

Text Tips for Parents - - Parents Who Host, Lose the Most

Encourage PARENTS to JUST TEXT IT - If you want to reach a teen directly, just **TEXT!**

Texting a teen on prom night or during graduation parties can send a powerful message. You can use your social networks to encourage parents to text their children. Here are some sample texts PARENTS can use:

Before or during the evening:

- Let me know what u r doing 2nite.
- Let me know who is (or is going to be) at the party. R his/her parents going 2 b home?
- Thinking of u and hoping ur having a great time!
- We love u & want u 2 have a fun & safe night.
- Have fun 2nite. Remember, alcohol can lead u 2 say and do things u wish u hadn't.
- Remember your promise to us. Be safe tonight.
- Have fun 2nite. Wanted 2 remind u of the rules: no drinking or drugs!

Early Evening:

- Have fun, b safe! Call if u need me.
- I trust you to make good decisions 2nite
- How is the party going?
- Have fun with ur friends. Remember, we are always here if u need us.
- Where r u? Love u.
- Remember our discussion about drinking. We love you too much to see anything bad happen.
- It took me forever to write this text but wanted to say I'm thinking of you. I love you.

Late Evening:

- Let me know if u need a ride. I will be right there.
- I'm so glad you are my son/daughter. You make me so proud!
- Remember to always make good decisions. It only takes 1 bad 1 to ruin all of the good ones.
- Don't forget your curfew. Call me if you need anything.
- Be careful coming home. I know you made good decisions but be cautious of others who aren't as smart as you!

