

# 2021 Northwest MiThrive Data Briefs

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Antrim, Benzie, Charlevoix, Emmet, Grand Traverse, Kalkaska, Leelanau, Manistee, Missaukee, and Wexford

## **Assessment Snapshot**

The Forces of Change Assessment (FOCA) aims to answer the following questions:

- What is occurring or might occur that affects the health and wellbeing of our community?
- What specific threats or opportunities are generated by these occurrences?

Forces of change are trends, factors, and events outside of our control that may influence the health of our community or the system of organizations supporting the community, both in the recent past and the foreseeable future.

#### The FOCA Topic Areas:

- Government Leadership & Budgets, Spending Priorities
- 2. Sufficient Health Care Workforce
- 3. Access to Health Services
- 4. Population Demographics
- 5. Economic Environment
- 6. Access to Social Services
- 7. Social Context
- 8. COVID-19 Pandemic

The Community Health Status Assessment (CHSA) aims to answer the following questions:

- How healthy are our residents?
- What does the health status of our community look like?

The answers to these questions were measured by collecting 100 secondary indicators from 20 different sources including the US Census Bureau, Centers for Disease Control, and Michigan Department of Health and Human Services. The table in green shows select indicators relevant to the strategic issue.

For each strategic issue, a map related to one of the indicators in the table is visualized at either the census-tract or county level. A brief statement highlighting the geographical disparities is located near the map.

## The Community System Assessment (CSA) aims to answer the following question:

 What are the components, activities, competencies, and capacities in our local systems?

## The CSA assessed performance measures for 8 topic areas:

- 1. Resources
- 2. Policies
- 3. Data Access & Capacity
- 4. Community Alliances
- 5. Workforce
- 6. Leadership
- 7. Community Power/Engagement
- 8. Capacity for Health Equity

The CSA was conducted at the regional level. Additional data was then collected at the countylevel through facilitated conversations at community collaboratives.

## The Community Themes and Strengths Assessment (CTSA) aims to answer the following questions:

- What is important to the community?
- How is quality of life perceived in the community?
- What assets does the community have that can be used to improve community health?

#### The CTSA collected data using 3 different methods:

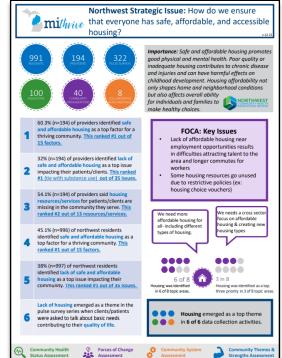
- Pulse Survey Series: Four, three question mini client interviews conducted by community partners with clients and patients. Topics included education, aging, disability, and economic security.
- 2. Community Survey: This survey was conducted through an online and paper format and asked questions about what makes a thriving community, current issues impacting the health of the community, and quality of life questions.
- **3. Provider Survey:** This survey was conducted through an online format and targeted individuals providing direct care and services.

## **Data Brief Navigation Guide**

Data was collected 6 different ways. Each circle represents a different data collection method.



Data collected in the Community Themes and Strengths Assessment is shown in blue. Data was collected through a community survey, provider survey, and pulse surveys as reflected by the 3 blue circles.



Importance Statement



Data collected in the Forces of Change Assessment is shown in purple. The dot illustration represents how often the strategic issue was identified in one of the 8 topic areas (left) and as a top priority within a topic area (right)



This graphic illustrates where a topic or theme emerged in the different data collection methods.

Community System
Assessment is shown in orange. The dot illustration represents the number of community collaboratives in which a topic or theme emerged. The comment boxes indicate comments from participants regarding

recurring themes.

Data collected in the

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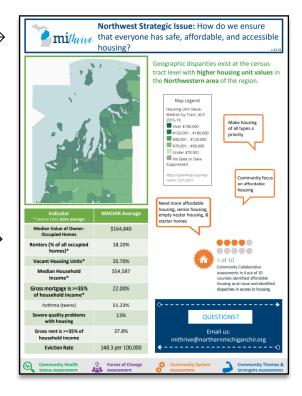
Color coded key illustrating the 4 MiThrive assessments

Strategic issue -

Data collected in the Community Health Status Assessment is shown in green. Indicators in bold had a state value available to compare to. If the regional value was worse than the state value (meaning of worse depends on what the indicator is measuring) an asterisk is placed next to the indicator title. \*This remains true for all strategic issues besides COVID-19 where the asterisk represents

a regional value higher than

the state value.



## Data Brief Acronyms

Acronym	What does it stand for?	What does it mean?
YPLL	Years Potential Life Lost	The difference between a predetermined end point (usually age 75 and the age at death for death(s) that occurred prior to that end point age
ALICE	Asset Limited, Income Constrained, Employed	The ALICE population represents those among us who are working, but due to childcare costs, transportation challenges, high cost of living and so much more are living paycheck to paycheck.
FPL	Federal Poverty Level	A measure of income issued every year by the Department of Health and Human Services used to determine eligibility for certain programs and benefits.
ACE(s)	Adverse Childhood Experience(s)	Potentially traumatic events that occur in childhood (0-17 years)
HPSA	Health Professional Shortage Area	Geographic areas, populations, or facilities with a shortage of primary, dental or mental health care providers.
WIC	Women Infants Children	Aims to safeguard the health of low-income women, infants, and children up to age 5 who are at nutrition risk by providing nutritious foods to supplement diets, information on healthy eating, and referrals to care
COPD	Chronic Obstructive Pulmonary Disorder	Chronic inflammatory lung disease that causes obstructed airflow from the lungs.
Description of per 100,000		Rates take into account the number of cases/deaths/etc. and the population size. Rate per 100,000 is calculated by taking the total number of cases divided by the total population and multiplied by 100,000.
Description of Gini index		measure of income inequality.; It ranges from 0, indicating perfect equality (everyone receives an equal share), to 1, perfect inequality (only one recipient or group of recipients receives all the income)



Northwest Strategic Issue: How do we ensure that everyone has safe, affordable, and accessible housing?



**Importance:** Safe and affordable housing promotes good physical and mental health. Poor quality or inadequate housing contributes to chronic disease and injuries and can have harmful effects on childhood development. Housing affordability not only shapes home and neighborhood conditions but also affects overall ability for individuals and families to make healthy choices.

- 60.3% (n=194) of providers identified safe and affordable housing as a top factor for a thriving community. This ranked #1 out of 15 factors.
- 32% (n=194) of providers identified lack of safe and affordable housing as a top issue impacting their patients/clients. This ranked #1 (tie with substance use) out of 35 issues.
- 54.1% (n=194) of providers said housing resources/services for patients/clients are 3 missing in the community they serve. This ranked #2 out of 13 resources/services.
- 45.1% (n=996) of northwest residents identified safe and affordable housing as a top factor for a thriving community. This ranked #1 out of 15 factors.
- 38% (n=997) of northwest residents identified lack of safe and affordable 5 housing as a top issue impacting their community. This ranked #1 out of 35 issues.
- Lack of housing emerged as a theme in the pulse survey series when clients/patients 6 were asked to talk about basic needs contributing to their quality of life.

#### **FOCA:** Key Issues

- Lack of affordable housing near employment opportunities results in difficulties attracting talent to the area and longer commutes for workers
- Some housing resources go unused due to restrictive policies (ex: housing choice vouchers)

We need more affordable housing for all- including different types of housing.

We needs a cross sector focus on affordable housing & creating new housing types



Housing was identified in 6 of 8 topic areas. Housing was identified as a top three priority in 3 of 8 topic areas.



Housing emerged as a top theme in 6 of 6 data collection activities.





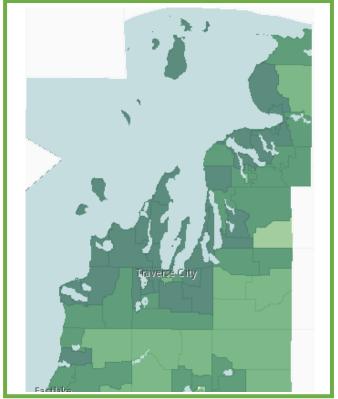
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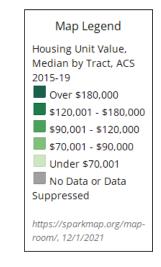


Northwest Strategic Issue: How do we ensure that everyone has safe, affordable, and accessible housing?



Indicator *=worse than state average	NWCHIR Average
Median Value of Owner- Occupied Homes	\$164,840
Renters (% of all occupied homes)*	18.20%
Vacant Housing Units*	35.70%
Median Household Income*	\$54,587
Gross mortgage is >=35% of household income*	22.00%
Asthma (teens)	51.23%
Severe quality problems with housing	13%
Gross rent is >=35% of household income	37.8%
Eviction Rate	148.3 per 100,000

Geographic disparities exist at the census tract level with higher housing unit values in the Northwestern area of the region.



Need more affordable housing, senior housing, empty nester housing, & starter homes

Make housing of all types a priority

> Community focus on affordable housing



4 of 10

Community Collaborative assessments in 4 out of 10 counties identified affordable housing as an issue and identified disparities in access to housing.





**Forces of Change** 







**Northwest Strategic Issue:** How can we increase comprehensive substance misuse prevention and treatment that are accessible, patient centered and stigma free?



**Importance:** Substance misuse impact people's chances of living long, healthy, and productive lives. It can decrease quality of life, academic performance, and workplace productivity; increases crime and motor vehicle crashes and fatalities; and raises health care costs for acute and chronic conditions. **NORTHWEST** 

There is a gap in opportunity within different populations. In prevention there is overlap with treatment and recovery so people in treatment and/or recovery are speaking out, but active users hide and are not willing to be reached.

Encourage people to engage without fear of threat to societal status reduce stigma

Increase interaction with groups such as, ALANON, NA, AA, which continue to want to be anonymous

Need expanded substance misuse treatment opportunities 4 of 10

Community Collaborative assessments in 4 out of 10 counties identified issues with access to substance misuse prevention and treatment related to stigma and inclusion

28.4% (n=194) of providers identified freedom from trauma, violence, and addiction as a top factor for a thriving community. This ranked #4 out of 15 factors.

32% (n=194) of providers identified substance use as a top issue impacting their patients/clients. This ranked #1 (tie with housing) out of 35 issues.

41.8% (n=194) of providers said substance abuse services for patients/clients are 3 missing in the community they serve. This ranked #4 out of 13 resources/services.

23.7% (n=996) of northwest residents identified freedom from trauma, violence, and addiction as a top factor for a thriving community. This ranked #3 out of 15 factors.

23.1% (n=997) of northwest residents identified substance use as a top issue impacting their community. This ranked #2 out of 35 issues.

Substance misuse emerged as a top theme in 5 of 6 data collection activities.







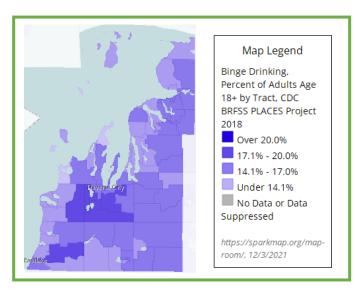
**Forces of Change Assessment** 





**Northwest Strategic Issue:** How can we increase comprehensive substance misuse prevention and treatment that are accessible, patient centered and stigma free?

Geographic disparities exist at the census tract level with the highest percentages of binge drinking in Benzie, Grand Traverse, and Manistee.



We need to stop the silos of care and stigma of receiving treatment.

> There is limited availability and high costs of receiving treatment.

Indicator *=worse than state average	NWCHIR Average	
Liver Disease Mortality	15.8 per 100,000	
Smoked cigarettes in past 30 days (teens)	5.5%	
Teens with 2+ ACES	35.6%	
Oral Cavity and Pharynx Cancer*	12.8 per 100,000	
Lung and Bronchus Cancer	60.7 per 100,000	
Asthma (teens)	51.23%	
Ever told COPD (adults)*	9.9 per 100,000	
Binge drinking (adults)	16.0%	
Used prescription drugs w/o prescription (teens)	3.5%	
Used marijuana in past 30 days (teens)	10.1%	
Had a drink of alcohol in past 30 days (teens)	12.8%	
Smoked cigarettes in past 30 days (teens)	5.5%	
Used chew tobacco in past 30 days (teens)	3.1%	
Vaped in past 30 days (teens)	13.1%	
Opioid related hospitalizations	13.3 per 100,000	
Motor vehicle crash involving alcohol	28%	
Drug-Induced Mortality	12.4 per 100,000	
Alcohol-Induced Mortality*	18.6 per 100,000	



Substance misuse was identified in 3 of 8 topic areas.

Substance misuse was identified as a top three priority in 1 of 8 topic areas.









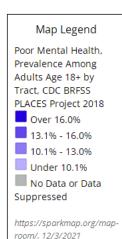
**Northwest Strategic Issue:** How do we increase access and reduce barriers to quality behavioral health services while increasing resiliency and wellbeing?



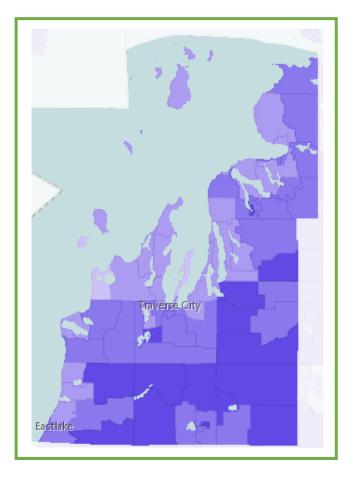
Importance: Mental health is essential to a person's wellbeing, healthy relationships, and ability to live a full life. It also plays a major role in people's ability to maintain good physical health because mental illness increases risk for many chronic health conditions.



Geographic disparities exist at the census tract level with the highest percentages of poor mental health in Grand Traverse, Kalkaska, Manistee, Missaukee, and Wexford.



Indicator *=worse than state average	NWCHIR Average
Teens with 2+ ACES	35.6%
Alzheimer's/Dementia Mortality*	40.0 per 100,000
Poor mental health 14+ days (adult)	12.3%
Major depressive episode (teen)	48.3%
Average HPSA Score – Mental Health*	15.3
Intentional Self-Harm*	20.9 per 100,000







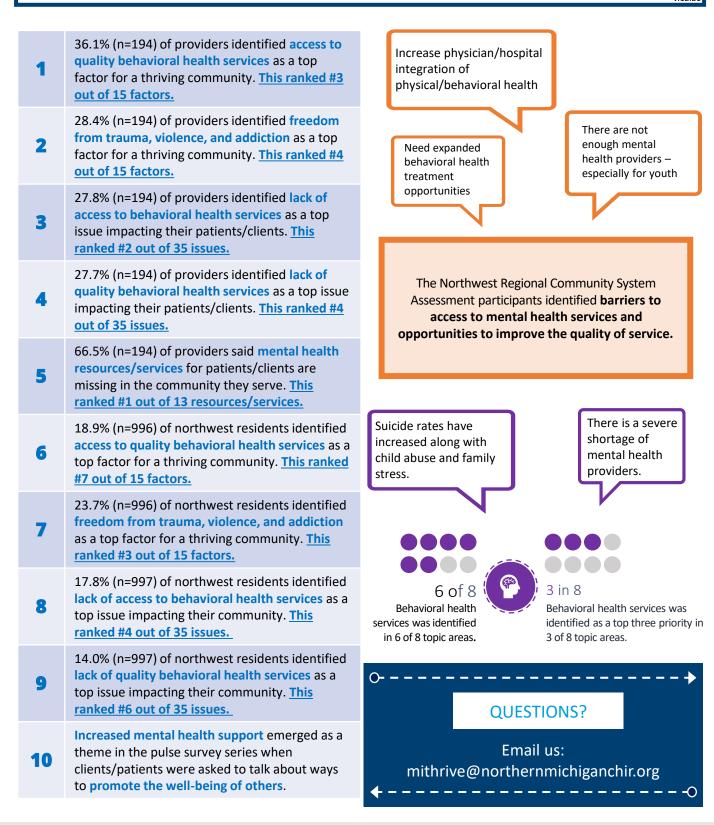








## **Northwest Strategic Issue:** How do we increase access and reduce barriers to quality behavioral health services while increasing resiliency and wellbeing?













Northwest Strategic Issue: How do we increase access to integrated systems of care as well as increase engagement, knowledge, awareness with existing systems to better promote health and prevent, treat chronic disease?



Importance: Access to health services affects a person's health and well-being. It can prevent disease and disability, detect and treat illness and conditions; and reduce the likelihood of early death and increase life expectancy.



- 50% (n=194) of providers identified access to quality healthcare services as a top factor for a thriving community. This ranked #2 out of 15 factors.
- 50% (n=194) of providers identified disease and illness prevention as a top factor for a thriving community. This ranked #7 out of 15 factors.
- 39.5% (n=996) of northwest residents identified access to quality healthcare services as a top factor for a thriving community. This ranked #2 out of 15 factors.
- 10.4% (n=997) of northwest residents identified lack of access to healthcare services as a top issue impacting their community. This ranked #7 out of 35 issues.
- Improve the healthcare system emerged as a theme in the pulse survey series when clients/patients were asked to identify ways in which to ensure everyone has a chance at living the healthiest life possible.

The following themes emerged in the pulse survey series when clients/patients were asked identify ways in which to ensure that people in tough life circumstances come to have as good a chance as others do in achieving good health and wellbeing over time. Themes: Change in the healthcare system, improved resource navigation, and insurance.

More health education and awareness emerged as a theme in the pulse survey series when clients/patients were asked to identify ways in which to promote each other's wellbeing and not just their own.

#### **FOCA:** Key Issues

- The healthcare workforce isn't sufficient. Burnout and retirement has impacted the size of the workforce and their experience.
- Accessing healthcare through telehealth has been helpful to some but broadband access is limited for others.
- Funding for health services in rural areas is an ongoing challenge
- Health insurance causes health inequities in access to healthcare services





**Healthcare** emerged as a top theme in 6 of 6 data collection activities.











Northwest Strategic Issue: How do we increase access to integrated systems of care as well as increase engagement, knowledge, awareness with existing systems to better promote health and prevent, treat chronic disease?

Indicator *=worse than state average	NWCHIR Average
Breast cancer incidence	61.5 per 100,000
Self-reported health fair or poor*	19.9%
All Cancer Incidence*	462.2 per 100.000

Average HPSA Score- Dental Health*	

Uninsured\*

enrollees)

All cancer mortality

liver disease mortality*	15.8 per 100,000

19.5

6.8%

Asthma (teens)	51.2%
Overweight (adults)	36.2%







Average HPSA Score –	13.9
Primary Care	

Fully immunized toddlers	72.1%
(aged 19-35 months)	

Colorectal cancer	37.9 per 100,000
incidence*	

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Diabetes mortality	20.3 per 100,000

Heart disease mortality 161.	9 per 100,000

YPLL Pneumonia/Flu	71.82
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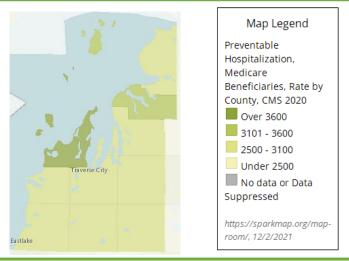
Chronic lower respiratory	49.8 per 100,000
disease mortality*	

Kidney disease mortality 10.3 per 100,000





Geographic disparities exist at the county level with the highest preventable hospitalization rate in Leelanau County.



There is a decrease in the ability to recruit nurses and therapists

Workforce issues are on the increase and should be viewed as a major issue if not addressed

Need to Increase dental services availability

The Northwest Regional Community System Assessment identified workforce issues and lack of dental care benefits as impacting access to healthcare. There are disparities in access to dental care for seniors and the Medicaid population.

#### **QUESTIONS?**

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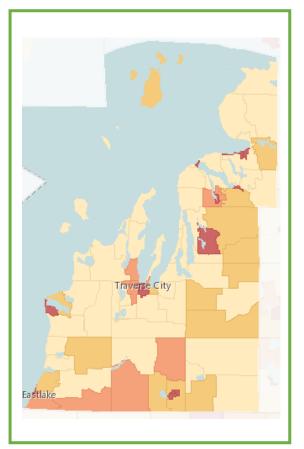
Northwest Strategic Issue: How can we nurture a community and healthoriented transportation environment which provides safe and reliable transportation access, opportunities, and encouragement to live a healthy life?



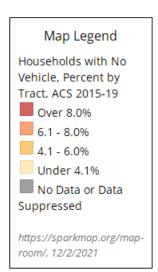
**Importance:** Transportation is a critical factor that influences people's health and the health of a community. Barriers to transportation options may result in missed or delayed health care visits, increased health expenditures and overall poorer health outcomes.



Geographic disparities exist at the census tract level with the highest percentages of households with no vehicle in Antrim, Benzie, Charlevoix, Grand Traverse, and Wexford.



Indicator *=worse than state average	NWCHIR Average
Motor vehicle crash mortality	14.2 per 100,000
No household vehicle	4.9%









**Forces of Change** 







Northwest Strategic Issue: How can we nurture a community and healthoriented transportation environment which provides safe and reliable transportation access, opportunities, and encouragement to live a healthy





Transportation was identified in 3 of 8 topic areas.

Transportation was identified as a top three priority in 1 of 8 topic areas.

- 24.7% (n=194) of providers identified reliable transportation as a top factor for a thriving community. This ranked #6 out of 15 factors.
- 16% (n=194) of providers identified unreliable transportation as a top issue impacting their patients/clients. This ranked #6 out of 35 issues.
- 41.8% (n=194) of providers said transportation resources/services for patients/clients are missing in the community they serve. This ranked #3 out of 13 resources/services.
- Lack of transportation emerged as a theme in the pulse survey series when clients/patients were asked to talk about basic needs contributing to their quality of life.
- Lack of transportation emerged as a theme in the pulse survey series for clients/patients who scored this statement low, "My community is a good place to age."
- Improving transportation emerged as a theme in the pulse survey series when clients/patients were asked to identify ways in which to ensure everyone has a chance at living the healthiest life possible.
- Lack of accessible infrastructure emerged as theme in the pulse survey series for clients/patients who scored this statement low, "In this community, a person with a disability can live a full life."

#### **FOCA:** Key Issues

- Lack of structure to address interconnected needs including housing, food, and transportation
- Changing demographics have recently created changing perceptions related to the need for transit & trails vs parking structures
- Limited transportation options, especially for our most rural areas, have been exasperated by COVID-19

There are transportation issues in our communities

Transportation needs a lot of improvement

Transportation is a barrier to access to services



Community Collaborative assessments in 3 out of 10 counties identified transportation barriers as impacting the health of their community.







## Northwest Strategic Issue: How do we foster a secure?

community that everyone feels economically

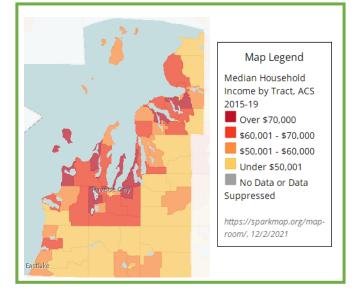


**Importance:** Health and wealth are closely linked. Economic disadvantage affects health by limiting choice and access to proper nutrition, safe neighborhoods, transportation and other elements that define standard of living. People who live in socially vulnerable areas live shorter lives and experience reduced quality of life.

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Geographic disparities exist at the census tract level with higher household income in the Northwestern area of the region.

Indicator	NWCHIR
*=worse than <b>state average</b>	Average
Median Household Income*	\$54,587
Gross mortgage is >=35% of household income*	22.0%
High school graduation rate*	81.0%
Children 0-5 in Special Education	3.4%
Special Education % Child Find	100%
Children enrolled in early education	24.2%
ALICE Households*	27.6%
Households below federal poverty level (FPL)	11.1.%
Families living below the poverty level (%)	7.5%
Population below poverty level	10.9%
Children below poverty level	15.5%
Unemployment	3.0%
Income inequality (Gini index)	0.44



- Health is dependent on economic health. That captures the attention of local leaders and is a way to connect
- Pay gaps low pay compared to statewide pay
- Need funding and manpower to improve the Community System





**Forces of Change** 







### Northwest Strategic Issue: How do we foster a community that everyone feels economically secure?

22.2% (n=194) of providers identified meaningful and rewarding work as a top factor for a thriving community. This ranked #8 out of 15 factors.

27.3% (n=194) of providers identified economic instability as a top issue impacting their patients/clients. This ranked #3 out of 35

20.9% (n=996) of northwest residents identified meaningful and rewarding work as a top factor for a thriving community. This ranked #5 out of 15 factors.

22% (n=997) of northwest residents identified economic instability as a top issue impacting their community. This ranked #3 out of 35

Poverty emerged as theme (for each of the following statements) in the pulse survey series for clients that scored the following 6 statements low, "In this community, a person with a disability can live a full life," "My community is a good place to age," "This community is a good place to raise children."

> The following themes emerged in the pulse survey series when clients were asked to rate the following statement, "There is economic opportunity in the community."

Themes: Lack of job availability, lack of housing, low wages, lack of resources, long commute, rurality.

Social stigma and discrimination emerged as themes in the pulse survey series for clients that scored the following statement low, "My community is a good place to age."



Community Collaborative assessments in 6 out of 10 counties identified. economic issues as important to improve health within the Community System

> Forgiveness of student debt could be an opportunity to address workforce shortage areas

Systems of supports are lacking for people who are not employed for a wide range of reasons (childcare, people with disabilities, and older adults). We need to find a way to support them

Many businesses don't pay a livable wage.



Economic security was identified in 4 of 8 topic Economic security was identified as a top three priority in 2 of 8 topic areas.





**Forces of Change** 







**Northwest Strategic Issue:** How do we cultivate a community whose policies, systems, and practices are rooted in equity and belonging?

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Importance: Health inequities are systematic and unjust differences in opportunities to achieve optimum health and wellbeing. These inequities lead to preventable differences in health status or outcome (health disparities). The dimensions in which health disparities exist can include geographic location, race, ethnicity, disability, age, sexual identity, and socioeconomic status.

Our communities need opportunities for youth and marginalized groups' voices to help create policies and programs

emerged as a theme in the pulse survey series when clients/patients were asked to identify ways in which their community could ensure everyone has a chance at living the healthiest life possible.

Strengthening community engagement

Addressing political division emerged as theme in the pulse survey series when clients/patients were asked to identify ways in which we can come together so that people promote each other's wellbeing and not just their own.

A lack of community

support/connectedness and system navigation issues emerged as themes in the pulse survey series when clients/patients were asked to think about groups that experience relatively good health and those that experience poor health and to identify why that difference may exist.

14.1% (n=996) of northwest residents identified belonging and inclusion as a top factor a thriving community.

7.2% (n=194) of providers identified belonging and inclusion a top factor for a thriving community.

Current culture brings all these issues up to the surface and now we can start system change; seeing and recognition of inequity allows us to begin reducing them.

Our communities would benefit from being a diverse, thriving, safe, and inclusive community

COVID-19 has broken down our relationship with family, friends, and community



3 in 8

Diversity, equity, and inclusion was identified in 6 of 8 topic areas.

Diversity, equity, and inclusion was identified as a top three priority in 3 of 8 topic areas.



**Diversity, equity, and inclusion** emerged as a top theme in **4 of 6** data collection activities.

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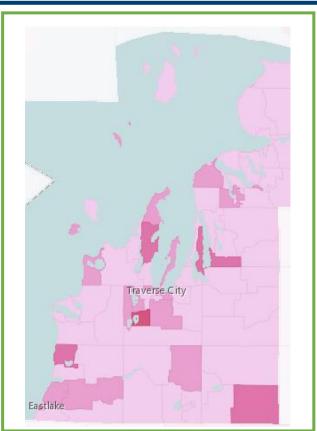


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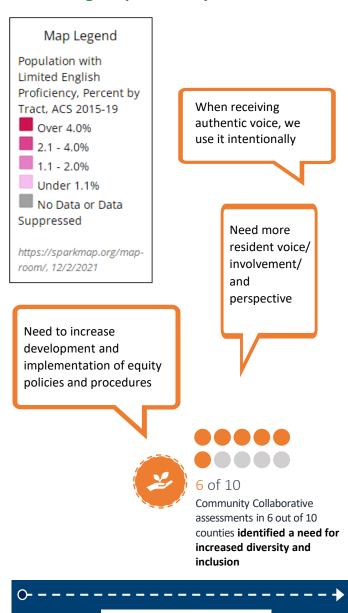


Northwest Strategic Issue: How do we cultivate a community whose policies, systems, and practices are rooted in equity and belonging?



Indicator *=worse than state average	NWCHIR Average
Children 0-5 in Special Education	3.4%
Special Education % Child Find	100%
Children enrolled in early education	24.2%
Students not proficient in Grade 4 English	51.0%
High school graduation*	81.0%
High school graduate or higher	92.0%
Bachelor's degree or higher*	26.9%

Geographic disparities exist at the census tract level with the highest percentage of limited English proficiency in Grand Traverse











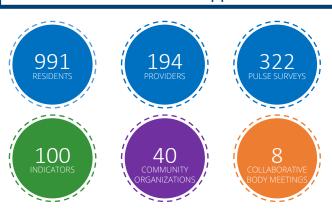
**QUESTIONS?** 

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Northwest Strategic Issue: How do we ensure all community members are aware of and can access safety and well-being supports?

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Importance: Witnessing or being a victim of child maltreatment, youth violence, intimate partner violence, violence, bullying, or elder abuse are linked to lifelong physical, emotional, and social consequences.

- 28.4% (n=194) of providers identified freedom from trauma, violence, and addiction as a top factor for a thriving community. This ranked #4 out of 15 factors.
- 23.7% (n=996) of northwest residents identified freedom from trauma, violence, and addiction as a top factor for a thriving community. This ranked #3 out of 15 factors.
- Safety concerns emerged as a theme in the pulse survey series for patients/clients that scored the following statement low, "My community is a good place to age."

Need to move towards integrated efforts. Example: Sheriff Dept. and ISD.

> Need more quality childcare

Less of a political response to the public health crisis

Our community conditions are likely not welcoming or safe for diverse populations One of the big things I see as a gap in our community is trauma prevention and occupant protection. We do not have a Safe Kids Coalition in our area, and the level 2 Trauma Center in our area doesn't have a specific person tasked with being a prevention person. Regarding traffic safety, occupant protection, and other injury prevention issues, a Safe Kids Coalition would make sense.



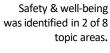
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Safety & well-being was identified as a top three priority in 0 of 8 topic areas.



Safety and wellbeing emerged as a top theme in 5 of 6 data collection activities.

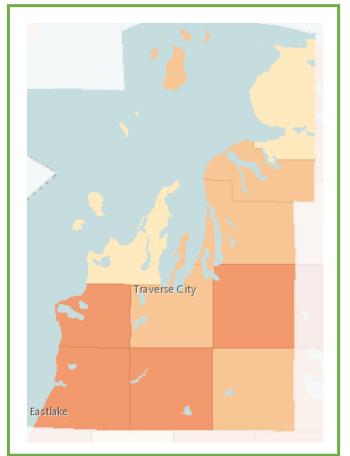








Northwest Strategic Issue: How do we ensure all community members are aware of and can access safety and well-being supports?



Geographic disparities exist at the county level with higher age-adjusted rates of unintentional injury in Benzie, Kalkaska, Manistee, and Wexford.

	Map Legend
Uı	nintentional Injury
(Accident) Mortality,	
Ą	ge Adj. Rate (Per
10	00,000 Pop.) by
C	ounty, CDC NVSS
20	)15-19
	Over 70.0
	50.1 - 70.0
	40.1 - 50.0
	Under 40.1
	Data Suppressed
(<	20 Deaths)
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Indicator *=worse than state average	NWCHIR Average
Teens with 2+ ACES	35.6%
Child abuse/neglect rate*	110.7 per 1,000
Injury mortality	76 per 100,000
Unintentional injuries	50.0 per 100,000
Motor vehicle crash mortality	14.2 per 100,000





**Forces of Change** 







Northwest Strategic Issue: How do we foster infrastructure and opportunities for residents to live healthy lives?



Importance: Walkable, bikeable, transitoriented communities are associated with
healthier populations. Investments in sidewalks,
bike lanes, trails, public transit and other
infrastructure can result in improvements to
individuals' health and decreased healthcare
costs.

The Community Collaborative assessments identified lack of broadband infrastructure as an issue.

> Lack of broadband access in outlying areas is a huge barrier

The need for universal broadband access is a challenge that must be overcome to improve health

22% (n=996) of northwest residents identified clean environment as a top factor for a thriving community. This ranked #4 out of 15 factors.

Rurality and lack of accessible infrastructure/built environment

- emerged as themes in the pulse survey series for clients/patients that scored the following statement low, "In this community, a person with a disability can live a full life."
- Built environment and lack of recreational programming emerged as themes in the pulse survey series for clients/patients that scored the following statement low, "This community is a good place to raise children."

The Northwest Regional Community System Event identified the need for policies to increase access to broadband to create healthy environments.



Environment/infrastructure
emerged as a top theme in **5 of 6**data collection activities.

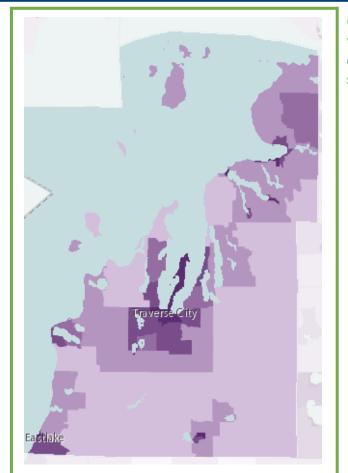








## Northwest Strategic Issue: How do we foster infrastructure and opportunities for residents to live healthy lives?



**Indicator NWCHIR Average** \*=worse than state average All cancer incidence\* 462.2 per 100,000 **Breast cancer incidence** 61.5 per 100,000 51.2% Asthma (teens) SNAP authorized stores 0.97 per 1,000 Homes with broadband 84.4% internet Severe quality problems 13.0% with housing

Geographic disparities exist at the census tract level with majority of the region having less than 70.1% of the population located in a high-speed internet service area.

#### Map Legend

Broadband Access, Pct. Population in a High-Speed Internet Service Area by Tract, FCC June 2017

100.0%

95.1 - 99.9%

90.1 - 95.0%

70.1 - 90.0% 0.01% - 70.0

No Coverage or No Data

https://sparkmap.org/maproom/, 12/2/2021 Broadband is essential for school, work, doctor's appointments, ordering food and requesting (government) assistance.

Infrastructure is a longstanding issue for all communities. How do we prioritize with continually changing leadership and shifting priorities?



Environment/infrastructure was identified in 3 of 8 topic areas.

Environment/infrastructure was identified as a top three priority in 2 of 8 topic areas.





**Forces of Change** 







Northwest Strategic Issue: What policy, system and environmental changes do we need to ensure reliable access to healthy food?



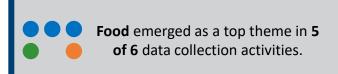
**Importance:** Food insecurity is influenced by a number of factors, including income, employment, race/ethnicity, and disability. Neighborhood conditions, like food deserts or limited transportation options make it more difficult to meet household food needs.

#### **FOCA: Key Issues**

- Food access disparities were amplified by COVD-19.
- Some community members did not have the ability to order groceries/food online due to lack of broadband or payment types accepted
- Ruralness and transportation played a role in some community members getting to food needs met

- 25.8% (n=194) of providers identified access to nutritious food as a top factor for a thriving community. This ranked #5 out of 15 factors.
- 19.4% (n=996) of northwest residents identified access to nutritious food as a top factor for a thriving community. This ranked #6 out of 15 factors.
- Combating food insecurity emerged as a theme in the pulse survey series when clients/patients were asked to 3 identify ways in which your community could ensure everyone has a chance at living the healthiest life possible.



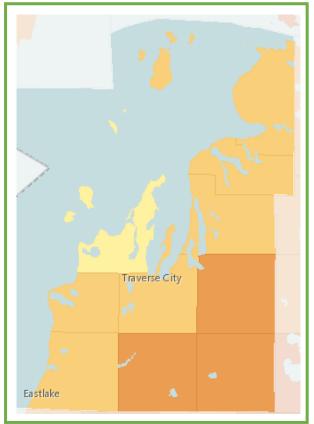






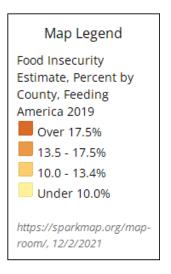


Northwest Strategic Issue: What policy, system and environmental changes do we need to ensure reliable access to healthy food?



Indicator	NWCHIR Average
*=worse than state average	
SNAP authorized stores	0.97 per 1,000
Population food insecurity	12.8%
Child food insecurity	13.4%
Children 0-4 receiving WIC*	49.7%
Teens with 5+ fruits/vegetables per day	24.3%
Obesity (teens)	16.6%
Obesity (adults)	33.4%
Overweight (teens)	15.3%
Overweight (adults)	36.2%

Geographic disparities exist at the county level with higher percentages of food insecurity in Kalkaska, Missaukee, and Wexford.



#### **Assets**

Grow Benzie provides information on community health issues to the general public, policy makers, and public and private stakeholders.

Groundworks has similar communications and has expanding policy maker communications with people in the community and policy makers. Groundworks has employees in Lansing to help with communication with policy makers on food, farming and nutrition, food access, school food services, SNAP and other food programs.





**Forces of Change** 





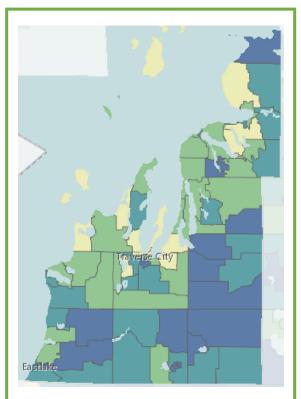
## **Northwest Strategic Issue:** How do we reduce the impact of COVID-19 on our community?



Importance: In addition to causing disease and death, the COVID-19 pandemic has had a negative impact on healthy and active lifestyles as well as mental health and quality of life.



Geographic disparities exist at the census tract level with areas of high and low social vulnerability throughout the region.



Map Legend
Social Vulnerability Index by Tract, CDC 2018
0.81 - 1.00 (Highest
Vulnerability)
0.61 - 0.80
0.41 - 0.60
0.21 - 0.40 0.00 - 0.20 (Lowest
Vulnerability)
No Data or Data
Suppressed
https://sparkmap.org/map- room/, 12/2/2021

Indicator *=higher than state average	NWCHIR Average
Median household income	\$54,587
Population living below poverty	10.9%
Unemployed	3.0%
High school graduate*	92.0%
Population under the age of 18	19.2%
Non-Hispanic white population*	92.6%
Population aged 65+*	24.4%
Population living with a disability*	15.6%
Not proficient in English	0.4%
No household vehicle	4.9%



COVID-19 emerged as a top theme in 5 of 6 data collection activities.



**Forces of Change** 





## mithive impact of COVID-19 on our community? **Northwest Strategic Issue:** How do we reduce the

The Covid pandemic has increased demand for information and increased awareness of the need for policies

> Pandemic flux is a challenge that will need to be overcome



Community Collaborative assessments in 4 out of 10 counties identified Covidi-19 impacts on the Community System.

16% (n=194) of providers identified COVID-19 as a top issue impacting their patients/clients. This ranked #5 out of 35 issues.

15.6% (n=996) of northwest residents identified **COVID-19** as a top issue impacting their community. This ranked #5 out of 35 issues.

**COVID-19 prevention measures emerged** as theme in the pulse survey series when clients/patients were asked to identify ways in which we can come together so that people can promotes each other's wellbeing and not just their own.

Since the Covid-19 pandemic nearly all discussions have become more challenging, particularly public health and social equity discussions.

We should restore relationships & find community champions

There is a lot of mistrust in COVID-19 communication



COVID-19 was identified in 1 of 8 topic COVID-19 was identified as a top three priority in 1 of 8 topic areas.

\*COVID-19 was a stand-alone Topic Area; participants were instructed to focus on their topic area rather than on COVID-19.







