

# Manistee County

## Community Health Needs Assessment Summary

**Health Issues:**

- Access to care
- Chronic diseases
- Health disparities
- Healthy lifestyles
- Maternal/child health
- Mental health
- Substance abuse
- Tobacco use



**Tobacco Use**  
**Substance Abuse**  
**Healthy Lifestyle**

Overweight and obese	Smoking - adults	Inadequate fruit/veg consumption	Drug overdose deaths	Smoked during pregnancy
<b>67.8%</b>	<b>34.5%</b>	<b>80.8%</b>	<b>14/100,000</b>	<b>32.6%</b>
DHD#10 Behavioral Risk Factor Survey, 2015			County Health Rankings, 2016	MDHHS, 2014

### What Matters to You? Community Member Survey Results

Top factors that define a healthy community?	<ul style="list-style-type: none"> <li>• Access to health care, including primary care, specialty care, behavioral health, or dental care</li> <li>• Good jobs and healthy economy</li> <li>• Access to affordable, healthy food</li> </ul>		
Top health problems in your community?	<ul style="list-style-type: none"> <li>• Substance abuse (alcohol, illegal drugs, prescription drugs)</li> <li>• Overweight and obesity</li> <li>• Chronic disease (heart disease, cancer, stroke)</li> </ul>		
Problems family members have getting health care services?	<p><b>Adults:</b></p> <ul style="list-style-type: none"> <li>• Health insurance has high deductibles/co-pays</li> <li>• Cannot afford visits to doctor, dentist, clinic, and/or hospital</li> <li>• Health insurance coverage is limited</li> </ul>	<p><b>Older Adults:</b></p> <ul style="list-style-type: none"> <li>• Health insurance has high deductibles/co-pays</li> <li>• Cannot afford visit to doctor, dentist, clinic and/or hospital</li> <li>• Health insurance does not cover dental</li> </ul>	<p><b>Children:</b></p> <ul style="list-style-type: none"> <li>• Health insurance has high deductibles/co-pays</li> <li>• Finding a behavioral health provider</li> <li>• Cannot afford visit to doctor, dentist, clinic and/or hospital</li> </ul>

### Community Conversation: Goals Identified by Key Stakeholders

1. Provide access to care for all
2. Create a proactive culture of healthy lifestyles
3. Reduce and prevent substance abuse
4. Educate on values and create opportunities for physical activities, all seasons for all ages
5. Improve education and affordability of good nutrition
6. Improve community clinical linkages/connections
7. Develop and nurture a skilled workforce
8. Improve access to mental health options
9. Improve policy and advocacy