

## DHD#10 REMINDS RESIDENTS TO GET TESTED, VACCINATED, AND BOOSTED

*MDHHS and DHD#10 Expect COVID-19 Cases to Rise in May*

April 29, 2022 – Michigan Department of Health and Human Services (MDHHS) and District Health Department #10 (DHD#10) are reminding residents to make sure they are participating in best practices to reduce the risk of severe COVID-19 infection and spread.

“While COVID-19 levels have declined over the past couple months, the BA.2 subvariant of Omicron is expected to cause a rise in cases,” said DHD#10 Health Officer Kevin Hughes. “We want folks to take precautions and get tested if they have been exposed or have symptoms. When you combine taking precautions with being up-to-date on your vaccines and boosters, that gives residents the best method to reduce infections and severe outcomes.”

MDHHS and DHD#10 continue to advise that residents take the following actions to reduce their risk:

- **Get vaccinated against COVID-19** – To schedule a vaccine or booster, call 888-217-3904 or schedule online at [www.dhd10.org/schedule](http://www.dhd10.org/schedule).
- **Learn about therapeutics** – Individuals are encouraged to talk to their doctor about their eligibility. Individuals can learn more here: [https://www.michigan.gov/coronavirus/0,9753,7-406-98178\\_106077--\\_00.html](https://www.michigan.gov/coronavirus/0,9753,7-406-98178_106077--_00.html).
- **Isolate or quarantine if necessary** – To find out more about isolation and quarantine guidelines, please visit: <https://www.dhd10.org/covid-19-calculators/>.
- **Get tested** – If an individual has been exposed to COVID-19, or has symptoms of COVID-19, they should get tested regardless of their vaccination status. DHD#10 offers several testing options: <https://www.dhd10.org/covid19-testing-clinics/>.
- **Know your risk** – Protect yourself by knowing and understanding your levels of risk. Residents can see their risk levels by visiting: <https://www.cdc.gov/coronavirus/2019-ncov/your-health/covid-by-county.html>.
- **Grab a couple masks** – Free KN95 are available. You can get some from your nearest DHD#10 office and from MDHHS offices.

The Centers for Disease Control and Prevention (CDC) updates their [COVID-19 County Check](#) tool regularly. This tool allows individuals to enter their state and county to determine whether their COVID-19 Community Level is **Low** (green), **Medium** (yellow), or **High** (red). Prevention guidance is provided based on each level for individuals to consider following. MDHHS also maintains a [data dashboard](#) of state and county-level data on COVID-19 cases, trends, demographics, and testing, as well as [vaccine data](#) and other relevant information by topic.

KN95 masks are currently available in all 10 DHD#10 offices. Masks are given out 3 per person on a first-come, first-served basis while supplies last. To find your nearest DHD#10 office, visit [www.dhd10.org/clinic-locations/](http://www.dhd10.org/clinic-locations/).



### MEDIA CONTACT

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### COUNTIES SERVED:

Crawford  
Kalkaska  
Lake  
Manistee  
Mason  
Mecosta  
Missaukee  
Newaygo  
Oceana  
Wexford



[www.dhd10.org](http://www.dhd10.org)



[www.facebook.com/DHD10](https://www.facebook.com/DHD10)

For those wanting to schedule their COVID-19 vaccine, booster dose and/or flu shot, please visit [www.dhd10.org/schedule](http://www.dhd10.org/schedule) or call 888-217-3904.

For those interested in hosting a COVID-19 vaccine or testing clinic at their location, please complete this registration form: <https://bit.ly/3j52rSj>.

For those needing a COVID-19 test, DHD#10 is hosting testing clinics at various locations throughout their jurisdiction. Find a testing site near you at [www.dhd10.org/covid19-testing-clinics](http://www.dhd10.org/covid19-testing-clinics). You do not need to be a resident to get tested at any of these clinics. COVID-19 testing also takes place at most pharmacies, urgent cares, and your primary health care provider's office. You can also find testing in neighboring counties on the Michigan Department of Health and Human Services' (MDHHS) site: [https://www.michigan.gov/coronavirus/0,9753,7-406-98178\\_104699\\_104714-554722-.00.html](https://www.michigan.gov/coronavirus/0,9753,7-406-98178_104699_104714-554722-.00.html).

DHD#10 does not supply COVID-19 at-home tests; however, test kits are available at most pharmacies. Be sure to call your pharmacy ahead of time, as demand is high. You can also get at-home tests through the U.S. Department of Health and Human Services (HHS) and the United States Postal Service (USPS) here: <https://www.covidtests.gov/>.

If you have a positive COVID-19 at-home test kit, please report it here: <https://survey.alchemer.com/s3/6715540/Home-Test-Report>.

Employers are critical to our understanding of outbreaks. If you are an employer and would like to report a positive test result from your organization, please do so at: [covidreporting@dhd10.org](mailto:covidreporting@dhd10.org).

For more information on COVID-19, visit [www.dhd10.org/coronavirus](http://www.dhd10.org/coronavirus).

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