

## Crawford County Community Conversation

January 6, 2016

*What can we do in Crawford County to move closer to our vision of a healthy community?*

Create community hub for recreation and resources	Increase access to economic self-sufficiency	Create a wellness culture in the community	Increase behavioral health awareness and services	Link systems for lifespan care and support	Increase year round access and consumption of health foods	Increase accessibility for year round physical activity
Accessible community activity center e.g. Family "Y"	Use loans/grants for housing accessibility and renovation	Healthy expo/fair	Greater availability of mental health services and utilization	Develop networks for continuum of care/support	Year round farmers market	Keep sidewalks clear for walking/biking
Sports Center	Community micro loans	Health screenings free	Substance abuse education	Fostering generational relationships	Larger farmers (and meat) market	Year around walking/bike paths
Community Center All Ages (pool)	Free financial education workshops	Employer sponsored health programs	Reduction in violence in the community	Better communication of offerings	Improve access to healthy foods	
Increase community based youth programs	Increase available, safe, affordable, supported housing	Establish health mentality	Smoke free playgrounds	Pre-birth to post-grave care	Free healthy cooking classes	
One-stop shop for community opportunities, personal wellness	Increase employment opportunities to increase self-sufficiency	Community classes - life skills	Smoke free zones			
Increased available day care with expanded hours	Affordable transportation	Community challenge				
Organized physical family activities	Homeless shelter					
After school activities	Available transportation with expanded hours					

**Participants:**

Hannelore Dysinger, Crawford County Housing Commission  
Debra Friedman, Crawford County Library Board  
Art Clough, Grayling Police Department  
Lynda Ruthowski, Catholic Human Services  
Alayne Hansen, MI Works  
Aimee Sandula, River House  
Rosemary Nelson, Baby to Toddler Closet  
Cheryl Melroy, Munson Healthcare Grayling Hospital  
Kim Chandler, District Health Department #10  
Doug Pryor, Grace Center  
Tracy Speier, CMU  
Karl Yoder, Chemical Bank  
Theresa Roberts, Child Protection Council  
Gretchen Stelter, MSU Extension  
Karl Schreiner, Commission on Aging  
Danielle Seabolt, Grayling Main Street  
Traci Cook, Grayling Chamber of Commerce  
Mary Hubbard, Northern Lakes Community Mental Health  
Brenda Kolinski, Northern Lakes Community Mental Health  
Alice Snyder, Commission on Aging  
Julee Dean, Crawford County Transportation Authority  
Jordan Stancil, Rialto Theater  
Heidi Powers, NEMCSA RSVP  
Lacey Hill, District Health Department #10  
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