

## TIME FOR FLU SHOTS

### District Health Department #10 Offering Flu Clinics

District Health Department #10 (DHD#10) is helping communities prepare for the upcoming flu season by offering flu vaccines to children, adults, and seniors. Flu season is unpredictable - even healthy people can become seriously ill. The best way to protect you and your family against influenza is to get an annual flu vaccine and the time to do so is now.

The DHD#10 flu clinic in your area is:

DHD#10 Lake County  
5681 S. M-37, Baldwin, MI  
September 26th  
October 11<sup>TH</sup>  
October 17<sup>TH</sup>  
October 26<sup>th</sup> am only

Luther Lions Club  
October 12th  
10:00 AM – 1:00 PM

Peacock Senior Center  
October 19<sup>TH</sup>  
10:00 AM – 12:00 PM



#### MEDIA CONTACT

Jeannine Taylor  
Public Information Officer  
O: 231-876-3823  
C: 231-920-4998  
E: jtaylor@dhd10.org



#### COUNTIES SERVED:

Crawford  
Kalkaska  
Lake  
Manistee  
Mason  
Mecosta  
Missaukee  
Newaygo  
Oceana  
Wexford

Many health insurance plans now cover the cost of flu vaccines. If not, DHD#10 may be able to help through Vaccines for Children (VFC) or other programs. DHD#10 will bill Medicare or Medicare Health Plans (only for flu, pneumococcal, and PCV13 vaccinations), Medicaid, Medicaid Health Plans, Priority Health, Blue Cross Blue Shield, Blue Care Network (excludes Mercy Partnered Plans), Cigna, McLaren Commercial, ASR, and United Health Care with an insurance card present at the time of appointment. It is important to be aware of your insurance benefit rules. The cost for the seasonal flu vaccination without insurance is \$38. High dose and preservative-free flu shots are available for \$41.

For more information or to schedule an appointment, call DHD#10 at 231-873-2193 or visit [www.dhd10.org/locate-flu-clinic](http://www.dhd10.org/locate-flu-clinic).

#### About DHD #10

District Health Department #10 (DHD #10) is Michigan's largest geographical health department, mandated to promote and protect the public from unsafe and hazardous conditions and provide methods of promoting good health and disease prevention. Some of the vital programs provided by DHD #10 include Immunizations, Infectious Disease Control, STI Testing and Counseling, WIC, Maternal Infant Health Program, Healthy Families Northern Michigan, Children's Special Health Services, Hearing and Vision Screening, Family Planning, Cancer Screening, Worksite Wellness, Smoking



[www.dhd10.org](http://www.dhd10.org)



[www.facebook.com/DHD10](https://www.facebook.com/DHD10)

Cessation, Substance Use Prevention, Chronic Disease Prevention, and Environmental Health Services. DHD #10 serves Crawford, Kalkaska, Lake, Manistee, Mason, Mecosta, Missaukee, Newaygo, Oceana, and Wexford counties. For more information, visit [www.dhd10.org](http://www.dhd10.org).

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