



Back to School 2020-2021 Update November 12

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Medical Director
CMDHD/MMDHD/DHD#10

This meeting is for School and Health Department Staff

We have limited time to cover all our topics. The slides and recordings will be available on our websites within 1-3 days.

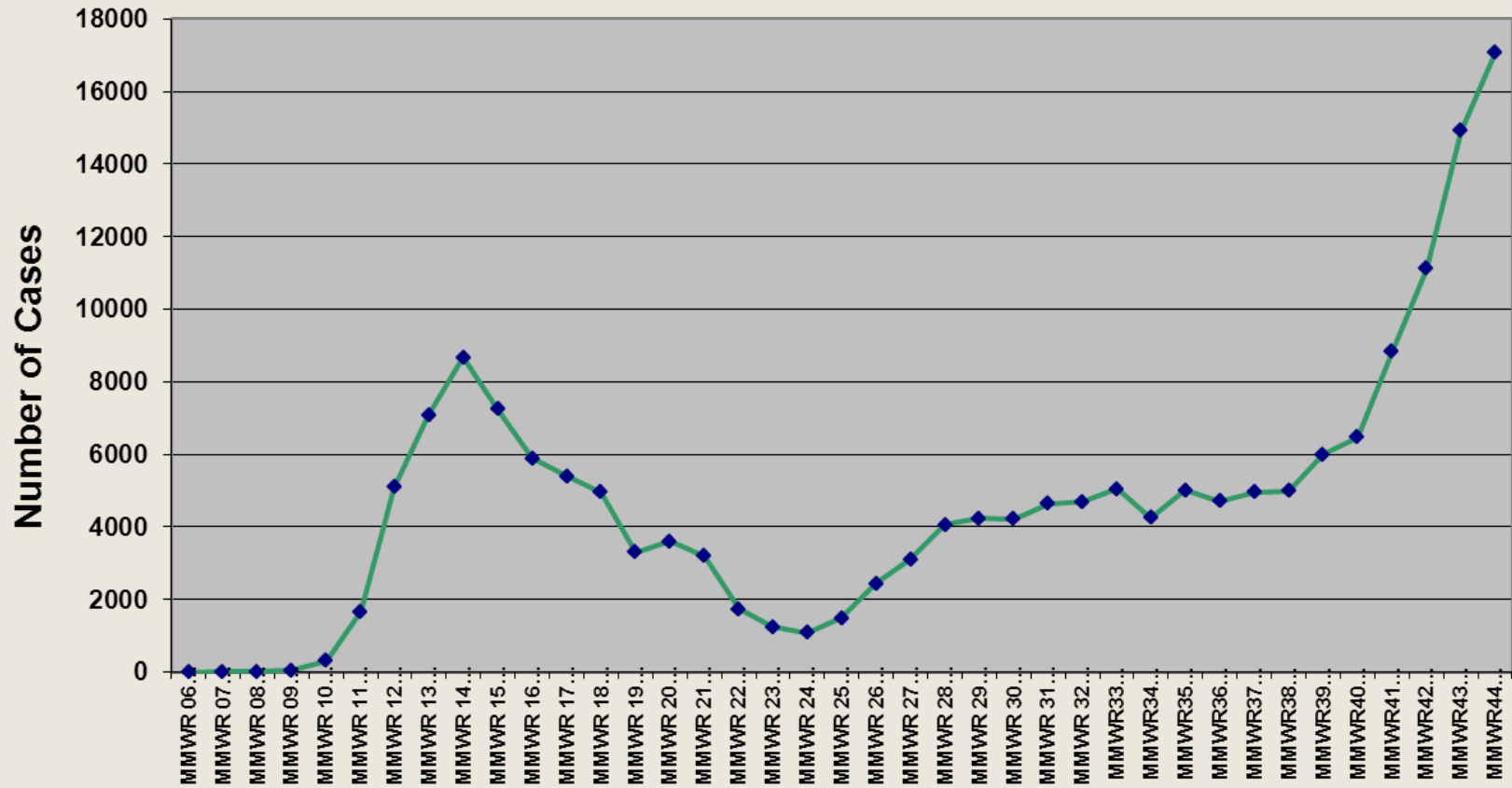
- <https://www.dhd10.org/coronavirus/>
- <https://www.mmdhd.org/novel-coronavirus/>
- <https://www.cmdhd.org/novel-coronavirus>

If you have questions, please send them to:

- For Roscommon, Osceola, Clare, Gladwin, Arenac, Isabella Counties:
 - info@cmdhd.org
- For Missaukee, Crawford, Kalkaska, Wexford, Lake, Mason, Manistee, Oceana, Newaygo, Mecosta Counties
 - info@dhd10.org
- For Montcalm, Gratiot, Clinton Counties
 - <https://www.mmdhd.org/contact/>

Please make sure all needed
information is passed to school
secretaries, nurses, etc.

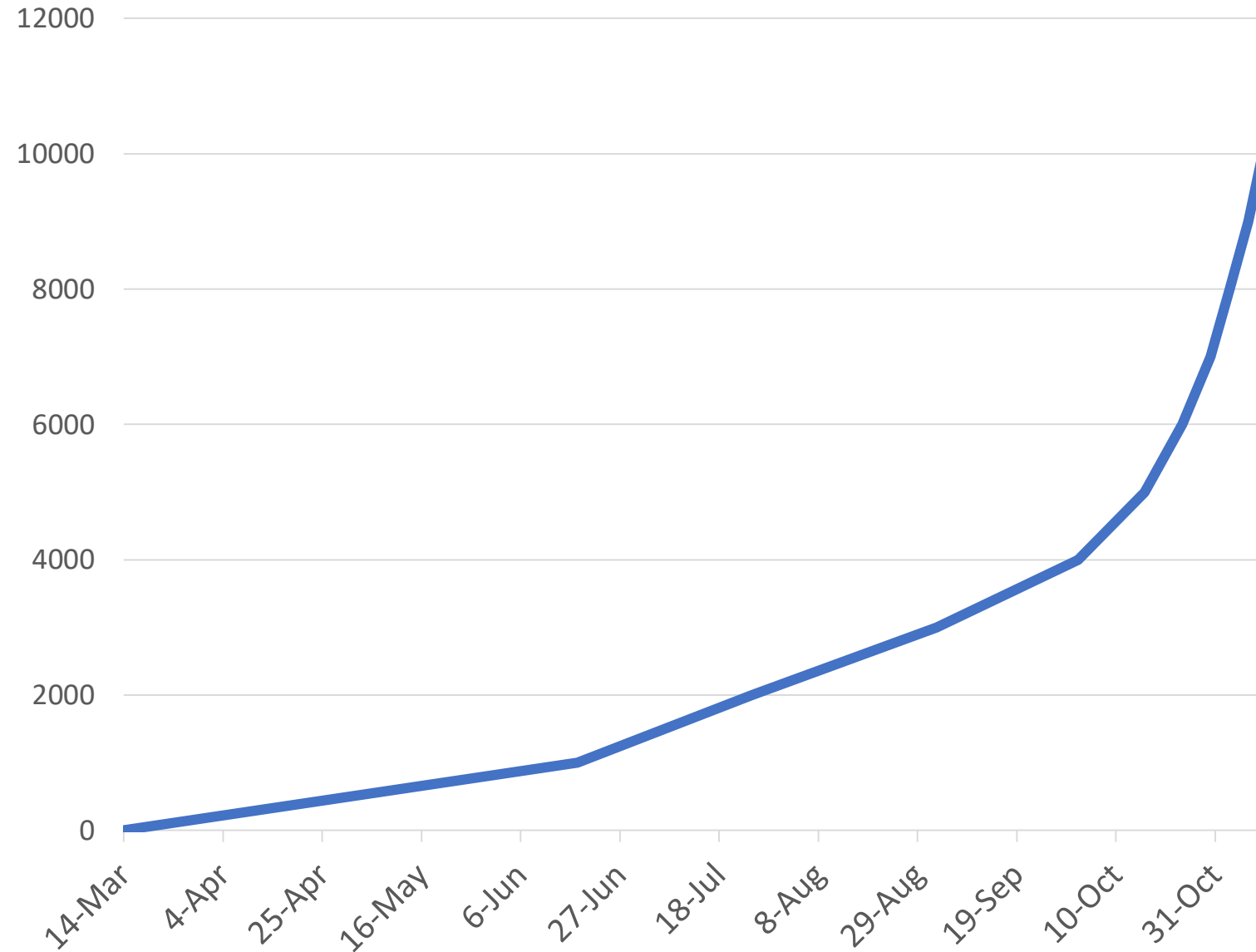
Novel Coronavirus Confirmed Cases Michigan - 2020 Cases by MMWR Weeks



MMWR Weeks

MMWR Weeks are assigned
by CDC to standardize
reporting & end on Saturday

Totals of CMDHD, DHD10, MMDHD Districts



Dates We Reached The Next 1000 Cases			
Totals of CMDHD, DHD10, MMDHD Districts			
Date	Case Increases	Days to Reach Next Thousand	Cases per Day
14-Mar	0		
18-Jun	1000	96	10
25-Jul	2000	37	27
2-Sep	3000	39	26
2-Oct	4000	30	33
16-Oct	5000	14	71
24-Oct	6000	8	125
30-Oct	7000	6	167
3-Nov	8000	4	250
7-Nov	9000	4	250
10-Nov	10000	3	333

As of November 9

<https://www.michigan.gov/coronavirus/0,9753,7-406-98159-523641--,00.html>

Health System/Hospital	COVID-19 Patients	COVID-19 Patients in ICU	Bed Occupancy %
McLaren	260	66	75.9%
Kalkaska Memorial Health Center	0	0	0.00%
MidMichigan Health	63	10	54%
Munson Health System	45	26	61%
Sheridan Community Hospital	0	0	80%
Sparrow Health System	87	11	64.4%
Spectrum	247	57	80.3%
Statewide Grand Total	2,565	536	74%

UNOFFICIAL Review of data from the 19 counties last week (cases reported to us from 11/2-11/9)

- Total of 2331 cases (confirmed and probable) in all 19 counties
 - *130 cases (6%) were in people attending or working at/for in-person schools (public or private)*
 - *61 (3% of total cases, 47% of school cases) were in teachers or other staff*
 - *69 (3% of total cases, 53% of school cases) were in students K-12*
- As point of comparison:
 - *On average: 10% of cases in MI occur in kids age 10-19, 5.1% nationally*
- Since last week's meeting, there have been 5 school outbreaks reported in the 19 counties
 - *15 individuals total (outbreaks involved 2, 3, 3, 4, and 3 individuals)*
 - *12% of all school cases*

Review of Data

NOTE: % positive may be falsely high due to under reporting of all negative tests at this time with rapid antigen testing

In Person vs. Remote

- We will continue to evaluate the situation within the schools.
- It appears schools are seeing some cases due to community transmission but very little transmission within the school (i.e., school is not the source of COVID-19 in nearly all cases)
- Therefore, public health opinion stays the same: we won't make any general recommendations to change to remote education
 - *We can have individual discussions as needed*
- HOWEVER, if schools are having excessive disruption due to cases, contact tracing, quarantine of staff/students or facing excess worry from staff/families, they can choose to transition to remote education
- Would suggest trying to keep K-5 (or K-8) in person as long as possible as risks for transmission in younger students is lower and childcare issues/challenges with remote learning are greater with younger students

Due to increase in volume...

- We may not be able to respond to calls/questions as quickly
- We/MDHHS are not able to investigate cases and do contact tracing as quickly
- We encourage you to continue to identify close contacts and advise them on quarantine
 - *Editable handout for self-quarantine available [here](#).*
 - *Good explanations and illustrations of quarantine time using calendars can be found at www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html*
- Use our infographics for your websites/messaging
 - *Available at <https://www.dhd10.org/covid-19-infographic-gallery/>*

If you were notified that you are a close contact to a positive case:

1. **Self-quarantine** in your home for **14 days** and cease any activities that puts others at risk for exposure to COVID-19.
 - Self-quarantine should begin the first full day after the last date of exposure to the positive case.
 - **FOR EXAMPLE:** If the last exposure date is 10/20, begin counting quarantine from 10/21 through 11/3. You may then resume normal activities on 11/4.
2. Prevent anyone who does not reside in your household from entering the home.
3. Consider getting tested, especially if you develop symptoms of COVID-19, and wear a mask at that time.
4. If you get tested and results are negative, you **MUST** still complete **14 days of self-quarantine** before resuming normal activities.

If you were notified that you are positive for COVID-19

1. Communicate & cooperate with DHD#10 staff who will be contacting you to evaluate the situation, provide further guidance, and answer any questions you may have.
2. Notify all your **close contacts** immediately.
 - A close contact is someone who was within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period* starting from 2 days before illness onset (or 2 days before testing) until the positive person enters isolation.
3. **Self-isolate** in your home away from other household members for **10 days** and cease any activities that put others at risk for exposure to COVID-19.
 - Prevent anyone who does not reside in your household from entering the home.
4. If after 10 days your symptoms have improved, you have not had a fever for 24 hours (without the use of medications), and re-evaluation from has occurred, you may return to normal activities.

If you have recently been tested for COVID-19:

1. **Self-isolate** in your home as though you have COVID-19.
 - Stay away from other household members and cease any activities that put others at risk for exposure to COVID-19.
 - Prevent anyone who does not reside in your household from entering the home.
2. Begin a list of your close contacts beginning two days prior to symptoms or your COVID-19 test date.
 - A close contact is someone who was within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period* starting from 2 days before illness onset (or 2 days before testing) until the positive person enters isolation.
3. If you were tested because you are a close contact to a positive case, you **MUST complete 14 days of self-quarantine even if the test is negative**. If you were tested because you have symptoms, you may need to **complete 10 days of self-isolation even if the test is negative**. Please consult your local health care provider or DHD#10.

Due to increase in volume...

- We encourage you to go to CDC as source of answers (go to <https://www.cdc.gov/coronavirus/2019-ncov/faq.html> and use search bar to find answers to many of your questions)
 - *Common questions:*
 - A negative COVID-19 test DOES NOT end quarantine before the 14 days due to the unacceptably high false negative rate of available testing. See “[I was around someone who has COVID-19, and my COVID-19 test come back negative. Do I still need to quarantine for 14 days after I was last exposed?](#)”
 - If a member of a household needs to be in quarantine due to an exposure outside the household (ex.: exposed to COVID-19 positive individual at school or work), only that individual needs to be in quarantine in their household. The other members of the household have no restrictions. See “[What if I have been around someone who was identified as a close contact?](#)”
 - If an infected person has recovered and then later is exposed, do they need to quarantine? See “[If an infected person has clinically recovered and then later is identified as a contact of a new case, do they need to be quarantined?](#)”
 - When You Can be Around Others After You Had or Likely Had COVID-19 (i.e., when isolation ends) <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/end-home-isolation.html>
 - Exact definition of a close contact <https://www.cdc.gov/coronavirus/2019-ncov/php/contact-tracing/contact-tracing-plan/appendix.html>

Questions?

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