

Newaygo County Behavioral Risk Factor Survey Results 2015

Health Risk Behaviors				
	DHD#10	Newaygo	Compare	
Obese	32.2%	28.6%		
Overweight	33.9%	34.8%		
Cigarette smoker	29.1%	26.0%		
Heavy drinker	7.7%	7.3%		
Binge drinker	16.0%	13.8%		
Fruit/vegetable <5/day	83.3%	85.8%		
No leisure time physical activity	32.6%	42.5%		

Health Status and Health Care Access				
	DHD#10	Newaygo	Compare	
Fair/poor general health status	19.6%	22.0%		
Very dissatisfied/dissatisfied with life	6.0%	5.6%		
Rarely/never receive social or emotional support	6.9%	6.3%		
Poor physical health for 14 or more of past 30 days	15.1%	14.1%		
Poor mental health for 14 or more of past 30 days	12.1%	8.7%		
Activity limitation from poor health for 14 of past 30 days	10.9%	9.0%		
No health care coverage	11.1%	8.7%		
No primary care provider	17.4%	10.7%		
Had to forego care in past year due to costs	12.4%	8.3%		
Visited ER/ED two or more times in past year	13.5%	11.9%		
Confident can navigate health care system	78.7%	81.6%		

Clinical Preventive Practices			
	DHD#10	Newaygo	Compare
No routine check up in past year	19.3%	18.4%	
Have had cholesterol checked	74.4%	74.7%	
Ever had mammogram (females, 40+)	91.9%	90.1%	
Ever had pap test	88.3%	89.7%	
Ever had PSA test (males, 50+)	70.1%	67.2%	
Ever had sigmoidoscopy or colonoscopy (50+)	74.8%	73.8%	
No dental visit in past year	30.1%	32.1%	
Flu vaccine in past year (65+)	68.7%	69.2%	
Pneumonia vaccine (65+)	67.8%	69.1%	

Chronic Conditions				
	DHD#10	Newaygo	Compare	
High blood pressure	33.4%	33.5%		
High cholesterol	32.2%	31.5%		
Arthritis	31.3%	28.9%		
Lifetime asthma	16.0%	15.0%		
Current asthma	11.0%	12.0%		
Diabetes	10.2%	10.8%		
Any cardiovascular disease	10.2%	9.3%		
COPD	9.0%	8.2%		
Cancer, non-skin	6.9%	7.5%		
Heart attack	5.2%	3.6%		
Skin cancer	4.9%	4.5%		
Stroke	3.0%	5.5%		