

OCEANA LEADS HOSTS RIDE FOR RECOVERY EVENT

September 09, 2021 – September is National Recovery Month and in recognition Oceana LEADS is hosting a virtual ‘Ride for Recovery’ bike ride along the Hart-Montague Trail in Oceana County.

‘Ride for Recovery’ is a free event throughout the month of September that offers riders the opportunity to learn about opioid use disorder, local recovery resources, and the Oceana LEADS substance abuse prevention coalition at four kiosks along the route.

These kiosks are located in:

- **Hart**, next to Hansen Foods, 3750 W Polk Rd, Hart, MI 49420
- **Shelby**, behind The Loading Dock, 20 W 3rd St, Shelby, MI 49455
- **New Era**, by Tri-County Feed Services Inc, 4670 1st St, New Era, MI 49446
- **Rothbury**, at the Rothbury Police/Township Hall, 7804 S Michigan Ave, Rothbury, MI 49452

The first 100 participants to register will receive a free t-shirt, while supplies last, which can be picked up during normal business hours at District Health Department #10, 3986 North Oceana Drive in Hart. If you are not able to pick up your t-shirt or have problems registering, please contact the coalition at oceanaleads1@gmail.com or (231) 902-8539.

To register visit: <https://runsignup.com/Race/MI/Hart/RideforRecoveryOceanaCounty>

Though the ride is free, donations are accepted to support the work of the Oceana LEADS Opioid Task Force.

Event sponsors include Shelby Rotary Club, Northwest Michigan Health Services, District Health Department #10, Mercy Health, and the Red Project.

About DHD #10

District Health Department #10 (DHD #10) is Michigan's largest geographical health department, mandated to promote and protect the public from unsafe and hazardous conditions and provide methods of promoting good health and disease prevention. Some of the vital programs provided by DHD #10 include Immunizations, Infectious Disease Control, STI Testing and Counseling, WIC, Maternal Infant Health Program, Healthy Families America, Children's Special Health Services, Hearing and Vision Screening, Family Planning, Cancer Screening, Worksite Wellness, Smoking Cessation, Substance Use Prevention, Chronic Disease Prevention, and Environmental Health Services. DHD #10 serves Crawford, Kalkaska, Lake, Manistee, Mason, Mecosta, Missaukee, Newaygo, Oceana, and Wexford counties. For more information, visit www.dhd10.org.

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MEDIA CONTACT

Jeannine Taylor
Public Information Officer
O: 231-876-3823
C: 231-920-4998
E: jtaylor@dhd10.org



COUNTIES SERVED:

Crawford
Kalkaska
Lake
Manistee
Mason
Mecosta
Missaukee
Newaygo
Oceana
Wexford



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