

DHD#10 HOLDS TALL COP INSTRUCTION AT CADILLAC HIGH SCHOOL

July 19, 2022 – District Health Department #10 (DHD#10) held a Tall Cop Says Stop presentation at Cadillac High School Thursday, July 14, 2022. The presentation was held to help educate Wellness Center staff, local mental health professionals, public health staff, substance use workers, crisis workers, law enforcement, juvenile justice workers, family court staff, and school staff about current drug trends in youth.

Tall Cop Says Stop is a substance use education program administered by Officer Jermaine Galloway that covers drug and alcohol trends, underage drinking, as well as various ways to identify drug culture. It also helps the adults identify what substances might be available to students and what the side-effects are.

“You can’t stop what you don’t know. Drug education is about getting to many core issues including depression and self-medication,” said Jermaine Galloway, the Tall Cop. “The more you know and the more you do on the front end the less you have to do later. The ultimate goal is to create healthy communities.”

“This presentation exceeded my expectations. It really opened my eyes to how accessible drugs are to our youth and the variety of over-the-counter medications/supplements that are being used to get high in plain sight,” said Susan Stendel, Mental Health Supervisor at DHD#10.

If a teen or parent is concerned about substance misuse, contact the Substance Abuse and Mental Health Services (SAMHSA) help line at 1-800-662-4357. For immediate mental health crisis care, dial 988.

To learn more about the Tall Cop Says Stop program, please visit:
<https://www.tallcopsaysstop.com/>.

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