

DHD#10 PROMOTES MDHHS PLAN FIRST FAMILY PLANNING PROGRAM

June 30, 2023 – District Health Department #10 (DHD#10) is promoting the Michigan Department of Health and Human Services' (MDHHS) Plan First Family Planning Program's (Plan First) expanded access to family planning services, beginning on or after July 1, 2023.

General Information

The Plan First program benefit is limited to family planning services only. The Plan First family planning program covers a broad range of family planning services which includes U.S. Food and Drug Administration (FDA)-approved contraceptive products and natural family planning methods for individuals who want to prevent pregnancy and to space births. It also includes pregnancy testing and counseling, sexually transmitted infection (STI) services, and other preconception health services.

Plan First Program Eligibility

Individuals eligible under the new family planning group are individuals:

- Who have income at or below 195% of the Federal Poverty Level (FPL) under the Modified Adjusted Gross Income (MAGI) methodology;
- Of any age or gender;
- Who are not pregnant at the time of application; and
- Who are a resident of the state of Michigan and meet Medicaid citizenship requirements.

Covered Services

The Plan First program includes the following covered services:

- Office Visits:
 - Family planning services, including preconception counseling, contraceptive counseling, and physical exams
 - Preventive services, including annual wellness exams, preventive screening, counseling, and vaccines, including Human Papilloma Virus (HPV) and Hepatitis B
 - Diagnostic procedures, counseling, and follow-up visits to diagnose and/or treat an STI or STI-related condition identified or diagnosed at a family planning visit
 - Counseling for the prevention, screening, and diagnosis of human immunodeficiency virus (HIV)/acquired immunodeficiency syndrome (AIDS) and hepatitis
 - Treatment of pre-cancerous conditions which commonly originate from an STI
 - Basic diagnostic infertility services, including infertility counseling
 - Treatment of major complications related to family planning services and family planning-related procedures
- Laboratory Services:
 - Pregnancy testing
 - Screening for cervical cancer
 - Screening and counseling for STIs, HIV/AIDS, and hepatitis
- Pharmaceutical Services:



MEDIA CONTACT

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COUNTIES SERVED:

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- All FDA approved methods of contraception supplies and devices to prevent or delay pregnancy
- Over-the-counter contraceptives and supplies, such as condoms, spermicides, and sponges
- Pharmaceuticals to treat an STI or STI related condition identified or diagnosed at a family planning visit (other than HIV/AIDS or hepatitis)
- Sterilization Procedure Services:
 - Voluntary sterilization surgical procedures and follow-up care provided in accordance with Medicaid program coverage.

Noncovered Services

The Plan First program does not cover the following:

- Abortions
- Treatment of infertility, such as drugs or artificial insemination
- Reversal of voluntary sterilization
- Hysterectomies for sterilization
- Treatment, including pharmaceuticals, for conditions not related to family planning, such as cancer, HIV/AIDS, or hepatitis
- Inpatient hospital services

For more information about MDHHS' Plan First Family Planning Program, please visit:
<https://www.michigan.gov/mdhhs/assistance-programs/healthcare/adults/planfirst>.

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