

SECURE YOUR MEDS

A call for Americans to keep their prescription medications safe

April 30, 2020 – As Michiganders continue to follow Governor Whitmer’s ‘Stay Home, Stay Safe’ executive order due to COVID-19, The Drug Enforcement Administration and District Health Department #10 (DHD#10) are asking individuals to be especially proactive in keeping prescription medications safe and secure in their homes.

Prescription drug abuse in the United States is alarmingly high, as is the number of accidental poisonings and overdoses. Studies have shown that a majority of abused prescription drugs are obtained from family and friends, including from the home medicine cabinet.

“We are encouraging people to take the time while they’re home to secure their medicine cabinets. Take any unused, unwanted, or expired medications and lock them up until they can be properly disposed of later,” said Jen Hansen, Community Health Supervisor for DHD#10.

DHD#10 has several substance abuse prevention specialists to contact for questions, including:

- **Katie Miller**- Community Health Coordinator, Mason, (231) 316-8567
- **Qur’an Griffin**- Health Educator, Lake, (231) 368-1051
- **Kortni Garcia**- Health Educator, Oceana, (231) 902-8539
- **Angie Gullekson**- Health Educator, Wexford & Missaukee, (231) 876-3813

About DHD #10

District Health Department #10 (DHD #10) is Michigan's largest geographical health department, mandated to promote and protect the public from unsafe and hazardous conditions and provide methods of promoting good health and disease prevention. Some of the vital programs provided by DHD #10 include Immunizations, Infectious Disease Control, STI Testing and Counseling, WIC, Children's Special Health Services, Hearing and Vision Screening, Family Planning, Cancer Screening, Worksite Wellness, Smoking Cessation, Substance Use Prevention, Chronic Disease Prevention, and Environmental Health Services. DHD #10 serves Crawford, Kalkaska, Lake, Manistee, Mason, Mecosta, Missaukee, Newaygo, Oceana, and Wexford counties. For more information, visit www.dhd10.org.

###



MEDIA CONTACT

Jeannine Taylor
Public Information Officer
O: 231-876-3823
C: 231-920-4998
E: jtaylor@dhd10.org



COUNTIES SERVED:

Crawford
Kalkaska
Lake
Manistee
Mason
Mecosta
Missaukee
Newaygo
Oceana
Wexford



www.dhd10.org



www.facebook.com/DHD10