

NATIONAL HEALTH EDUCATION WEEK 2019

October 14, 2019 | October 21-25, 2019 is National Health Education Week (NHEW)! Join District Health Department #10 (DHD#10) and the Society for Public Health Education (SOPHE) in celebrating health education specialists and highlighting the work they do in their communities!

Health education specialists offer knowledge, skills, and training that complement health care providers, policy makers, educational experts, human resource personnel and many other professionals whose work impacts human health.

During the week, health education specialists and public health advocates will bring awareness to various contemporary health issues and how health education specialists work to solve them. There are many environments and professional settings where health education specialists work, but all health education specialists work toward one goal: creating healthier lives, in schools, worksites, and communities.

The overall theme for this year is **“Elevating Health for All”** while the individual themes for the week are as followed:

- Monday, October 21 – **“Championing health for vulnerable populations,”**
- Tuesday, October 22 – **“Elevating Health for All,”**
- Wednesday, October 23 - **“School Health: Social Emotional Learning,”**
- Thursday, October 24 – **“Digital Health: Curbing misinformation by spreading true health education messages,”**
- Friday, October 25 - **“Health Equity: Celebrating 20 years of REACH.”**

Each theme has a planned event that can be found at <http://www.sophe.org/focus-areas/national-health-education-week/>.

DHD#10 would like to recognize our very own extremely talented team of health educators who spend countless hours in their communities educating the public on health issues:

Angela Gullekson, Caitlin Hills, Christy Rivette, Donna Norkoli, Elizabeth Johnson, Erin Barrett, Holly Joseph, Jen Hansen, Karen Ripke, Katie Haner, Katie Jourdan, Katie Miller, Katy Bies, Kortni Garcia, Lacey Morris, Melanie Perry, Quran Griffin, Sally Mellema, Sarah Oleniczak and Zoey Thayer.

Thank you, ladies, for everything you do for health education in your communities!

About NHEW

NHEW is celebrated annually during the third week of October and focuses national attention on a major public health issue, provides public education, and improves consumer understanding of health education’s role in promoting the public’s health. NHEW is recognized by the U.S. Department of Health and Human Services.



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About SOPHE

The Society of Public Health Education (SOPHE) is a non-profit professional organization founded in 1950 to provide global leadership to the profession of health education and health promotion and to promote the health of society. SOPHE's 4,000 international and chapter members work in various public and private organizations to advance health education theory and research, develop disease prevention and health promotion programs, and promote public policies conducive to health. For more information, go to www.sophe.org.

About DHD #10

District Health Department #10 (DHD #10) is Michigan's largest geographical health department, mandated to promote and protect the public from unsafe and hazardous conditions and provide methods of promoting good health and disease prevention. Some of the vital programs provided by DHD #10 include Immunizations, Infectious Disease Control, STI Testing and Counseling, WIC, Maternal Infant Health Program, Healthy Families Northern Michigan, Children's Special Health Services, Hearing and Vision Screening, Family Planning, Cancer Screening, Worksite Wellness, Smoking Cessation, Substance Use Prevention, Chronic Disease Prevention, and Environmental Health Services. DHD #10 serves Crawford, Kalkaska, Lake, Manistee, Mason, Mecosta, Missaukee, Newaygo, Oceana, and Wexford counties. For more information, visit www.dhd10.org.

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