

FEBRUARY IS NATIONAL CONDOM MONTH District Health Department #10 Offers Free Condoms

February 10, 2022 – In an effort to encourage individuals to make informed choices about their sexual health, District Health Department #10 (DHD#10) is recognizing the entire month of February as National Condom Month, and February 13-21 s National Condom Week.

According to the Centers for Disease Control and Prevention (CDC), correct and consistent use of latex condoms is one of the most effective ways to prevent unintended pregnancies as well as reduce the risk of sexually transmitted diseases (STD) and human immunodeficiency virus (HIV) transmission. It is the goal of DHD#10 to encourage those who are sexually active to practice safe sex and provide education and resources through our staff, like free condoms, to do so.

DHD#10 offers **free condoms** to anyone wanting them. There are two ways to access them from any of our 10 office locations.

- 1. By visiting our office and grabbing an unmarked envelope from the condom bucket in our waiting room (or by asking a staff member)
- 2. By visiting www.dhd10.org/mail-order-condoms to order them online and have them mailed to your door

To participate in our mail order condom program, complete the confidential order form and we will mail a free package of 10 condoms, lubricant, and sexual health and STD testing information in an unmarked envelope. There is no limit on requesting additional packages. If you have questions or to request the form electronically, please contact condoms@dhd10.org.

DHD#10 strives to empower people of all ages and genders to take control of their sexual health. Education services, birth control methods, counseling on fertility awareness, referrals for sterilization, STD testing and treatment, HIV testing and physical exams, including Pap Smears are available. DHD#10 services are confidential, LGBTQ friendly, and available on a sliding fee scale basis; no one will ever be denied service due to inability to pay. Now you can order a free HIV Self-Test Kit online at www.dhd10.org/hivtest and it will be mailed to your door. It is convenient, safe, and a secure way to know your HIV status.

To learn more about DHD#10's <u>sexual health services</u> or to schedule an appointment, call 888-217-3904, option #2; late clinic appointments are available.

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MEDIA CONTACT

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COUNTIES SERVED:

Crawford Kalkaska Lake Manistee Mason Mecosta Missaukee Newaygo Oceana Wexford





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