

Kalkaska County

Community Health Needs Assessment Summary

Health Issues:

- Access to care
- Chronic diseases
- Health disparities
- Healthy lifestyles
- Maternal/child health
- Mental health
- Substance abuse
- Tobacco use



- Chronic Disease**
- Healthy Lifestyle**
- Tobacco Use**

Overweight and obese	Smoking - adults	No leisure time physical activity	Inadequate fruit/veg consumption	Smoked during pregnancy
57.4%	39.0%	21.3%	82.4%	36.3%
DHD#10 Behavioral Risk Factor Survey, 2015				MDHHS, 2014

What Matters to You? Community Member Survey Results

Top factors that define a healthy community?	<ul style="list-style-type: none"> Access to health care Access to affordable healthy foods Adequate income
Top health problems in your community?	<ul style="list-style-type: none"> Substance abuse issues Overweight and obesity Lack of physical activity

<ol style="list-style-type: none"> 1. Continuously focus on health and wellness 2. Strategically implement education building blocks 3. Mindfully engage community 4. Purposefully incorporate nutritional health 5. Thoughtfully and deliberately improve behavioral health 6. Strategically recruit economic opportunity 7. Thoughtfully and open-mindedly consider infrastructure 8. Continuously create incentives for active participation 	Community Conversation: Goals Identified by Key Stakeholders				
How will Kalkaska County address obesity and substance abuse in the next 1-2 years?	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 20%; text-align: center; padding: 5px;">Obesity</td> <td style="padding: 5px;"> <ul style="list-style-type: none"> Healthy eating Physical activity Schools Educate and promote health </td> </tr> <tr> <td style="text-align: center; padding: 5px;">Substance abuse</td> <td style="padding: 5px;"> <ul style="list-style-type: none"> Publicize resources Increase services available </td> </tr> </table>	Obesity	<ul style="list-style-type: none"> Healthy eating Physical activity Schools Educate and promote health 	Substance abuse	<ul style="list-style-type: none"> Publicize resources Increase services available
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