

Manistee County
2016 COMMUNITY HEALTH ASSESSMENT AT-A-GLANCE

Indicator		Michigan	DHD#10	Manistee County
Access to Care	No primary care provider		17.4%	17.6%
	Ratio: Primary care physicians	1,240:1		1,750:1
	Ratio: Dentists	1,450:1		1,630:1
	Had to forego care in past year due to costs		12.4%	13.7%
Chronic Disease	High blood pressure		33.4%	38.1%
	Lung cancer incidence	69.1/100,000		76.1/100,000
	Heart attack		5.2%	7.0%
	Lifetime asthma		16.0%	17.6%
	Cancer, non-skin		6.9%	7.8%
	Skin cancer		4.9%	6.9%
Health Disparities	Median household income	\$48,200		\$41,258
	Poverty – children ages 0-17	23.7%		28.8%
	Unemployment	7.3%		8.3%
	College degree	26.4%		19.4%
Healthy Lifestyles	Overweight and obesity - adults		66.1%	67.8%
	Overweight and obesity - youth			32.6%
Maternal /Child	Smoked during pregnancy	18.3%		32.6%
	Teen pregnancy	38.3/1,000		46.5/1,000
Mental Health	Poor mental health in past 14 days		12.1%	15.5%
	Ratio: Mental health providers	450:1		1,020:1
Substance Abuse	Youth – alcohol use in past 30 days			16.8%
	Youth – ever been drunk			27.8%
	Youth – marijuana use in past 30 days			11.3%
	Drug overdose deaths	16/100,000		14/100,000
Tobacco	Smoking - adults		29.1%	34.5%
	Youth – cigarette use in past 30 days			8.1%
	Youth – e-cigarette use in past 30 days			16.2%
	Youth – exposed to second-hand smoke in past 7 days			49.5%

Sources: District Health Department #10, US Census Bureau, Michigan Department of Health and Human Services, Michigan Profile for Healthy Youth, County Health Rankings.

Community Survey

QUESTION	Manistee N=165
What are the most important factors needed for a healthy community?	<ol style="list-style-type: none"> 1. Access to health care, including primary care, specialty care, behavioral health, or dental care 2. Good jobs and healthy economy 3. Access to affordable, healthy food 4. Good schools/ high value on education 5. Safe neighborhoods
What are the most important community health problems in the county you live in?	<ol style="list-style-type: none"> 1. Substance abuse (alcohol, illegal drugs, prescription drugs) 2. Overweight and obesity 3. Chronic disease (heart disease, cancer, stroke) 4. Mental health issues 5. Lack of access to primary, specialty care, behavioral health or dental care

QUESTION	ADULTS	OLDER ADULTS	CHILDREN
What are the problems adults, older adults, and children in your family have in getting health care services?	<ul style="list-style-type: none"> • Health insurance has high deductibles/co-pays • Cannot afford visit to doctor, dentist, clinic, and/or hospital • Health insurance coverage is limited • Finding a behavioral health provider • Getting specialist care • Transportation issues 	<ul style="list-style-type: none"> • Health insurance has high deductibles/co-pays • Cannot afford visit to doctor, dentist, clinic, and/or hospital • Health insurance does not cover dental services • Health insurance coverage is limited • Health insurance does not cover medications 	<ul style="list-style-type: none"> • Health insurance has high deductibles/co-pays • Finding a behavioral health provider • Cannot afford visit to doctor, dentist, clinic, and/or hospital • Health insurance coverage is limited • Health insurance does not cover behavioral health

QUESTION	SELF	IMMEDIATE FAMILY
<p>Have you or any member of your immediate family ever been told by a doctor or other health professional that you have any of the following?</p>	<ul style="list-style-type: none"> • Vision problems • Arthritis • Overweight/obese • High blood pressure • High cholesterol 	<ul style="list-style-type: none"> • High blood pressure • Vision problems • Arthritis • Overweight/obese • Dental health problems • High cholesterol

Community Conversation

FOCUS QUESTION	MANISTEE COUNTY
<p>What can we do here to move closer to our vision of a healthy community?</p>	<ol style="list-style-type: none"> 1. Provide access to care for all 2. Create a proactive culture of healthy lifestyles 3. Reduce and prevent substance abuse 4. Educate on values and create opportunities for physical activities, all seasons for all ages 5. Improve education and affordability of good nutrition 6. Improve community clinical linkages/connections 7. Develop and nurture a skilled workforce 8. Improve access to mental health options 9. Improve policy and advocacy