

Lake County
2016 COMMUNITY HEALTH ASSESSMENT AT-A-GLANCE

Community Health Status Assessment

Indicator		Michigan	DHD#10	Lake County
Access to Care	Ratio: Primary care physicians	1,240:1		5,690:1
	Had to forego care in past year due to costs		12.4%	9.2%
	Have no Primary Care Provider		17.4%	12.7%
	Ratio: Dentists	1,450:1		1,420:1
	No dental visit in past year		30.1%	45.5%
Chronic Disease	High blood pressure		33.4%	41.6%
	High cholesterol		32.2%	42.9%
	Lung cancer incidence	69.1/100,000		80.9/100,000
	Cardiovascular disease incidence		10.2%	13.7%
	Heart attack		5.2%	9.2%
	COPD		9.0%	16.3%
	Arthritis		31.3%	39.3%
Health Disparities	Poverty – all ages	17.0%		31.0%
	Poverty – ages 0-17	23.7%		52.2%
	Median household income	\$48,200		\$30,656
	High school graduate	89.3%		82.3%
	College degree	26.4%		9.2%
	Sometimes/often don't have enough to eat		11.7%	18.1%
Healthy Lifestyles	Adult overweight and obesity		66.1%	70.5%
	No leisure time physical activity		32.6%	55.4%
Maternal /Child	Smoked during pregnancy	18.3%		37.9%
	Teen pregnancy	38.3/1,000		53.5/1,000
	Child abuse and neglect	14.7/1,000		68.6/1,000
Mental Health	Poor mental health in past 14 days		12.1%	12.8%
	Ratio: Mental health providers	450:1		1,890:1
Substance Abuse	Heavy drinker		7.7%	3.5%
	Binge drinking		16.0%	9.3%
Tobacco	Smoking - adults		29.1%	39.1%

Sources: District Health Department #10, US Census Bureau, Michigan Department of Health and Human Services, County Health Rankings.

Key Surveys Results

QUESTION	WHAT MATTERS TO YOU? COMMUNITY SURVEY n=128
What are the three most important factors needed for a healthy community?	<ol style="list-style-type: none"> 1. Access to health care, including primary care, specialty care, behavioral health, or dental care 2. Access to affordable, healthy food 3. Good jobs and healthy economy 4. Good schools/ high value on education 5. Affordable housing
What are the most important community health problems in the county you live in?	<ol style="list-style-type: none"> 1. Substance abuse (alcohol, illegal drugs, prescription drugs) 2. Overweight and obesity 3. Aging problems (arthritis, hearing/vision loss) 4. Lack of access to primary, specialty care, behavioral health or dental care 5. Mental health issues

WHAT MATTERS TO YOU? COMMUNITY SURVEY			
QUESTION	ADULTS	OLDER ADULTS	CHILDREN
What are the problems adults, older adults, and children in your family have in getting health care services?	<ul style="list-style-type: none"> • Health insurance does not cover dental services • Health insurance coverage is limited • Cannot afford visits to doctor, dentist, clinic, and/or hospital • Finding a dentist • Health insurance has high deductibles/co-pays 	<ul style="list-style-type: none"> • Transportation issues • Health insurance has high deductibles/co-pays • ER waiting time • Cannot afford visits to doctor, dentist, clinic, and/or hospital • Health insurance coverage is limited 	<ul style="list-style-type: none"> • Finding a behavioral health provider • Health insurance does not cover dental services • ER waiting time • Cannot afford visits to doctor, dentist, clinic, and/or hospital • Finding a dentist • Health insurance coverage is limited • Health insurance does not cover behavioral health
QUESTION	SELF		IMMEDIATE FAMILY
Have you or any member of your immediate family ever been told by a doctor or other health professional that you have any of the following?	<ul style="list-style-type: none"> • Vision problems • Arthritis • High blood pressure • Overweight/obese • Chronic pain • High cholesterol 		<ul style="list-style-type: none"> • High cholesterol • Arthritis • Vision problems • High blood pressure • Diabetes/ prediabetes • Dental health problems

Community Conversations

FOCUS QUESTION	Lake County Roundtable
What can we do to move closer to our vision of a healthy community?	<ol style="list-style-type: none">1. Increase community health education2. Work together in unity to create a healthy and active community3. Increase access for existing and mobile preventive health services4. Create opportunities for physical activity5. Provide access to affordable, fresh, healthy food6. Improve culture and climate to increase job growth7. Create opportunities for expanded transportation8. Build safe, affordable 24 hour childcare network