



STAY SAFE THIS HOLIDAY SEASON

COVID-19 guidance for holiday travel and gatherings

October 22, 2020 – This holiday season will be one like never seen before due to the COVID-19 pandemic. District Health Department #10 (DHD#10) reminds everyone that we are still in the middle of the dangerous COVID-19 pandemic and precautions must continue to be taken to avoid further spread of the disease.

“Keeping our residents and visitors healthy and safe is imperative,” said Kevin Hughes, Health Officer for DHD#10. “While we realize that the holidays are an exciting time, we want to still maintain our health and safety practices to avoid further increase in cases and a surge in our healthcare systems.”

To ensure families and friends do not miss out on being together over the holidays, the Michigan Department of Health and Human Services (MDHHS) has issued guidance on how to travel and gather safely during the holidays.

- Wear a mask and keep your nose and mouth covered when in public places.
- Avoid close contacts by staying at least 6 feet apart from anyone who is not from your household.
- Wash your hands often with soap and water for at least 20 seconds or use hand sanitizer (with at least 60% alcohol).
- Avoid contact with anyone who is sick.
- Avoid touching your eyes, nose and mouth.

Remember, if you are sick, have symptoms of COVID-19, are waiting for COVID-19 test results, have been potentially exposed to someone with COVID-19 in the last 14 days or are at an increased risk for severe illness from COVID-19, or live or work with someone at increased risk of severe illness, please stay home to protect yourself and others.

Following these recommended guidelines will help everyone stay safe and healthy. Read the full “[Celebrating the Holidays during COVID-19](#)” guidance for additional tips to consider before, during and after a gathering to stay safe this holiday season.

For more information on COVID-19, including guidance and a checklist for businesses that plan to reopen, visit www.dhd10.org/coronavirus.

###



MEDIA CONTACT

Jeannine Taylor
Public Information Officer
O: 231-876-3823
C: 231-920-4998
E: jtaylor@dhd10.org



COUNTIES SERVED:

Crawford
Kalkaska
Lake
Manistee
Mason
Mecosta
Missaukee
Newaygo
Oceana
Wexford



www.dhd10.org



www.facebook.com/DHD10