

UPDATE ON TESTING AND MONITORING FOR COVID-19 IN DISTRICT HEALTH DEPARTMENT #10 JURISDICTION

No positive cases to report

March 15, 2020 – District Health Department #10 (DHD#10) reports the most current numbers within our ten-county jurisdiction for testing and monitoring of COVID-19, including Crawford, Kalkaska, Lake, Manistee, Mason, Mecosta, Missaukee, Newaygo, Oceana, and Wexford Counties.

- 34 people so far were evaluated for COVID-19 in our jurisdiction
- 5 had flu or other reasons for not being tested for COVID-19
- 29 were tested for COVID-19
- 7 results are negative
- 22 are still pending at the state lab

DHD#10 will update this information daily on our website at www.dhd10.org.

Prevention

There is currently no vaccine to prevent coronavirus disease 2019 (COVID-19). The best way to prevent illness is to avoid being exposed to this virus. Information from Centers for Disease Control and Prevention (CDC) is available in [English](#), [Chinese](#), and [Spanish](#).

- **Clean your hands often. Scrub with soap for at least 20 seconds. Use hand sanitizer if you cannot wash.**
- **Avoid close contact with people who are sick.**
- **Stay home when you are sick**, except to get medical care. Call ahead before going to your healthcare provider. Learn [what to do if you are sick](#).
- **Cover your cough or sneeze** with a tissue, then throw the tissue in the trash. Immediately wash your hands.
- **Clean and disinfect frequently touched surfaces.**

Older adults and people who have severe underlying chronic medical conditions like heart or lung disease or diabetes seem to be at higher risk for developing more serious complications from COVID-19 illness. [View additional prevention steps from CDC](#) for people at higher risk. Consult with your health care provider for more steps you may be able to take to protect yourself.

Governor Whitmer [announced community mitigation recommendations](#) for individuals, facilities, schools, workplaces, community organizations, and other mass events on March 11. District Health Department #10 fully supports the Governor's recommendations and encourages local individuals and entities to implement them or take additional steps, as is feasible.



MEDIA CONTACT

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COUNTIES SERVED:

Crawford
Kalkaska
Lake
Manistee
Mason
Mecosta
Missaukee
Newaygo
Oceana
Wexford



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Patients with confirmed infection have reported mild to severe respiratory illness with symptoms of:

- Fever
- Cough
- Shortness of breath
- Pneumonia

If you are experiencing these symptoms and suspect you may have COVID-19 or were exposed to someone with the virus, please contact your medical provider for further assistance.

The Michigan Department of Health and Human Services (MDHHS) recently announced the launch of a statewide hotline to respond to health-related questions about coronavirus disease 2019 (COVID-19). The hotline will be open seven days a week from 8 a.m. to 5 p.m. at **1-888-535-6136**. You can also send questions to info@dhd10.org.

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