

## OVER 50? GET SCREENED FOR COLORECTAL CANCER

*March is Colorectal Cancer Awareness Month*

March 10, 2022 – March is Colorectal Cancer Awareness Month and District Health Department #10 (DHD#10) is reminding community members to get screened starting at age 50.

Colorectal cancer often causes no signs or symptoms in its early stages. Screening starting at age 50 is vital for both prevention and detection of colorectal cancer, the third most common cancer in the United States.

Screenings are covered by most health plans. However, people without health coverage or insufficient coverage are encouraged to review the resources available to them on the MDHHS site listed below.

“It is important that you not delay screening for colorectal cancer if you are 50 years old or older,” states DHD#10 Medical Director, Dr. Jennifer Morse. “It is the second leading cause of death from cancer.” People age 50 and older are at the highest risk and should be screened every 5-10 years. People may also be at higher risk if they are African American or smoke. Certain risk factors, such as a family history of colorectal cancer, may indicate a need to start screenings at a younger age.

For more information about the colorectal cancer and MDHHS resources, visit [https://www.michigan.gov/mdhhs/0,5885,7-339-71550\\_2955\\_2975-269772-\\_-00.html](https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2955_2975-269772-_-00.html), or contact the local DHD#10 office in your area <http://www.dhd10.org/clinic-locations/>.

For more information, visit [www.dhd10.org](http://www.dhd10.org).

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Mason  
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