Back to School 2020-2021
Update November 5

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Medical Director
CMDHD/MMDHD/DHD#10
This meeting is for School and Health Department Staff

If you have questions, please send them to:

- For Roscommon, Osceola, Clare, Gladwin, Arenac, Isabella Counties:
  - info@cmdhd.org

- For Missaukee, Crawford, Kalkaska, Wexford, Lake, Mason, Manistee, Oceana, Newaygo, Mecosta Counties
  - info@dhd10.org

- For Montcalm, Gratiot, Clinton Counties
  - https://www.mmdhd.org/contact/

We have limited time to cover all our topics. The slides and recordings will be available on our websites within 1-3 days.

- https://www.dhd10.org/coronavirus/
- https://www.cmdhd.org/novel-coronavirus
Please make sure all needed information is passed to school secretaries, nurses, etc.
Total Cases For MMDHD, CMDHD, and DHD10

[Graph showing the increase in total cases from 3/14/2020 to 10/14/2020, with a steep rise in cases from around 4/14/2020 onwards.]
As of November 2

https://www.michigan.gov/coronavirus/0,9753,7-406-98159-523641--,00.html

<table>
<thead>
<tr>
<th>Health System/Hospital</th>
<th>COVID-19 Patients</th>
<th>COVID-19 Patients in ICU</th>
<th>Bed Occupancy %</th>
</tr>
</thead>
<tbody>
<tr>
<td>McLaren</td>
<td>199</td>
<td>53</td>
<td>73.30%</td>
</tr>
<tr>
<td>Kalkaska Memorial Health Center</td>
<td>0</td>
<td>0</td>
<td>25.00%</td>
</tr>
<tr>
<td>MidMichigan Health</td>
<td>47</td>
<td>10</td>
<td>54.30%</td>
</tr>
<tr>
<td>Munson Health System</td>
<td>20</td>
<td>10</td>
<td>58.00%</td>
</tr>
<tr>
<td>Sheridan Community Hospital</td>
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<td>0</td>
<td>12.50%</td>
</tr>
<tr>
<td>Sparrow Health System</td>
<td>50</td>
<td>9</td>
<td>56.10%</td>
</tr>
<tr>
<td>Spectrum</td>
<td>183</td>
<td>40</td>
<td>70.50%</td>
</tr>
<tr>
<td>Statewide Grand Total</td>
<td>1,828</td>
<td>399</td>
<td>71.40%</td>
</tr>
</tbody>
</table>
UNOFFICIAL Review of data from the 19 counties last 2 weeks (cases reported to us from 10/19-11/2)

- Total of 864 cases (confirmed and probable) in all 19 counties
  - 66 cases (8%) were in people attending or working at/for in-person schools (public or private)
  - 25 (3% of total cases, 38% of school cases) were in teachers or other staff
  - 41 (5% of total cases, 62% of school cases) were in students K-12

- As point of comparison:
  - On average: 10% of cases in MI occur in kids age 10-19, 5.1% nationally

- Since last week’s meeting, only 5 cases have been part of “school outbreaks”
  - One was 3 people; one was 2 people (so only 3 total cases were due to in school spread)
  - 61 cases (92%) were all separate, community acquired cases
Review of Data

NOTE: % positive may be falsely high due to under reporting of all negative tests at this time with rapid antigen testing
In Person vs. Remote

- The document “Interim Local Health Department and School District Guidance for Increasing and Decreasing Intensity of In Person Instruction in Michigan School Districts” is as it says: GUIDANCE and is for consideration by the local health official and school superintendent.

- We will continue to evaluate the situation within the schools.

- It appears schools are seeing some cases due to community transmission but very little transmission within the school (i.e., school is not the source of COVID-19 in nearly all cases)

- Therefore, there is no reason for public health to make any general recommendations to change to remote education

- HOWEVER, if schools are having excessive disruption due to cases, contact tracing, quarantine of staff/students or facing excess worry from staff/families, they can chose to transition to remote education

- Would suggest trying to keep K-5 (or K-8) in person as long as possible as risks for transmission in younger students is lower and childcare issues and challenges with remote learning are greater with younger students
Due to increase in volume...

- We may not be able to respond to calls/questions as quickly
- We/MDHHS are not able to investigate cases and do contact tracing as quickly
- We encourage you to continue to identify close contacts and advise them on quarantine
  - Editable handout for self-quarantine available here.
  - Good explanations and illustrations of quarantine time using calendars can be found at www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html
- We encourage you to go to CDC as source of answers (go to https://www.cdc.gov/coronavirus/2019-ncov/faq.html and use search bar to find answers to many of your questions)
  - Common questions:
    - A negative COVID-19 test DOES NOT end quarantine before the 14 days due to the unacceptably high false negative rate of available testing. See “I was around someone who has COVID-19, and my COVID-19 test come back negative. Do I still need to quarantine for 14 days after I was last exposed?”
    - If a member of a household needs to be in quarantine due to an exposure outside the household (ex.: exposed to COVID-19 positive individual at school or work), only that individual needs to be in quarantine in their household. The other members of the household have no restrictions. See “What if I have been around someone who was identified as a close contact?”
    - If an infected person has recovered and then later is exposed, do they need to quarantine? See “If an infected person has clinically recovered and then later is identified as a contact of a new case, do they need to be quarantined?”
    - When You Can be Around Others After You Had or Likely Had COVID-19 (i.e., when isolation ends) https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/end-home-isolation.html
MDHHS Interim Guidance For Contact Sports: Updated 10/29/20

- Still recommends that contact sports should be avoided at this time due to the rates of COVID-19
- Added: Section on “Additional Mitigation Measures for Safer Athletic Practice and Play without the use of Face Masks.”
- MI SAFE START: YOUTH SPORTS An informed-choice guidance for evaluating protective measures
Questions?

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