

## TIME FOR FLU SHOTS

### District Health Department #10 Offering Flu Clinics

District Health Department #10 (DHD#10) is helping communities prepare for the upcoming flu season by offering flu vaccines to children, adults, and seniors. Flu season is unpredictable - even healthy people can become seriously ill. The best way to protect you and your family against influenza is to get an annual flu vaccine and the time to do so is now.

The DHD#10 walk-in flu clinics in your area is:

Peacock Senior Center  
4240 W. 4 Mile Road  
Irons, MI  
Friday, October 11, 2019  
10:00 a.m.-12:00 p.m.

Luther Lions Club  
1003 N. State  
Luther, MI  
Friday, October 25, 2019  
11:00 a.m.- 1:00 p.m.

The cost for the seasonal flu vaccination without insurance is \$37. High dose and preservative-free flu shots are available for \$42.

Many health insurance plans now cover the cost of flu vaccines. If not, DHD#10 may be able to help through Vaccines for Children (VFC) or other programs. DHD#10 will bill Medicare or Medicare Health Plans (only for flu, pneumococcal, and PCV13 vaccinations), Medicaid, Medicaid Health Plans, Priority Health, Blue Cross Blue Shield, Blue Care Network (excludes Mercy Partnered Plans), Cigna, McLaren Commercial, ASR, TRICARE and United Health Care with an insurance card present at the time of appointment. It is important to be aware of your insurance benefit rules.

For more information visit [www.dhd10.org/locate-flu-clinic](http://www.dhd10.org/locate-flu-clinic).

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#### MEDIA CONTACT

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#### COUNTIES SERVED:

Crawford  
Kalkaska  
Lake  
Manistee  
Mason  
Mecosta  
Missaukee  
Newaygo  
Oceana  
Wexford



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