



## MASON COUNTY FOOD PANTRY AND SENIOR CENTERS RECEIVE BUILDING HEALTHY COMMUNITIES GRANT FUNDING

Mason County, MI | September 10, 2019- Recently, there have been some exciting changes happening within the walls of Caritas Food Pantry, Free Soil Area Senior Center, Ludington Area Senior Center, and Tallman Lake Senior Center in Mason County.

Thanks to a Building Healthy Communities grant, coordinated by District Health Department #10 (DHD#10) from Health Department of Northwest Michigan, a total of \$7,500 was received between the four locations earlier this summer.

Building Healthy Communities looks to help local organizations create a sustainable healthy behavior, environmental, or policy change that increases healthy foods offered and provides education on healthy lifestyles and choices.

DHD#10 partnered with each of these sites to assess their current food environment and develop an action plan to implement a sustainable change. With the approval of their action plans, the four sites were able to purchase materials that helped place and promote messaging campaigns that increase the awareness of healthy items and limit unhealthy messaging throughout their organization.

### Purchases:

#### Caritas Food Pantry-

- Educational materials and food displays for produce

#### Free Soil Senior Center-

- A cold & hot water dispenser, new cookware, educational materials, and fresh local produce for taste testing

#### Tallman Lake Senior Center-

- A new microwave and refrigerator, "MoreMatters" insulated bags, "MyPlate" mugs, and educational materials and displays

#### Ludington Area Senior Center-

- Two new coolers, a cutting board set, six glass water bottles, two coffee carafes, a juicer, a three-tank beverage dispenser, a food prep worktable, and educational materials and displays



### MEDIA CONTACT

Jeannine Taylor  
Public Information Officer  
O: 231-876-3823  
C: 231-920-4998  
E: jtaylor@dhd10.org



### COUNTIES SERVED:

Crawford  
Kalkaska  
Lake  
Manistee  
Mason  
Mecosta  
Missaukee  
Newaygo  
Oceana  
Wexford



[www.dhd10.org](http://www.dhd10.org)



[www.facebook.com/DHD10](https://www.facebook.com/DHD10)

### About DHD #10

District Health Department #10 (DHD #10) is Michigan's largest geographical health department, mandated to promote and protect the public from unsafe and hazardous conditions and provide methods of promoting good health and disease prevention. Some of the vital programs provided by DHD #10 include Immunizations, Infectious Disease Control, STI Testing and Counseling, WIC, Maternal Infant Health Program, Healthy Families Northern Michigan, Children's Special Health Services, Hearing and Vision Screening, Family Planning, Cancer Screening, Worksite Wellness, Smoking Cessation, Substance Use Prevention, Chronic Disease Prevention, and Environmental Health Services. DHD #10 serves Crawford, Kalkaska, Lake, Manistee, Mason, Mecosta, Missaukee, Newaygo, Oceana, and Wexford counties. For more information, visit [www.dhd10.org](http://www.dhd10.org).

### IMAGES BELOW:

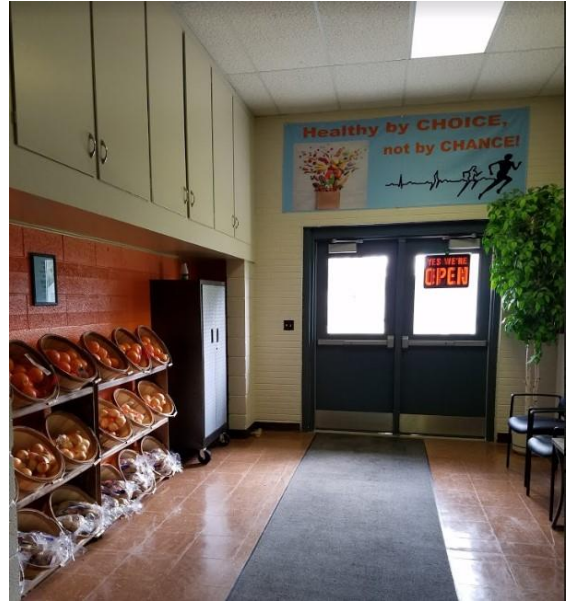
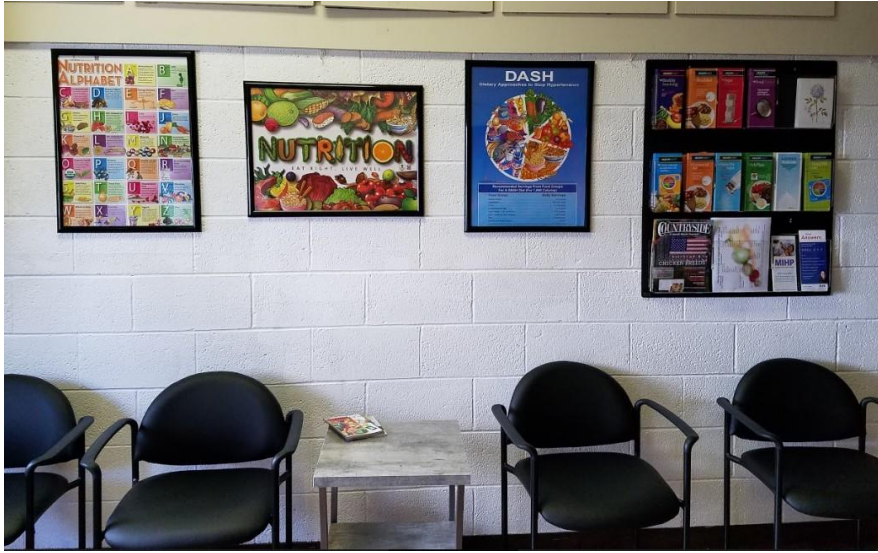
Ludington Area Senior Center Purchase



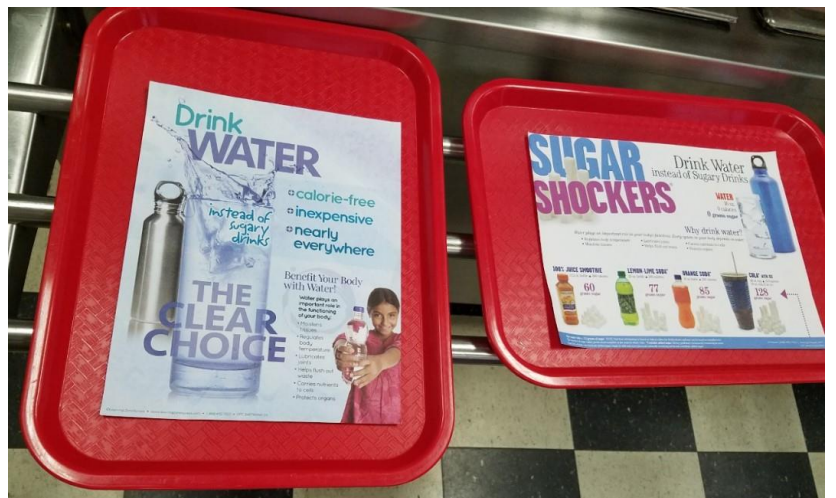
Tallman Lake Senior Center



### Caritas Food Pantry Purchases



### Free Soil Area Senior Center



###