

NATIONAL HIV TESTING DAY

June 24, 2022 – June 27th is National HIV Testing Day, a day set aside to encourage people to get tested for HIV, know their status, and get linked to care and treatment.

According to the CDC, over 1.1 million people have HIV, and 13% (or 1 in 8 people) do not know they have it. HIV testing is a form of self-care and an important part of ending the HIV epidemic.

Thankfully, advances in science and treatment for HIV have come a long way.

- People who test negative have more [prevention tools](#) available today than ever before.
- People who test positive can take HIV medicines that can keep them healthy for many years and greatly reduce their chance of passing HIV to others. [Learn more](#) about living with HIV.

More than 90% of new HIV infections in the United States could be prevented by testing and diagnosing people living with HIV and making sure they receive early, ongoing treatment.

What Can You Do?

- **Get the Facts.** [Learn](#) about HIV, and share this lifesaving information with your family, friends, and community. Tell them about the importance of making HIV testing a part of their regular health routine.
- **Get Tested.** Knowing your HIV status gives you powerful information to help keep you and your partner healthy.

CDC recommends that everyone between the ages of 13 and 64 get tested for HIV at least once as part of routine health care. People with certain risk factors should get tested more often. [Learn](#) what those risk factors are and how often you should be tested.

DHD#10 offers rapid HIV tests and can provide results in 20 minutes. Schedule an HIV test today at any DHD#10 location. Services are confidential, LGBTQ friendly, and no one will ever be denied service due to inability to pay. Walk-ins are also welcome. Or you can order a free at-home HIV test kit to test yourself at your convenience.

To schedule a rapid HIV test, call 888-217-3904. To order a free at-home HIV test kit, visit <https://www.dhd10.org/hivtest/>. You can order free condoms by visiting <https://www.dhd10.org/mail-order-condoms/>.

Learn more about DHD#10's sexual health services by visiting <https://www.dhd10.org/sexualhealth>.

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