

Appendix I: Michigan Profile for Healthy Youth: 2015-2016

The percentage of students who...	Grade	Manistee	Newaygo	Oceana	Wexford
Ever drank alcohol	7 th	n/a	n/a	n/a	n/a
	9 th	38.6%	28.9%	31.5%	33.6%
	11 th	69.0%	50.0%	44.2%	44.5%
Had at least one drink of alcohol during the past 30 days	7 th	6.1%	5.0%	4.1%	n/a
	9 th	10.4%	9.8%	12.7%	15.2%
	11 th	25.9%	23.3%	19.9%	22.9%
Used marijuana during the past 30 days	7 th	2.3%	1.8%	2.1%	n/a
	9 th	8.9%	8.9%	8.6%	14.6%
	11 th	14.6%	18.2%	12.3%	11.7%
Ever used synthetic marijuana	7 th	6.2%	7.4%	9.5%	n/a
	9 th	8.0%	7.1%	10.5%	8.3%
	11 th	7.3%	8.9%	4.3%	5.3%
Took a prescription drug not prescribed to them, including painkillers, during the past 30 days	7 th	7.6%	2.8%	2.1%	n/a
	9 th	3.5%	7.5%	3.7%	6.7%
	11 th	4.9%	11.3%	5.8%	4.2%
Smoked cigarettes during the past 30 days	7 th	3.0%	1.4%	3.1%	n/a
	9 th	5.2%	6.3%	5.5%	7.0%
	11 th	12.0%	10.6%	5.1%	6.4%
Used an electronic vapor product during the past 30 days	7 th	6.9%	2.8%	7.3%	n/a
	9 th	10.5%	9.4%	11.0%	11.1%
	11 th	24.1%	16.2%	5.9%	12.3%
Had ever been told by a doctor or nurse that they had asthma	7 th	9.2%	18.1%	13.9%	n/a
	9 th	25.7%	21.7%	22.2%	23.1%
	11 th	17.5%	21.4%	18.5%	23.3%
Ever had sexual intercourse	7 th	3.3%	6.3%	0.0%	n/a
	9 th	16.5%	16.8%	16.4%	20.9%
	11 th	56.3%	48.7%	40.5%	30.3%
Are obese	7 th	15.3%	16.0%	21.5%	n/a
	9 th	13.2%	17.6%	27.0%	19.3%
	11 th	21.3%	15.7%	18.9%	18.3%
Are overweight	7 th	13.7%	16.4%	16.5%	n/a
	9 th	18.9%	21.0%	19.1%	17.3%
	11 th	12.5%	15.2%	16.7%	21.0%
Ate five or more servings per day of fruits and vegetables during the past seven days	7 th	29.3%	29.8%	41.5%	n/a
	9 th	25.9%	28.0%	27.2%	29.5%
	11 th	6.5%	21.1%	19.4%	23.7%
Drank three or more glasses per day of milk during the past seven days	7 th	15.7%	20.2%	17.2%	n/a
	9 th	11.4%	16.9%	18.9%	13.0%
	11 th	11.3%	17.1%	14.0%	17.7%
	7 th	18.3%	19.5%	37.2%	n/a
	9 th	21.6%	22.5%	20.0%	17.7%

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Drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days	11 th	27.5%	20.1%	20.7%	19.8%
Were physically active for a total of at least 60 minutes per day on five or more of the past seven days	7 th	55.3%	61.7%	59.8%	n/a
	9 th	61.4%	53.2%	59.3%	60.7%
	11 th	44.3%	47.3%	56.7%	57.5%
Played video or computer games for three or more hours per day on an average school day	7 th	35.6%	26.8%	43.0%	n/a
	9 th	36.0%	32.8%	37.5%	34.5%
	11 th	27.8%	27.8%	28.9%	23.2%
Ever had sexual intercourse	7 th	3.3%	6.3%	0.0%	n/a
	9 th	16.5%	16.8%	16.4%	20.9%
	11 th	56.3%	48.7%	40.5%	30.3%

The Michigan Profile for Healthy Youth (MiPHY) was completed by 7th, 9th, and 11th grade students in Michigan. The results reflect student survey responses from schools that voluntarily participated in the DHD #10 counties and may not be representative of all schools in the DHD #10 counties.