

DHD#10 HIGHLIGHTS NEW COVID-19 RECOMMENDATIONS

New COVID-19 Booster Recommendations and MDHHS Guidance

May 23, 2022 – The Centers for Disease Control and Prevention (CDC) and District Health Department #10 (DHD#10) announce that the COVID-19 vaccine booster is now authorized for everyone 5 years of age or older.

“Expanding eligibility for COVID-19 boosters will allow for those who really need it to get a booster dose,” said DHD#10 Medical Director Dr. Jennifer Morse. “Talk to your health care provider or local health department to determine the appropriate booster dose type for you.”

The new guidance on COVID-19 vaccine boosters is:

- A single mRNA booster dose should be given to individuals aged 5+ at least 5 months after their second shot (Pfizer for ages 5+, Moderna for ages 18+).
- A second mRNA booster dose should be given to individuals 50+, or individuals 12+ that are moderately to severely immunocompromised*, at least 4 months after their first booster dose (Pfizer for ages 12+, Moderna for ages 18+).
- For those that received the Johnson & Johnson vaccine, you are encouraged to speak to your local health department or healthcare provider to see which booster dose is right for you.

*Info about moderate and severe immunocompromising conditions can be found [here](#).

The CDC has a new tool to help you find out which booster is right for you and at what time. To find out more information, please visit:

<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/booster-shot.html>.

DHD#10 also wants to highlight the Michigan Department of Health and Human Services’ (MDHHS) “Make a COVID-19 Plan” information about planning for vaccination and boosters, keeping a supply of tests and masks, and learning about your eligibility of COVID-19 therapeutics. Those interested in learning more can do so [here](#).

The Centers for Disease Control and Prevention (CDC) updates their [COVID-19 County Check](#) tool regularly. This tool allows individuals to enter their state and county to determine whether their COVID-19 Community Level is **Low** (green), **Medium** (yellow), or **High** (red). Prevention guidance is provided based on each level for individuals to consider following. MDHHS also maintains a [data dashboard](#) of state and county-level data on COVID-19 cases, trends, demographics, and testing, as well as [vaccine data](#) and other relevant information by topic.

KN95 masks are currently available in all 10 DHD#10 offices. Masks are given out 3 per person on a first-come, first-served basis while supplies last. To find your nearest DHD#10 office, visit www.dhd10.org/clinic-locations/.

For those wanting to schedule their COVID-19 vaccine, booster dose and/or flu shot, please visit www.dhd10.org/schedule or call 888-217-3904.



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Oceana
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For those interested in hosting a COVID-19 vaccine or testing clinic at their location, please complete this registration form: <https://bit.ly/3j52rSj>.

For those needing a COVID-19 test, DHD#10 is hosting testing clinics at various locations throughout their jurisdiction. Find a testing site near you at www.dhd10.org/covid19-testing-clinics. You do not need to be a resident to get tested at any of these clinics. COVID-19 testing also takes place at most pharmacies, urgent cares, and your primary health care provider's office. You can also find testing in neighboring counties on the Michigan Department of Health and Human Services' (MDHHS) site: https://www.michigan.gov/coronavirus/0,9753,7-406-98178_104699_104714-554722-,00.html.

DHD#10 does not supply COVID-19 at-home tests; however, test kits are available at most pharmacies. Be sure to call your pharmacy ahead of time, as demand is high. You can also get at-home tests through the U.S. Department of Health and Human Services (HHS) and the United States Postal Service (USPS) here: <https://www.covidtests.gov/>.

If you have a positive COVID-19 at-home test kit, please report it here: <https://survey.alchemer.com/s3/6715540/Home-Test-Report>.

Employers are critical to our understanding of outbreaks. If you are an employer and would like to report a positive test result from your organization, please do so at: covidreporting@dhd10.org.

For more information on COVID-19, visit www.dhd10.org/coronavirus.

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