

MANISTEE FOOD PANTRIES AND WORKSITES RECEIVE SUMMER GRANTS

Manistee County, MI | September 24, 2019- Recently, there have been some exciting changes happening within the walls of Divine Mercy Parish Mathew 25:35, Lakeview Church of the Brethren, Bear Lake Methodist Church, Centra Wellness Network, and Munson Healthcare Manistee Hospital in Manistee County.

Divine Mercy Parish, Lakeview Church of the Brethren, and Bear Lake Methodist Church food pantries received a Building Healthy Communities (BHC) grant earlier this summer totaling \$6,000.

BHC looks to help local organizations create a sustainable healthy behavior, environmental, or policy change that increases healthy foods offered and provides education on healthy lifestyles and choices.

Centra Wellness Network and Munson Healthcare Manistee Hospital received a separate Getting to the Heart of the Matter (GTHM) grant also totaling \$6,000.

GTHM looks to help local employers create sustainable changes within their organizations to boost their worksite wellness programs for employees.

District Health Department #10 (DHD#10) worked with these five sites to assess their current environment and policies to identify areas of needed improvement and created an action plan to implement sustainable change. With the approval of their action plans, the five sites were able to purchase materials to give a healthy boost to their organizations.

Both the BHC and GTHM grants were coordinated by District Health Department #10 and received from Health Department of Northwest Michigan.

Purchases:

Lakeview Church of the Brethren- educational materials and displays, bins for displaying seasonal produce, "MoreMatters" insulated thermal bags and a new Food Pantry sign with healthy messaging

Bear Lake Methodist Church- educational signage, materials and displays, low sodium tags for food and an upright Freezer

Divine Mercy Parish Mathew 25:35 Food Pantry- healthy eating educational materials and displays, mailing supplies, and a social media Facebook post blast.

Centra Wellness Network & Munson Healthcare Manistee Hospital- employee wellness educational materials, educational signage, smoothie makers, yoga mats and covered the cost to offer onsite yoga, meditation, and stress reduction classes.



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COUNTIES SERVED:

Crawford
Kalkaska
Lake
Manistee
Mason
Mecosta
Missaukee
Newaygo
Oceana
Wexford



www.dhd10.org

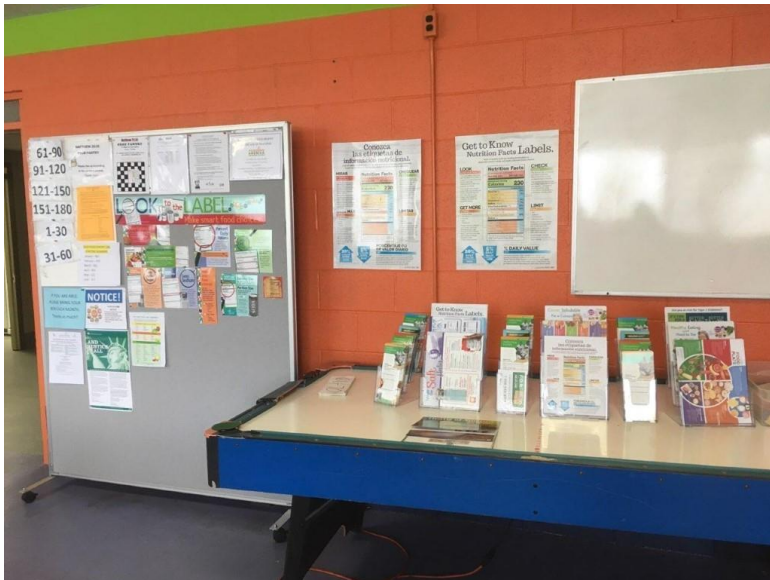


www.facebook.com/DHD10

About DHD #10

District Health Department #10 (DHD #10) is Michigan's largest geographical health department, mandated to promote and protect the public from unsafe and hazardous conditions and provide methods of promoting good health and disease prevention. Some of the vital programs provided by DHD #10 include Immunizations, Infectious Disease Control, STI Testing and Counseling, WIC, Maternal Infant Health Program, Healthy Families Northern Michigan, Children's Special Health Services, Hearing and Vision Screening, Family Planning, Cancer Screening, Worksite Wellness, Smoking Cessation, Substance Use Prevention, Chronic Disease Prevention, and Environmental Health Services. DHD #10 serves Crawford, Kalkaska, Lake, Manistee, Mason, Mecosta, Missaukee, Newaygo, Oceana, and Wexford counties. For more information, visit www.dhd10.org.

IMAGES BELOW:



Divine Mercy Parish Mathew 25:35
Food Pantry: Educational Materials
and Displays



Lakeview Church of the Brethren:
New Signage

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