

NATIONAL DRUG AND ALCOHOL FACTS WEEK 2019

January 17, 2019 – District Health Department #10 is joining forces with organizations across the United States to promote “[National Drug and Alcohol Facts Week®](#)” (NDAFW). The week-long health observance, organized by the [National Institute on Drug Abuse](#) (NIDA) and the [National Institute on Alcohol Abuse and Alcoholism](#) (NIAAA), both part of the [National Institutes of Health](#), takes place January 22-27 of this year.

NDAFW was established as a campaign for teens, to give them a space (virtual or physical) to ask questions about drugs and alcohol and to get scientific answers from experts. While drugs can put a teenager’s health and life in jeopardy, many teens are not aware of the risks. Even for those teens who do *not* abuse drugs, many have friends or family who do, and they are often looking for ways to help them.

“We want teens to have the opportunity to learn what science has taught us about drug abuse, alcohol, and addiction,” said Katie Miller, coordinator for The Leeward Initiative, and prevention staff in Mason County. “There are so many myths about drugs and alcohol cluttering our popular culture. [National Drug and Alcohol Facts Week®](#) is for teens to get honest answers about drugs so they can make good, informed decisions for themselves. It is also a tool to help inform parents, so they feel equipped to start a conversation with their kids.”

As part of the NDAFW celebration, schools throughout the nation are encouraged to get involved, by hosting their own events or by participating in discussions and conversations throughout the week. Parents can join the conversation surrounding NDAFW through the hashtag #NDAFW2019 and stay informed about drug and alcohol facts and events in their community by following the campaign on Facebook, or by reaching out to local DHD#10 prevention staff.

To learn more, visit:

http://www.cdc.gov/HealthyYouth/yrbs/state_district_comparisons.htm,

<http://oas.samhsa.gov/statesList.cfm>

<https://www.drugabuse.gov/news-events/public-education-projects/national-drug-alcohol-facts-weekr>

District Health Department #10 Prevention Contacts:

- **Qur’an Griffin**- Lake County, (231) 368-1051, qgriffin@dhd10.org
- **Katie Miller**- Mason County, (231) 316-8567, [kmiller@dhd10.org](mailto:kmilller@dhd10.org)
- **Kortni Garcia**- Oceana County, (231) 902-8539, kgarcia@dhd10.org
- **Katie Jourdan**- Oceana County, (231) 902-8528, kjourdan@dhd10.org
- **Angie Gullekson**- Wexford and Missaukee Counties, (231) 876-3813, agullekson@dhd10.org

MEDIA CONTACT:
Jeannine Taylor
Communications/PIO
521 Cobb St.
Cadillac, MI 49601
O: 231-876-3823
C: 231-920-4998
jtaylor@dhd10.org



COUNTIES SERVED:

Crawford
Kalkaska
Lake
Manistee
Mason
Mecosta
Missaukee
Newaygo
Oceana
Wexford



P: 888-217-3904



www.dhd10.org



[healthdept10](https://www.facebook.com/healthdept10)

About DHD #10

District Health Department #10 (DHD #10) is Michigan's largest geographical health department, mandated to promote and protect the public from unsafe and hazardous conditions and provide methods of promoting good health and disease prevention. Some of the vital programs provided by DHD #10 include Immunizations, Infectious Disease Control, STI Testing and Counseling, WIC, Children's Special Health Services, Hearing and Vision Screening, Family Planning, Cancer Screening, Worksite Wellness, Smoking Cessation, Substance Use Prevention, Chronic Disease Prevention, and Environmental Health Services. DHD #10 serves Crawford, Kalkaska, Lake, Manistee, Mason, Mecosta, Missaukee, Newaygo, Oceana, and Wexford counties. For more information, visit www.dhd10.org.

###