

OCEANA COUNTY COUNCIL ON AGING RECEIVES BUILDING HEALTHY COMMUNITIES GRANT FUNDING FOR THE SECOND YEAR IN A ROW

Oceana County, MI | September 27, 2019- The Oceana County Council on Aging (OCCOA) has some exciting changes coming up within the next few months, and we aren't just talking about their much-anticipated move to a new building.

For the second year in a row, thanks to a Building Healthy Communities grant coordinated by District Health Department #10 (DHD#10) from Health Department of Northwest Michigan, OCCOA received \$1,000 to enhance the health and wellness of those who enjoy the Council on Aging.

Building Healthy Communities looks to help local organizations create a sustainable healthy behavior, environmental, or policy change that increases healthy foods offered and provides education on healthy lifestyles and choices.

DHD#10 partnered with OCCOA to assess their current food environment and develop an action plan to implement a sustainable change. With the approval of their action plan, the OCCOA was able to purchase a mobile rolling food and storage cabinet to enhance their breakfast bar and meal program serving capacity as well as allow for additional food preparation and demonstration space for healthy food programming to seniors.

About DHD #10

District Health Department #10 (DHD #10) is Michigan's largest geographical health department, mandated to promote and protect the public from unsafe and hazardous conditions and provide methods of promoting good health and disease prevention. Some of the vital programs provided by DHD #10 include Immunizations, Infectious Disease Control, STI Testing and Counseling, WIC, Maternal Infant Health Program, Healthy Families Northern Michigan, Children's Special Health Services, Hearing and Vision Screening, Family Planning, Cancer Screening, Worksite Wellness, Smoking Cessation, Substance Use Prevention, Chronic Disease Prevention, and Environmental Health Services. DHD #10 serves Crawford, Kalkaska, Lake, Manistee, Mason, Mecosta, Missaukee, Newaygo, Oceana, and Wexford counties. For more information, visit www.dhd10.org.

IMAGES BELOW:



MEDIA CONTACT

Jeannine Taylor
Public Information Officer
O: 231-876-3823
C: 231-920-4998
E: jtaylor@dhd10.org



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Kalkaska
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Images of the new mobile rolling food cart at the Oceana County Council on Aging.

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