

SENIOR MEALS PROGRAMS AVAILABLE DURING COVID-19

Meals can still be provided safely in Michigan

April 10, 2020- The State of Michigan has recently received over 7.5 million dollars from the federal government to help provide meals to older adults during the COVID-19 pandemic.

As people are practicing social distancing, many meal sites and caregivers have become unavailable to seniors, increasing the need for meal delivery services. Because of this, the government signed into law the [Families First Coronavirus Response Act](#) on March 18. This act provides additional funds to nutrition service programs, like meal services, authorized by the Older Americans Act of 1965.

Any Michigan resident, over the age of 60, may be provided meals through home delivery and pick up services during the pandemic. All they need to do is sign up for assistance through the [MDHHS coronavirus website](#).

Any older adult who needs additional services is also encouraged to contact District Health Department #10's Community Connection program at 1-888-217-3904 and select option 3.

"Community Health Workers are available Monday-Friday, 8:00 am-4:30 pm and will gladly direct residents towards the appropriate resources for their needs," said Sally Mellema, Community Health Program Coordinator for District Health Department #10.

For more information about COVID-19, please visit www.dhd10.org, www.michigan.gov/coronavirus, or www.cdc.com/coronavirus

About DHD #10

District Health Department #10 (DHD #10) is Michigan's largest geographical health department, mandated to promote and protect the public from unsafe and hazardous conditions and provide methods of promoting good health and disease prevention. Some of the vital programs provided by DHD #10 include Immunizations, Infectious Disease Control, STI Testing and Counseling, WIC, Maternal Infant Health Program, Healthy Families of Northern Michigan, Children's Special Health Services, Hearing and Vision Screening, Family Planning, Cancer Screening, Worksite Wellness, Smoking Cessation, Substance Use Prevention, Chronic Disease Prevention, and Environmental Health Services. DHD #10 serves Crawford, Kalkaska, Lake, Manistee, Mason, Mecosta, Missaukee, Newaygo, Oceana, and Wexford counties. For more information, visit www.dhd10.org.

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Kalkaska
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Manistee
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