support of this program. One of the ladies has lost 52 pounds!

Worksite Wellness

The Health Department worked with 22 worksites in six counties to improve employee wellness through health policy development. In addition the worksites targeted healthy eating opportunities and options for physical activity. One of the unexpected outcomes occurred in Kalkaska County, when four worksites organized and conducted the first annual Blazing Worksite Wellness 5k Walk. Targeting those who have never participated in a 5k event, over 100 people participated!

<table>
<thead>
<tr>
<th>Worksite Wellness Screenings</th>
<th>333</th>
</tr>
</thead>
<tbody>
<tr>
<td>Youth Programs</td>
<td></td>
</tr>
<tr>
<td>Girls on the Run Participants</td>
<td>738</td>
</tr>
<tr>
<td>Adolescent Wellness Center</td>
<td></td>
</tr>
<tr>
<td>Students Served</td>
<td></td>
</tr>
<tr>
<td>Cadillac</td>
<td>459</td>
</tr>
<tr>
<td>Manton</td>
<td>204</td>
</tr>
<tr>
<td>Mesick</td>
<td>153</td>
</tr>
<tr>
<td>Students Participating in Teen Pregnancy Prevention Initiative</td>
<td></td>
</tr>
<tr>
<td>Oceana</td>
<td>110</td>
</tr>
<tr>
<td>Wexford</td>
<td>329</td>
</tr>
</tbody>
</table>

Family Health Programs

<table>
<thead>
<tr>
<th>Family Planning Participants</th>
<th>2,429</th>
</tr>
</thead>
<tbody>
<tr>
<td>Breast and Cervical Cancer Screening</td>
<td>1,854</td>
</tr>
<tr>
<td>Colorectal Cancer Screening</td>
<td>415</td>
</tr>
<tr>
<td>WiseWoman Program Screening / Health Coaching</td>
<td>1,023</td>
</tr>
<tr>
<td>Northern Michigan Substance Abuse Services (NMSAS) # served</td>
<td></td>
</tr>
<tr>
<td>Lake</td>
<td>310</td>
</tr>
<tr>
<td>Mason</td>
<td>671</td>
</tr>
<tr>
<td>Oceana</td>
<td>549</td>
</tr>
</tbody>
</table>

Working with the Youth

The TOPPC (The Oceana Prevention Partnership for Change) Youth committee has been a huge force in health promotion and awareness in Oceana County this year. The youth have attended community events like parades, football games, the county fair and have been giving back to the community through clean-up days, compliment days, holiday card writing, and more. TOPPC youth have given a prevention voice to young people in Oceana County and have so much more planned for the coming year.

Breast & Cervical Cancer Screening Program

A Client’s battle with Breast Cancer

A health educator learned about a Client’s battle with Breast Cancer. She had been diagnosed after completing her mammogram through our free Breast & Cervical Cancer Screening Program. The client was about to start chemotherapy and insisted that the staff of the health department were angels and had saved her life. She was so thankful for the program and the amazing experience she had with the health department during this terrible time. Months later, she called back to inform the staff that she was doing well, was taking chemotherapy one day at a time, was going to beat cancer, and loved every person at the health department for what they do.
Personal Health Services

<table>
<thead>
<tr>
<th>Immunizations</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Vaccines Administered</td>
<td>10,251</td>
</tr>
<tr>
<td>Influenza Vaccines Administered</td>
<td>10,158</td>
</tr>
</tbody>
</table>

Maternal Infant Health Program (MIHP)

| MIHP Maternal Clients                 | 825  |
| MIHP Maternal Visits                  | 5,527|
| MIHP Infant Clients                   | 727  |
| MIHP Infant Visits                    | 7,621|

Hearing and Vision

| Preschool Hearing Screenings          | 1,780 |
| School Hearing Screenings             | 8,276 |
| Preschool Vision Screenings           | 1,486 |
| School Vision Screenings              | 15,114|

Communicable Disease Control

| Total Communicable Disease Services   | 517   |
| TB Tests                              | 1,472 |
| STD Services                          | 676   |
| HIV Tests                             | 115   |

Children’s Special Health Care Services... Providing care for a nine month old

A nine month old baby with multiple health issues and a genetic disorder has been on CSHCS since spring 2013. Initially, the infant was not expected to live, and was sent home with Hospice services. Due to fantastic care from the family, several specialists, and coordination of care, the baby is gaining weight, fairly medically stable, and no longer receives Hospice.

Seeing makes all the Difference... Providing vision tests

I received a call from the Health Department's Vision and Hearing Technician explaining her concerns and the tests she performed with my three year old daughter. Per the technician's recommendations, I scheduled an eye exam with an eye doctor. There were no indicators at home or at school that would suggest she had difficulty with her vision. The first time my daughter put her glasses on, her face was priceless. She smiled from ear to ear, would look through the glasses, then above them, back through them, and above them again. She ran to the mirror to see herself, all the while with a huge grin on her face.

8,032
Total Number helped with Medicaid Applications Assistance

8,032
At a recent WIC Dietitian appointment a mom said that the Sesame Street Nutrition book and DVD packet received at WIC has greatly improved her son’s willingness to try new foods. He enjoys singing the phrases/songs from the shows. Mom plans to introduce more vegetables in their family meals and is excited to view the new recipe website provided by the WIC Dietitian.

The Importance of Breastfeeding
Crawford County
501 Norway Street
Grayling, MI 49738
989 348-7800

Kalkaska County
625 Courthouse Drive
Kalkaska, MI 49646
231 258-8669

Lake County
5681 S M-37
Baldwin, MI 49304
231 745-4663

Manistee County
385 Third Street
Manistee, MI 49660
231 723-3595

Mason County
916 Diana Street
Ludington, MI 49431
231 845-7381

Mecosta County
14485 Northland Drive
Big Rapids, MI 49307
231 592-0130

Missaukee County
6180 W Sanborn, Suite #1
Lake City, MI 49651
231 839-7167

Newaygo County
1049 Newell Street
White Cloud, MI 49349
231 689-7300

Oceana County
3986 N Oceana Drive
Hart, MI 49420
231 873-2193

Wexford County
521 Cobbs Street
Cadillac, MI 49601
231 775-9942

2013
Community Partners

DHD # 10 Offices

Find us online at www.dhd10.org Facebook.com/healthdept10

District Health Department #10