

## Community Conversation

### Mason County

July 20, 2016

#### *What can we do in Mason County to move closer to our vision of a healthy community?*

Create an environment that supports healthy lifestyles	Improve behavioral health and substance abuse treatment through early intervention and trauma informed community approach	Foster a culture of collaboration	Increase access to affordable housing	Improve community education for adults and children	Provide consistent employment education and training access	Increase affordable/assess able health care options	Improve access to public transportation
Food policy council	Substance/ alcohol abuse; Prevention/ treatment	Clear community vision	More local foster care homes	Education: Teach the young	Increase access to education and training for employment	Improve access to affordable health care	Transportation bus – countywide and out of county
Increase non-motorized transportation – bike/walk	Mental health services treatment/ prevention	Shared community vision of health	Increase affordable/ quality housing	Provide interventions with young adults – HS/MS	Remove barriers for people to be successfully employed	Integrate health and wellness to where people already are (business/ school)	Overcome transportation limits to our rural community
Access to healthy foods and activities	Substance abuse rehab programs	Health and human services coordinated body	Access to safe/ affordable housing	Disability education and inclusion	Increase jobs with livable wages	School based health centers	
Activity programming for youth	Earlier behavioral health intervention	Education general population and service providers	More local foster care – homes/ homeless	Education: internet access, support-tutor, continue education	Improve economic development		
Reduce tobacco use	Trauma informed community	Improve community clinical/ agency linkage					
Create more opportunities to be physically active through built environment	Reduction of substance use/ abuse						
Family focused physical activities	Mental health matters						
Educate on behavior change							
Providing resources to empower families (life skills development)							

Participant list:

Daryl Goodman, West Michigan CMHS

Mike Dongvillo, Al-anon/Alateen

Marie Fay, Alateen

Carol Burba, Baldwin Family Health Care

Beth Smith, Tendercare of Ludington

Kendra Gibson, MSU Extension

Erin Barrett, DHD#10

Spence Riggs, Mason County Growth Alliance

Lynne Russell, United Way of Mason County

Susan McNamee

Julie Page Smith, West Shore Community College

Steve Hansen, Mason County Sheriff Office

Sarah Oleniczak, DHD#10

Matt Dotson, DHHS/Children's Protective Services

Jeff Mount, Mason County Central

Michelle Elliott, Cove

Monica Schyler, Pennies from Heaven Foundation

Shelby Soberalski, Pennies from Heaven Foundation

Shelli Smith, DHD#10

Jen Hansen, DHD#10

Sonja Mayo, Spectrum Health Ludington Hospital

Calvin Wojtaszak, Pennies from Heaven Foundation

Facilitator:

Donna Norkoli, District Health Department #10

Jan Wiltse, District Health Department #10