

## LOCAL ORGANIZATIONS RECEIVE HEALTHY UPGRADES

### District Health Department #10 awards two grants for upgrades

**Baldwin, MI, July 26, 2017**– Irons Seventh Day Adventist Church and St. Ann’s Senior Center in Baldwin received healthy upgrades thanks to a small grant that provided community agencies an opportunity to increase their ability to offer healthy foods. Funding was provided from the Michigan Department of Health and Human Services via District Health Department #10 (DHD#10). DHD#10 also worked with Health Department of Northwest Michigan on this project. By providing these upgrades, community members have improved access to healthy foods. By eating more healthy foods, community members may be able to reduce their risk of heart disease, diabetes and cancer.

St. Ann’s Senior Center in Baldwin received a commercial cooler to be able to provide grab and go wraps and smoothies, in addition to their already popular community salad bar. Salads, wraps, and smoothies to go are now available at an affordable price during their lunch offering. Salads are just \$2.00 per pound. The “to go” items are available to community members of any age. Offerings are available Monday- Friday 11:15 am- 1:00 pm. The St. Ann’s Senior Center is located at 690 9<sup>th</sup> Street, Baldwin.

Irons Seventh Day Adventist Church Pantry also received funding from the project. The funding for a commercial grade cooler allowed the pantry to be able to offer fresh food in their pantry offerings. Before the grant opportunity, pantry users were limited to canned and non-perishable items. Those interested in using the pantry should contact the church at 231-266-2180.

#### **About DHD #10**

District Health Department #10 (DHD #10) is Michigan's largest geographical health department, mandated to promote and protect the public from unsafe and hazardous conditions and provide methods of promoting good health and disease prevention. Some of the vital programs provided by DHD #10 include Immunizations, Infectious Disease Control, STI Testing and Counseling, WIC, Children's Special Health Services, Hearing and Vision Screening, Family Planning, Cancer Screening, Worksite Wellness, Smoking Cessation, Substance Use Prevention, Chronic Disease Prevention, and Environmental Health Services. DHD #10 serves Crawford, Kalkaska, Lake, Manistee, Mason, Mecosta, Missaukee, Newaygo, Oceana, and Wexford counties. For more information, visit [www.dhd10.org](http://www.dhd10.org).

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