

I am SICK and/or I have tested POSITIVE FOR COVID-19

ROW ONE	I have symptoms of COVID-19 and tested positive for COVID-19	Stay home until: <ul style="list-style-type: none"> At least 5 days¹ have passed since your symptoms started AND You have not had a fever for at least 24 hours AND Your symptoms are improving 	<ul style="list-style-type: none"> Identify and notify all your HIGH-intensity contacts² Notify your school you tested positive and of any high-intensity contacts that attend school 	After Day 5 (starting day 6): <ul style="list-style-type: none"> You can return to school if fever-free and feeling better Wear a <u>well-fitting mask</u> for 5 additional days (day 6 through day 10)
ROW TWO	I don't have symptoms of COVID-19 and tested positive for COVID-19	Stay home until: <ul style="list-style-type: none"> At least 5 days¹ have passed since the day your initial positive test was taken If you do start to have any symptoms of COVID-19, go to ROW ONE (your 5-day isolation needs to start over with day 0 being the day symptoms started) 	<ul style="list-style-type: none"> Identify and notify all your HIGH-intensity contacts² Notify your school you tested positive and of any high-intensity contacts that attend school 	After Day 5 (starting day 6): <ul style="list-style-type: none"> You can return to school Wear a <u>well-fitting mask</u> for 5 additional days (day 6 through day 10)
ROW THREE	I have symptoms of COVID-19 and didn't get tested for COVID-19 and didn't see a healthcare provider	Stay home until: <ul style="list-style-type: none"> At least 5 days¹ have passed since your symptoms started AND You have not had a fever for at least 24 hours AND Your symptoms are improving 	<ul style="list-style-type: none"> Notify your school you are home sick and tell them what symptoms you are having Consider notifying your high-intensity² contacts you are sick, and it could be COVID-19 	After Day 5 (starting day 6): <ul style="list-style-type: none"> You can return to school if fever-free and feeling better Wear a <u>well-fitting mask</u> for 5 additional days (day 6 through day 10)
ROW FOUR	I have symptoms of COVID-19 and tested negative for COVID-19 ³ or got diagnosed with something else by a healthcare provider	Stay home until: <ul style="list-style-type: none"> You have not had a fever for at least 24 hours AND You have felt better for at least 24 hours (depending on your diagnosis or healthcare provider instructions) 	Notify your school you are home sick and tell them what symptoms you are having and any diagnoses you were given	When you return to school: <ul style="list-style-type: none"> Follow the current COVID-19 recommendations

¹For those with COVID-19, day 0 is the first day of symptoms (if you have symptoms) or the day your positive test was taken (if you don't have symptoms); for contacts, day 0 is the last day they were exposed

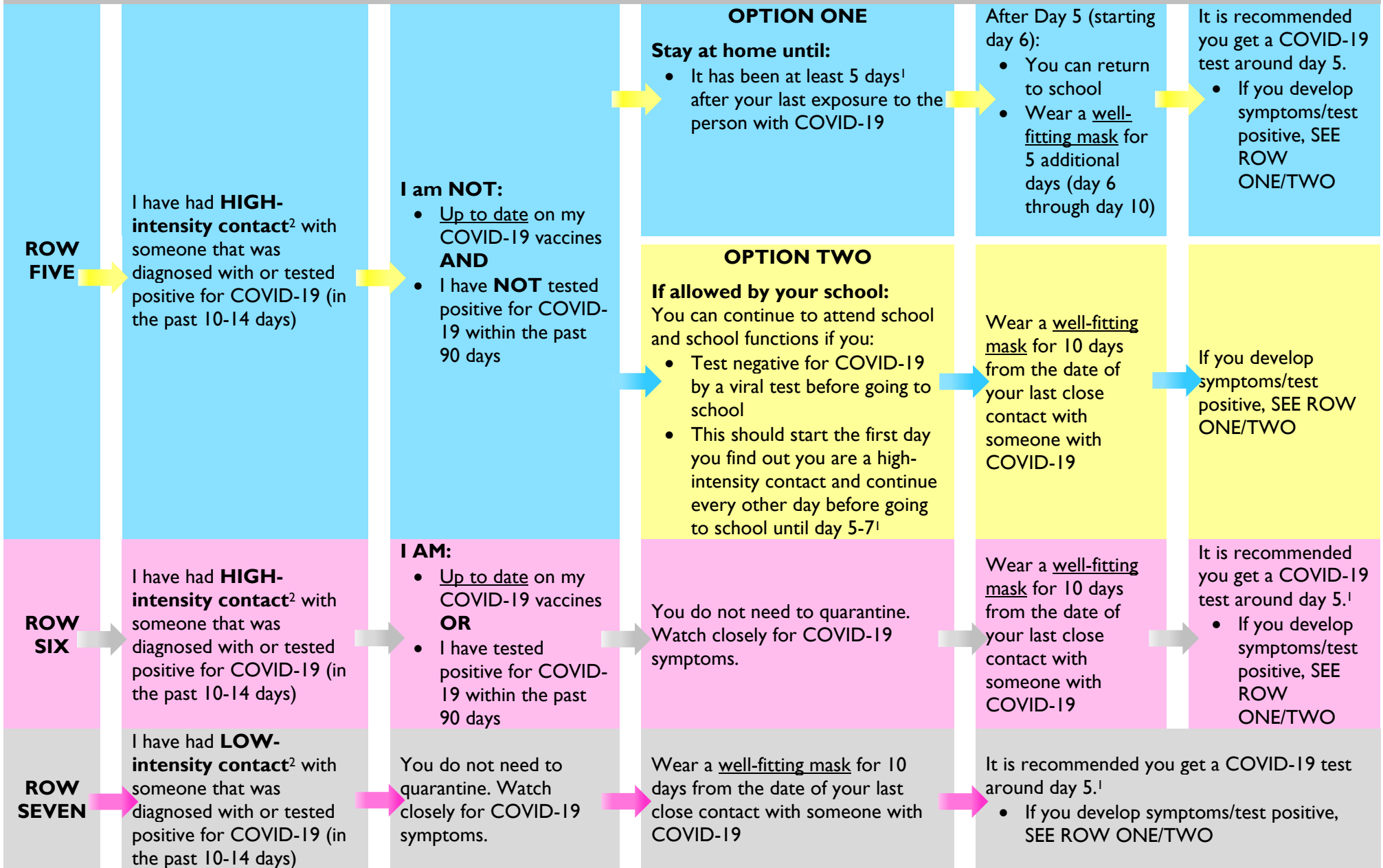
²High-Intensity Contact (HIC) – contacts at higher risk of contact to airway secretions; their relationship to the person contagious with COVID-19 could include (with examples): anyone living in the same house (family member, roommate, partner), anyone sleeping in same room (friend, partner), anyone they have had full bodily contact (friends, partners, certain athletics), contact with bodily secretions (intimate partners, kissing, sharing water bottles/food, sharing towels, cleaning up tissues)

Low-Intensity Contact (LIC) – contacts at lower risk of contact to airway secretions. Their relationship to the person contagious with COVID-19 do not include any of the risks listed for the HIC but otherwise meet the definition of a close contact

³In a person with symptoms, a negative test is defined as either

1. a negative PCR/molecular test or
2. a negative antigen test if the person has a low likelihood of SARS-CoV-2 infection (e.g., the person has no known or suspected exposure to a person with COVID19 within the last 14 days or is fully vaccinated). See [CDC antigen algorithm for interpretation of antigen tests](#)

I have been EXPOSED to someone with COVID-19



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² High-Intensity Contact (HIC) – contacts at higher risk of contact to airway secretions, their relationship to the person contagious with COVID-19 may include (with examples): anyone living in the same house (family member, roommate, partner), anyone sleeping in same room (friend, partner), anyone they have had full bodily contact (friends, partners, certain athletics), contact with bodily secretions (intimate partners, kissing, sharing water bottles/food, sharing towels, cleaning up tissues)

Low-Intensity Contact (LIC) – contacts at lower risk of contact to airway secretions. Their relationship to the person contagious with COVID-19 do not include any of the risks listed for the HIC but otherwise meet the definition of a close contact