

## **UPCOMING EASTER FESTIVITIES AND COVID-19**

April 9, 2020- Governor Whitmer's 'Stay Home, Stay Safe' executive order was put in place on March 24, 2020, to protect the livelihood of Michiganders everywhere.

On most days, this order is fairly easy to follow if you have the mindset that you are not 'stuck at home', but rather 'safe at home'. The sting comes when family traditions, birthdays, holidays, and gatherings are not able to be conducted as usual.

District Health Department #10 (DHD#10) reminds everyone that we must continue to follow social distancing guidelines and stay at home, even when it's hard. "People must be sure to protect themselves, their neighbors, and their loved one," said Kevin Hughes, Health Officer for DHD#10. "We know that COVID-19 can spread even before a person shows signs of illness; therefore, it is important to avoid contact with family, friends or anyone who does not live with you."

In the interest of others, we urge you to continue avoiding gathering with those outside your immediate household for Easter, including special events like Sunday services, egg hunts, parades, and dinners. Remember, just because you can't connect physically, doesn't mean you can't connect at all. Connecting with friends or family virtually is becoming easier and easier. Simply set up a time to be online together as you partake in the holiday.

For more information about COVID-19, go to: <a href="https://www.dhd10.org">www.michigan.gov/coronavirus</a>, or <a href="https://www.cdc.com/coronavirus">www.cdc.com/coronavirus</a>

## About DHD #10

District Health Department #10 (DHD #10) is Michigan's largest geographical health department, mandated to promote and protect the public from unsafe and hazardous conditions and provide methods of promoting good health and disease prevention. Some of the vital programs provided by DHD #10 include Immunizations, Infectious Disease Control, STI Testing and Counseling, WIC, Maternal Infant Health Program, Healthy Families of Northern Michigan, Children's Special Health Services, Hearing and Vision Screening, Family Planning, Cancer Screening, Worksite Wellness, Smoking Cessation, Substance Use Prevention, Chronic Disease Prevention, and Environmental Health Services. DHD #10 serves Crawford, Kalkaska, Lake, Manistee, Mason, Mecosta, Missaukee, Newaygo, Oceana, and Wexford counties. For more information, visit <a href="https://www.dhd10.org">www.dhd10.org</a>.

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## MEDIA CONTACT

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## **COUNTIES SERVED:**

Crawford Kalkaska Lake Manistee Mason Mecosta Missaukee Newaygo Oceana Wexford





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