



## AUGUST: BACK TO SCHOOL AND IMMUNIZATIONS

July 30, 2019- Across the country, August is celebrated as National Immunization Awareness Month (NIAM). With the return to school quickly approaching, this is the perfect time to highlight the importance of receiving immunizations throughout all stages of life, not just infancy and early childhood.

District Health Department #10 (DHD#10) wants to remind you that you have the power to protect yourself, your family, and the community from serious disease by choosing to receive and stay up to date on immunizations.

Not sure if you or your family are up to date on recommended immunizations? Talk to your doctor, nurse, health care provider or local health department. "It's important to make this your top priority as children head back to school, their friends, and to the potentially dangerous infections waiting for them... take the initiative to protect yourself and those around you from the spread of serious diseases" said Robin Walicki, DHD#10's Immunization Coordinator.

Did you know:

- Immunizations can protect children from 14 serious diseases before they turn two years old
- Immunizations are safe and effective
- During teenager and young adult years, some childhood vaccines begin to wear off
- Immunizations are the single most powerful, cost-effective public health intervention developed- saving families time and money
- Immunizations protect future generations by reducing the prevalence of diseases
- Immunizations protect everyone around you: family, friends, and strangers

For more information about immunizations at all stages of life visit:

[www.dhd10.org/programs-services/#i](http://www.dhd10.org/programs-services/#i) or [www.cdc.gov/vaccines/](http://www.cdc.gov/vaccines/)

### About DHD #10

District Health Department #10 (DHD #10) is Michigan's largest geographical health department, mandated to promote and protect the public from unsafe and hazardous conditions and provide methods of promoting good health and disease prevention. Some of the vital programs provided by DHD #10 include Immunizations, Infectious Disease Control, STI Testing and Counseling, WIC, Maternal Infant Health Program, Healthy Families Northern Michigan, Children's Special Health Services, Hearing and Vision Screening, Family Planning, Cancer Screening, Worksite Wellness, Smoking Cessation, Substance Use Prevention, Chronic Disease Prevention, and Environmental Health Services. DHD #10 serves Crawford, Kalkaska, Lake, Manistee, Mason, Mecosta, Missaukee, Newaygo, Oceana, and Wexford counties. For more information, visit [www.dhd10.org](http://www.dhd10.org).

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#### MEDIA CONTACT

Jeannine Taylor  
Public Information Officer  
O: 231-876-3823  
C: 231-920-4998  
E: [jtaylor@dhd10.org](mailto:jtaylor@dhd10.org)



#### COUNTIES SERVED:

Crawford  
Kalkaska  
Lake  
Manistee  
Mason  
Mecosta  
Missaukee  
Newaygo  
Oceana  
Wexford



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