



DISTRICT HEALTH DEPARTMENT #10 PROVIDES GUIDANCE ON WEARING GLOVES DURING COVID-19

June 12, 2020 - In response to an increasing number of questions and concerns around the topic of handwashing versus wearing gloves, District Health Department #10 (DHD#10) seeks to remind the public that the best way to protect yourself from COVID-19 is to regularly wash your hands with soap and water for 20 seconds or use hand sanitizer with at least 60% alcohol.

The Centers for Disease Control and Prevention (CDC) recommends for the general public to wear gloves when:

- Routinely cleaning and disinfecting the home
 - Follow precautions listed on the product label
 - Wash your hands after removing the gloves
- Caring for someone who is sick
 - Use disposable gloves when touching or in contact with blood, stool and bodily fluids
 - After use, throw the disposable gloves into the trash
 - Wash your hands after removing said gloves

The CDC DOES NOT recommend for the general public to wear gloves when:

- Out in public (ex: shopping or going to the bank)
 - Wearing gloves in public won't necessarily protect an individual from contracting COVID-19. In fact, it may lead to the spread of the virus and cross-contamination onto new surfaces.
 - Germs can collect on gloves when a person wearing them in public begins to touch surfaces and can then spread after those gloves touch other objects.
 - Gloves may have micro-sized pin holes not visible to the naked eye through which thousands of germs can pass or seep through in a short amount of time.

The above guidance and recommendations are different for those in a healthcare or work settings. For more information you may visit <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/gloves.html>

For more information about COVID-19, go to:

www.dhd10.org, www.michigan.gov/coronavirus, or www.cdc.com/coronavirus

###



MEDIA CONTACT

Jeannine Taylor
Public Information Officer
O: 231-876-3823
C: 231-920-4998
E: jtaylor@dhd10.org



COUNTIES SERVED:

Crawford
Kalkaska
Lake
Manistee
Mason
Mecosta
Missaukee
Newaygo
Oceana
Wexford



www.dhd10.org



www.facebook.com/DHD10