

**Mason County**  
**2016 COMMUNITY HEALTH ASSESSMENT AT-A-GLANCE**

**Community Health Status Assessment**

Indicator		Michigan	DHD#10	Mason County
Access to Care	No primary care provider		17.4%	12.2%
	Ratio: Primary care physicians	1,240:1		1,140:1
	Ratio: Dentists	1,450:1		1,920:1
	Had to forego care in past year due to costs		12.4%	8.6%
Chronic Disease	High blood pressure		33.4%	34.7%
	High cholesterol		32.2%	28.7%
	Any cardiovascular disease		10.2 %	8.5%
	Diabetes		10.2%	10.7%
	Cancer, non-skin		6.9%	6.9%
	Skin cancer		4.9%	7.0%
Health Disparities	Median household income	\$48,200		\$40,438
	Poverty – all ages	17.0%		15.7%
	Poverty – children ages 0-17	23.7%		26.8%
	College degree	26.4%		20.1%
	Disability, under age 65	10.2%		12.1%
Healthy Lifestyles	Overweight and obesity - adults		66.1%	64.4%
	No leisure time physical activity		32.6%	35.5%
Maternal /Child	Smoked during pregnancy	18.3%		25.2%
	Teen pregnancy	38.3/1,000		42.8/1,000
	Breast feeding initiated	66.1%		42.4%
	Child abuse and neglect	14.7/1,000		28.5/1,000
Mental Health	Poor mental health in past 14 days		12.1%	8.0%
	Ratio: Mental health providers	450:1		340:1
	Suicide rate	13.1/100,000		21.0/100,000
Substance Abuse	Heavy drinker		7.7%	3.3%
	Binge drinking		16.0%	12.6%
Tobacco	Smoking - adults		29.1%	20.8%

Sources: District Health Department #10, US Census Bureau, Michigan Department of Health and Human Services, County Health Rankings.

QUESTION	Mason N=117
<b>What are the most important factors needed for a healthy community?</b>	<ul style="list-style-type: none"> <li>• Access to health care, including primary care, specialty care, behavioral health, or dental care</li> <li>• Good jobs and healthy economy</li> <li>• Affordable housing</li> <li>• Access to affordable, healthy food</li> <li>• Safe neighborhoods</li> </ul>
<b>What are the most important community health problems in the county you live in?</b>	<ul style="list-style-type: none"> <li>• Substance abuse (alcohol, illegal drugs, prescription drugs)</li> <li>• Lack of affordable housing</li> <li>• Lack of access to primary, specialty care, behavioral health or dental care</li> <li>• Chronic disease (heart disease, cancer, stroke)</li> <li>• Mental health issues</li> </ul>

QUESTION	ADULTS	OLDER ADULTS	CHILDREN
<b>What are the problems adults, older adults, and children in your family have in getting health care services?</b>	<ul style="list-style-type: none"> <li>• Health insurance does not cover dental services</li> <li>• Cannot afford visit to doctor, dentist, clinic, and/or hospital</li> <li>• Health insurance has high deductibles/co-pays</li> <li>• Health insurance coverage is limited</li> <li>• Transportation issues</li> </ul>	<ul style="list-style-type: none"> <li>• Cannot afford visit to doctor, dentist, clinic, and/or hospital</li> <li>• Health insurance does not cover dental services</li> <li>• Transportation issues</li> <li>• Health insurance has high deductibles/co-pays</li> <li>• Health insurance coverage is limited</li> </ul>	<ul style="list-style-type: none"> <li>• Cannot afford visit to doctor, dentist, clinic, and/or hospital</li> <li>• Health insurance does not cover dental services</li> <li>• Finding a dentist</li> <li>• Health insurance coverage is limited</li> <li>• ER waiting time</li> </ul>

QUESTION	SELF	IMMEDIATE FAMILY
<p><b>Have you or any member of your immediate family ever been told by a doctor or other health professional that you have any of the following?</b></p>	<ul style="list-style-type: none"> <li>• Arthritis</li> <li>• Vision problems</li> <li>• Overweight/obese</li> <li>• High blood pressure</li> <li>• Chronic pain</li> </ul>	<ul style="list-style-type: none"> <li>• High blood pressure</li> <li>• Vision problems</li> <li>• Arthritis</li> <li>• Overweight/obese</li> <li>• Cancer</li> </ul>

### Community Conversation

FOCUS QUESTION	MASON COUNTY
<p><b>What can we do here to move closer to our vision of a healthy community?</b></p>	<ol style="list-style-type: none"> <li>1. Create an environment that supports healthy lifestyles</li> <li>2. Improve behavioral health and substance abuse treatment through early intervention and trauma informed community approach</li> <li>3. Foster a culture of collaboration</li> <li>4. Increase access to affordable housing</li> <li>5. Improve community education for adults and children</li> <li>6. Provide consistent employment education and training access</li> <li>7. Increase affordable/accessible health care options</li> <li>8. Improve access to public transportation</li> </ol>