

Mecosta County
2016 COMMUNITY HEALTH ASSESSMENT AT-A-GLANCE

Community Health Status Assessment

Indicator		Michigan	DHD#10	Mecosta County
Access to Care	No health care coverage		11.1%	16.7%
	Ratio: Primary care physicians	1,240:1		1,870:1
	Ratio: Dentists	1,450:1		1,880:1
	Had to forego care in past year due to costs		12.4%	12.6%
Chronic Disease	High blood pressure		33.4%	25.4%
	High cholesterol		32.2%	30.9%
	Have had cholesterol checked		74.4%	68.1%
	Lifetime asthma		16.0%	18.1%
	Current asthma		11.0%	14.7%
	Diabetes		10.2%	7.3%
	Cancer, non-skin		6.9%	5.2%
Health Disparities	Median household income	\$48,200		\$39,764
	Poverty – all ages	17.0%		23.6%
	Poverty – children ages 0-17	23.7%		31.6%
	College degree	26.4%		22.2%
Healthy Lifestyles	Overweight and obesity - adults		66.1%	55.4%
	Inadequate fruit and vegetable consumption		83.3%	89.4%
	No leisure time physical activity		32.6%	42.5%
Maternal /Child	Smoked during pregnancy	18.3%		22.5%
	Births with adequate prenatal care	67.5%		62.5%
	Child abuse and neglect	14.7/1,000		29.5/1,000
Mental Health	Poor mental health in past 14 days		12.1%	8.3%
	Rarely/never receive emotional support		6.9%	13.2%
	Ratio: Mental health providers	450:1		790:1
Substance Abuse	Heavy drinker		7.7%	7.0%
	Binge drinking		16.0%	18.9%
	Drug overdose deaths	16/100,000		9/100,000
Tobacco	Smoking - adults		29.1%	31.6%

Sources: District Health Department #10, US Census Bureau, Michigan Department of Health and Human Services, County Health Rankings.

QUESTION	Mecosta N=131
What are the most important factors needed for a healthy community?	<ol style="list-style-type: none"> 1. Access to health care, including primary care, specialty care, behavioral health, or dental care 2. Good jobs and healthy economy 3. Access to affordable, healthy food 4. Affordable housing 5. Safe neighborhoods
What are the most important community health problems in the county you live in?	<ol style="list-style-type: none"> 1. Substance abuse (alcohol, illegal drugs, prescription drugs) 2. Overweight and obesity 3. Lack of access to primary, specialty care, behavioral health or dental care 4. Lack of affordable housing 5. Mental health issues

QUESTION	ADULTS	OLDER ADULTS	CHILDREN
What are the problems adults, older adults, and children in your family have in getting health care services?	<ul style="list-style-type: none"> • Health insurance has high deductibles/co-pays • Health insurance coverage is limited • Health insurance does not cover dental services • Difficult to set appointments • Cannot afford visit to doctor, dentist, clinic, and/or hospital 	<ul style="list-style-type: none"> • Transportation issues • Cannot afford visit to doctor, dentist, clinic, and/or hospital • Health insurance has high deductibles/co-pays • Health insurance coverage is limited • Getting specialist care 	<ul style="list-style-type: none"> • Health insurance has high deductibles/co-pays • Finding a behavioral health provider • Health insurance does not cover dental services • Transportation issues • ER waiting time • Getting specialist care

QUESTION	SELF	IMMEDIATE FAMILY
<p>Have you or any member of your immediate family ever been told by a doctor or other health professional that you have any of the following?</p>	<ul style="list-style-type: none"> • Vision problems • Arthritis • Overweight/obese • High blood pressure • High cholesterol 	<ul style="list-style-type: none"> • High blood pressure • High cholesterol • Asthma • Overweight/obese • Vision problems

Community Conversation

FOCUS QUESTION	MECOSTA COUNTY
<p>What can we do here to move closer to our vision of a healthy community?</p>	<ol style="list-style-type: none"> 1. Increase access to healthy sustainable nutrition and recreation 2. Expand affordable health care for all 3. Expand services for substance abuse and mental health clients and families 4. Make youth #1 priority 5. Expand collective impact community wide 6. Expand safe, affordable transportation to all 7. Attract corporations for sustainable job growth 8. Develop safe affordable housing for all