

Lake County Behavioral Risk Factor Survey Results 2015

Health Risk Behaviors				
	DHD#10	Lake	Compare	
Obese	32.2%	35.4%		
Overweight	33.9%	35.1%		
Cigarette smoker	29.1%	39.1%		
Heavy drinker	7.7%	3.5%		
Binge drinker	16.0%	9.3%		
Fruit/vegetable <5/day	83.3%	83.0%		
No leisure time physical activity	32.6%	55.4%		

Health Status and Health Care Access				
	DHD#10	Lake	Compare	
Fair/poor general health status	19.6%	28.3%		
Very dissatisfied/dissatisfied with life	6.0%	6.7%		
Rarely/never receive social or emotional support	6.9%	10.2%		
Poor physical health for 14 or more of past 30 days	15.1%	24.6%		
Poor mental health for 14 or more of past 30 days	12.1%	12.8%		
Activity limitation from poor health for 14 of past 30 days	10.9%	13.9%		
No health care coverage	11.1%	10.1%		
No primary care provider	17.4%	12.7%		
Had to forego care in past year due to costs	12.4%	9.2%		
Visited ER/ED two or more times in past year	13.5%	20.3%		
Confident can navigate health care system	78.7%	83.5%		

Clinical Preventive Practices				
	DHD#10	Lake	Compare	
No routine check up in past year	19.3%	14.7%		
Have had cholesterol checked	74.4%	78.9%		
Ever had mammogram (females, 40+)	91.9%	93.1%		
Ever had pap test	88.3%	94.5%		
Ever had PSA test (males, 50+)	70.1%	62.3%		
Ever had sigmoidoscopy or colonoscopy (50+)	74.8%	61.1%		
No dental visit in past year	30.1%	45.5%		
Flu vaccine in past year (65+)	68.7%	62.3%		
Pneumonia vaccine (65+)	67.8%	64.8%		

Chronic Conditions				
	DHD#10	Lake	Compare	
High blood pressure	33.4%	41.6%		
High cholesterol	32.2%	42.9%		
Arthritis	31.3%	39.3%		
Lifetime asthma	16.0%	17.5%		
Current asthma	11.0%	13.1%		
Diabetes	10.2%	14.0%		
Any cardiovascular disease	10.2%	13.7%		
COPD	9.0%	16.3%		
Cancer, non-skin	6.9%	6.9%		
Heart attack	5.2%	9.2%		
Skin cancer	4.9%	3.6%		
Stroke	3.0%	3.9%		