



TIME FOR FLU SHOTS District Health Department #10 Offering Flu Clinics

September 19, 2018— District Health Department #10 (DHD#10) is helping communities prepare for the upcoming flu season by offering flu vaccines to children, adults, and seniors. Flu season is unpredictable - even healthy people can become seriously ill. The best way to protect you and your family against influenza is to get an annual flu vaccine and the time to do so is now.

The DHD#10 flu clinics in your area are:

DHD#10 Mecosta 14485 Northland Dr October 10th 9:15-11:45 am. and 1-4:15 pm. October 24th 9:15-11:45 am. and 1-4:15 pm. October 29th 9:15-11:45 am. November 2nd 9:15-11:45 am. and 1-4:15 pm. November 11th 9:15-11:45 am. November 26th 9:15-11:45 am December 7th 9:15-11:45 am. and 1-4:15 pm.

Mecosta County Commission on Aging 12954 80th Ave. September 28th 9:00am-12:00pm and 1:00-3:00

Wheatland Twp. Hall 201 S. Sheridan Rd. October 3rd 9:00am-12:00pm and 1:00-3:00

Highland Haus-Canadian Lakes 11560 Belle Isle Dr. October 12th 9:00am-12:00pm and 1:00-3:00

Green Charter Twp. Hall 21431 Northland Dr. October 19th 9:00am-12:00pm and 1:00-3:00



MEDIA CONTACT

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COUNTIES SERVED:

Crawford Kalkaska Lake Manistee Mason Mecosta Missaukee Newaygo Oceana Wexford



www.dhd10.org



www.facebook.com/DHD10

Many health insurance plans now cover the cost of flu vaccines. If not, DHD#10 may be able to help through Vaccines for Children (VFC) or other programs. DHD#10 will bill Medicare or Medicare Health Plans (only for flu, pneumococcal, and PCV13 vaccinations), Medicaid, Medicaid Health Plans, Priority Health, Blue Cross Blue Shield, Blue Care Network (excludes Mercy Partnered Plans), Cigna, McLaren Commercial, ASR, and United Health Care with an insurance card present at the time of appointment. It is important to be aware of your insurance benefit rules. The cost for the seasonal flu vaccination without insurance is \$38. High dose and preservative-free flu shots are available for \$41.

For more information or to schedule an appointment, call DHD#10 at 231-873-2193 or visit www.dhd10.org/locate-flu-clinic.

About DHD #10

District Health Department #10 (DHD #10) is Michigan's largest geographical health department, mandated to promote and protect the public from unsafe and hazardous conditions and provide methods of promoting good health and disease prevention. Some of the vital programs provided by DHD #10 include Immunizations, Infectious Disease Control, STI Testing and Counseling, WIC, Maternal Infant Health Program, Healthy Families Northern Michigan, Children's Special Health Services, Hearing and Vision Screening, Family Planning, Cancer Screening, Worksite Wellness, Smoking Cessation, Substance Use Prevention, Chronic Disease Prevention, and Environmental Health Services. DHD #10 serves Crawford, Kalkaska, Lake, Manistee, Mason, Mecosta, Missaukee, Newaygo, Oceana, and Wexford counties. For more information, visit www.dhd10.org.

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