

## OVER 50? GET SCREENED FOR COLORECTAL CANCER March is Colorectal Cancer Awareness Month

March 20, 2019 – Colorectal cancer often causes no signs or symptoms in its early stages. Screening starting at age 50 is vital for both prevention and detection of colorectal cancer, the third most common cancer in the United States.

March is Colorectal Cancer Awareness Month and District Health Department #10 (DHD#10) is reminding community members to get screened. Screenings are covered by most health plans. People without health coverage or insufficient coverage may be eligible for screenings at no cost as part of the Michigan Colorectal Cancer Early Detection Program.

"It is important that you not delay screening for colorectal cancer if you are 50 years old or older," states DHD#10 Medical Director, Dr. Jennifer Morse. "It is the second leading cause of death from cancer." People age 50 and older are at the highest risk and should be screened every 5-10 years. People may also be at higher risk if they are African American or smoke. Certain risk factors, such as a family history of colorectal cancer, may indicate a need to start screenings at a younger age.

For more information about the Michigan Colorectal Cancer Early Detection Program, visit MDHHS or contact District Health Department #10 in your area.

## About DHD #10

District Health Department #10 (DHD #10) is Michigan's largest geographical health department, mandated to promote and protect the public from unsafe and hazardous conditions and provide methods of promoting good health and disease prevention. Some of the vital programs provided by DHD #10 include Immunizations, Infectious Disease Control, STI Testing and Counseling, WIC, Maternal Infant Health Program, Healthy Families Northern Michigan, Children's Special Health Services, Hearing and Vision Screening, Family Planning, Cancer Screening, Worksite Wellness, Smoking Cessation, Substance Use Prevention, Chronic Disease Prevention, and Environmental Health Services. DHD #10 serves Crawford, Kalkaska, Lake, Manistee, Mason, Mecosta, Missaukee, Newaygo, Oceana, and Wexford counties. For more information, visit www.dhd10.org.

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## **COUNTIES SERVED:**

Crawford Kalkaska Lake Manistee Mason Mecosta Missaukee Newaygo Oceana Wexford





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