

Newaygo County
2016 COMMUNITY HEALTH ASSESSMENT AT-A-GLANCE

Community Health Status Assessment

Indicator		Michigan	DHD#10	Newaygo County
Access to Care	No primary care provider		17.4%	10.7%
	Ratio: Primary care physicians	1,240:1		2,290:1
	Ratio: Dentists	1,450:1		2,000:1
	Had to forego care in past year due to costs		12.4%	8.3%
Chronic Disease	High blood pressure		33.4%	33.5%
	High cholesterol		32.2%	31.5%
	Stroke		3.0%	5.5%
	Diabetes		10.2%	10.8%
	Cancer, non-skin		6.9%	7.5%
Health Disparities	Median household income	\$48,200		\$43,238
	Poverty – all ages	17.0%		17.2%
	Poverty – children ages 0-17	23.7%		26.1%
	High school graduate	86.0%		89.3%
	College degree	26.4%		13.0%
Healthy Lifestyles	Overweight and obesity - adults		66.1%	63.4%
	Overweight and obesity - youth			35.4%
	Inadequate fruit and vegetable consumption		83.3%	85.8%
	No leisure time physical activity		32.6%	42.5%
Maternal /Child	Smoked during pregnancy	18.3%		25.5%
	Teen pregnancy	38.3/1,000		35.4/1,000
Mental Health	Poor mental health in past 14 days		12.1%	8.7%
	Ratio: Mental health providers	450:1		680:1
	Suicide rate		13.1/100,000	16.7/100,000
Substance Abuse	Marijuana use in past 30 days - youth			13.1%
	Alcohol use in past 30 days - youth			15.8%
	Drug overdose deaths	16/100,000		9/100,000
Tobacco Use	Smoking - adults		29.1%	26.0%
	Smoked cigarettes in past 30 days – youth			8.2%
	E-cigarette use in past 30 days - youth			12.5%

Sources: District Health Department #10, US Census Bureau, Michigan Department of Health and Human Services, Michigan Profile for Healthy Youth, County Health Rankings.

QUESTION	Newaygo N=104
What are the most important factors needed for a healthy community?	<ol style="list-style-type: none"> 1. Access to health care, including primary care, specialty care, behavioral health, or dental care 2. Access to affordable, healthy food 3. Good jobs and healthy economy 4. Good schools/ high value on education 5. Strong family life
What are the most important community health problems in the county you live in?	<ol style="list-style-type: none"> 1. Overweight and obesity 2. Substance abuse (alcohol, illegal drugs, prescription drugs) 3. Lack of access to primary, specialty care, behavioral health or dental care 4. Mental health issues 5. Chronic disease (heart disease, cancer, stroke)

QUESTION	ADULTS	OLDER ADULTS	CHILDREN
What are the problems adults, older adults, and children in your family have in getting health care services?	<ul style="list-style-type: none"> • Health insurance has high deductibles/co-pays • Cannot afford visit to doctor, dentist, clinic, and/or hospital • Health insurance coverage is limited • Difficult to set appointments • Finding a dentist 	<ul style="list-style-type: none"> • Cannot afford visit to doctor, dentist, clinic, and/or hospital • Health insurance coverage is limited • Health insurance has high deductibles/co-pays • Transportation issues • Health insurance does not cover dental services 	<ul style="list-style-type: none"> • Cannot afford visit to doctor, dentist, clinic, and/or hospital • Difficult to set appointments • Finding a behavioral health provider • Health insurance coverage is limited • Health insurance has high deductibles/co-pays

QUESTION	SELF	IMMEDIATE FAMILY
<p>Have you or any member of your immediate family ever been told by a doctor or other health professional that you have any of the following?</p>	<ul style="list-style-type: none"> • Overweight/obese • Vision problems • High blood pressure • High cholesterol • Chronic pain 	<ul style="list-style-type: none"> • High blood pressure • Overweight/obese • High cholesterol • Vision problems • Arthritis

Community Conversation

FOCUS QUESTION	NEWAYGO COUNTY
<p>What can we do here to move closer to our vision of a healthy community?</p>	<ol style="list-style-type: none"> 1. Catalyzing improvements in community policy, systems, and environmental change 2. Integrate behavioral, physical, social health and addiction systems 3. Create opportunities for healthy eating 4. Create opportunities for physical activity 5. Decrease teen pregnancy 6. Address primary care access and shortages