

## Missaukee County Behavioral Risk Factor Survey Results 2015

Health Risk Behaviors				
	DHD#10	Missaukee	Compare	
Obese	32.2%	35.0%		
Overweight	33.9%	36.5%		
Cigarette smoker	29.1%	25.2%		
Heavy drinker	7.7%	9.8%		
Binge drinker	16.0%	21.9%		
Fruit/vegetable <5/day	83.3%	76.9%		
No leisure time physical activity	32.6%	27.9%		

Health Status and Health Care Access				
	DHD#10	Missaukee	Compare	
Fair/poor general health status	19.6%	17.4%		
Very dissatisfied/dissatisfied with life	6.0%	6.7%		
Rarely/never receive social or emotional support	6.9%	4.9%		
Poor physical health for 14 or more of past 30 days	15.1%	15.0%		
Poor mental health for 14 or more of past 30 days	12.1%	13.4%		
Activity limitation from poor health for 14 of past 30 days	10.9%	10.0%		
No health care coverage	11.1%	19.7%		
No primary care provider	17.4%	25.8%		
Had to forego care in past year due to costs	12.4%	13.7%		
Visited ER/ED two or more times in past year	13.5%	9.3%		
Confident can navigate health care system	78.7%	75.8%		

Clinical Preventive Practices				
	DHD#10	Missaukee	Compare	
No routine check up in past year	19.3%	25.4%		
Have had cholesterol checked	74.4%	71.8%		
Ever had mammogram (females, 40+)	91.9%	91.9%		
Ever had pap test	88.3%	84.7%		
Ever had PSA test (males, 50+)	70.1%	68.2%		
Ever had sigmoidoscopy or colonoscopy (50+)	74.8%	81.1%		
No dental visit in past year	30.1%	27.0%		
Flu vaccine in past year (65+)	68.7%	73.7%		
Pneumonia vaccine (65+)	67.8%	69.7%		

Chronic Conditions				
	DHD#10	Missaukee	Compare	
High blood pressure	33.4%	31.9%		
High cholesterol	32.2%	39.4%		
Arthritis	31.3%	30.7%		
Lifetime asthma	16.0%	16.5%		
Current asthma	11.0%	9.8%		
Diabetes	10.2%	9.6%		
Any cardiovascular disease	10.2%	11.4%		
COPD	9.0%	10.4%		
Cancer, non-skin	6.9%	4.9%		
Heart attack	5.2%	4.7%		
Skin cancer	4.9%	4.5%		
Stroke	3.0%	1.2%		