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**FOR IMMEDIATE RELEASE:
February 7, 2017**

Kalkaska Area Interfaith Resources Purchases Walk-In Freezer

Kalkaska Area Interfaith Resources (KAIR) was one of five grant awardees through the Live Well Kalkaska Healthy Eating Grant Program and received \$12,924.00 to replace 11 old, inefficient freezers with a new walk-in freezer. The walk-in freezer will provide some much needed freezer space, especially during holidays when additional food is distributed.

Cathy Somes, KAIR Director, shares, “The addition of a walk-in-freezer has allowed KAIR to purchase and store larger quantities of wholesome foods for individuals in need throughout Kalkaska County. Special thanks to District Health Department #10 and the Michigan Health Endowment Fund who supported the Live Well Kalkaska Healthy Eating Grant and made this much needed addition a reality. This will help improve the lives of many underprivileged residing in Kalkaska County.” Currently, KAIR serves 700-800 people every month.

Please contact Lacey Morris, DHD#10 Health Educator at lmorris@dhd10.org or (231) 876-3817 with questions regarding the grant program. For more information about this project and the Live Well Campaign visit, www.livewell4health.org.

This project was made possible through the Michigan Health Endowment Fund. MHEF was established to improve the health of Michigan residents and reduce the cost of health care with special emphasis on the health and wellness of children and seniors. The Fund was created through the passage of Public Act 4 of 2013, which authorized certain changes to how Blue Cross Blue Shield of Michigan (BCBSM) operates in the state. For additional information about the Michigan Health Endowment Fund, visit mhealthfund.com or call (517) 374-0031.



Pictured: A new walk-in freezer is installed at Kalkaska Area Interfaith Resources to help serve more Kalkaska County residents.

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