

GET VACCINATED BEFORE SPRING BREAK

February 8, 2022 – District Health Department #10 (DHD#10) is reminding families to plan ahead and make sure you are fully vaccinated before heading out for spring break.

Many destinations, cruise ships, and countries may require travelers to be fully vaccinated. If you are leaving the U.S., please be sure to check with your destination country or travel agent to find out what vaccination requirements they may have.

Currently, anyone 5 years and older is eligible to be vaccinated with the 2-dose Pfizer vaccine. Anyone 18 and older can receive the 2-dose Moderna vaccine or the 1-dose Johnson & Johnson vaccine.

Individuals are considered fully vaccinated 2 weeks (14 days) after they have completed their vaccine sequence. If you have received the Pfizer vaccine, your second dose should be given at 3 weeks (21 days) after receiving the first dose. If you have received the Moderna vaccine, your second dose should be given at 4 weeks (28 days) after the first dose. For those who receive the Johnson & Johnson vaccine, you are considered fully vaccinated 14 days after your one dose.

DHD#10 also recommends that individuals receive a booster dose when eligible. Everyone age 12 and older is eligible to get a COVID-19 booster dose. The best way to protect yourself from COVID-19 is to get vaccinated and boosted if eligible.

- Pfizer recipients aged 12 and older should get a booster at least 5 months after second shot.
- Moderna recipients aged 18 and older should get a booster at least 5 months after second shot.
- Johnson & Johnson recipients aged 18 and older should get a Pfizer or Moderna booster at least 2 months after initial shot.
- For children younger than 12, a booster is not recommended at this time.

“While many families and friends are gearing up for spring break travel, we want to make sure everyone is planning ahead,” said DHD#10 Health Officer Kevin Hughes. “Many travel destinations have COVID-19 vaccine requirements for entry and we want to remind everyone that DHD#10 offers free COVID-19 vaccines and boosters.”

For those wanting to schedule their COVID-19 vaccine, booster dose and/or flu shot, please visit www.dhd10.org/schedule or call 888-217-3904.

For those interested in hosting a COVID-19 vaccine or testing clinic at their location, please complete this registration form: <https://bit.ly/3j52rSj>.

For those needing a COVID-19 test, DHD#10 is hosting testing clinics at various locations throughout their jurisdiction. Find a testing site near you at www.dhd10.org/covid19-testing-clinics. You do not need to be a resident to get tested at any of these clinics. COVID-19 testing also takes place at most pharmacies, urgent cares, and your primary health care provider’s office. You can also find testing in neighboring counties on the Michigan Department of Health and Human Services’ (MDHHS) site:



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COUNTIES SERVED:

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https://www.michigan.gov/coronavirus/0,9753,7-406-98178_104699_104714-554722-_-00.html.

DHD#10 does not supply COVID-19 at-home tests; however, test kits are available at most pharmacies. Be sure to call your pharmacy ahead of time, as demand is high. You can also get at-home tests through the U.S. Department of Health and Human Services (HHS) and the United States Postal Service (USPS) here: <https://www.covidtests.gov/>.

If you have a positive COVID-19 at-home test kit, please report it here: <https://survey.alchemer.com/s3/6715540/Home-Test-Report>.

Employers are critical to our understanding of outbreaks. If you are an employer and would like to report a positive test result from your organization, please do so at: covidreporting@dhd10.org.

For more information on COVID-19, visit www.dhd10.org/coronavirus.

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