

# FEBRUARY IS NATIONAL CONDOM MONTH District Health Department #10 Provides Free Condoms

February 14, 2018 - Did you know that February 14-21 is National Condom week? And, that the whole month of February is National Condom Month? District Health Department #10 wants you to know that you can get free condoms at any of our 10 locations. All you have to do is visit us! There are packets of condoms in each waiting room or you can request them from our front desk staff.

### According to the CDC:

- There are 20 million new STI cases in the U.S. every year.
- The medical costs for these new cases are \$16 billion.
- Adding the new cases each year with existing infections, there are an estimated 110 million total STIs among Americans.

Correct and consistent use of condoms is one of the most effective ways to reduce the risk of sexually transmitted diseases. It is the goal of District Health Department #10 to encourage those who are sexually active to practice safe sex and provide education through our nurses and resources, like free condoms, to do so.

District Health Department #10 is also a proud partner of Beforeplay.org, a reliable and relatable source of sexual health information. Visit the website to learn more about male and female condoms and how to use them; use the "Get Talking" tool to help prepare you for how to talk about condoms with your friends, family, partner(s) or health care provider; check out the "Health Center Locator" to find the nearest DHD#10 location to you; and find so many other great tools and information on <a href="Beforeplay.org">Beforeplay.org</a>.

#### About DHD #10

District Health Department #10 (DHD #10) is Michigan's largest geographical health department, mandated to promote and protect the public from unsafe and hazardous conditions and provide methods of promoting good health and disease prevention. Some of the vital programs provided by DHD #10 include Immunizations, Infectious Disease Control, STI Testing and Counseling, WIC, Maternal Infant Health Program, Healthy Families Northern Michigan, Children's Special Health Services, Hearing and Vision Screening, Family Planning, Cancer Screening, Worksite Wellness, Smoking Cessation, Substance Use Prevention, Chronic Disease Prevention, and Environmental Health Services. DHD #10 serves Crawford, Kalkaska, Lake, Manistee, Mason, Mecosta, Missaukee, Newaygo, Oceana, and Wexford counties. For more information, visit www.dhd10.org.

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#### MEDIA CONTACT

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## **COUNTIES SERVED:**

Crawford Kalkaska Lake Manistee Mason Mecosta Missaukee Newaygo Oceana Wexford





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